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ABSTRACT. We study the connection between uniformly convex functions  $f: X \to \mathbb{R}$  bounded above by  $||x||^p$ , and the existence of norms on X with moduli of convexity of power type. In particular, we show that there exists a uniformly convex function  $f: X \to \mathbb{R}$  bounded above by  $||\cdot||^2$  if and only if X admits a norm with modulus of convexity of power type 2.

### 1. Introduction

Uniformly convex functions on Banach spaces were introduced by Levitin and Poljak in [12]. Their properties were studied in depth by Zălinescu [15], and then later Azé and Penot [2] studied their duality with uniformly smooth convex functions; see also [16] for more details. Yet, surprisingly, little precise information seems to be known about when they can exist on Banach spaces. For example, [16, Theorem 3.5.13], shows that a Banach space admitting a uniformly convex function whose domain has nonempty interior is reflexive, and in fact, it can be shown that such a Banach space is superreflexive—see Theorem 2.4 (recall that a Banach space is *superreflexive* if and only if it admits an equivalent uniformly convex norm [9]). On the other hand, [4] shows that if  $\|\cdot\|$  is uniformly convex, then the function  $f(x) = ||x||^r$  for r > 1 is totally convex which is weaker than f being uniformly convex; see [3, 5, 6] for applications of totally convex and other related convex functions. In this note, we will provide precise information as to when  $f(x) = ||x||^T$  is uniformly convex. We also examine the more general converse problem: if  $f: X \to \mathbb{R}$  is uniformly convex and bounded above by  $\|\cdot\|^r$ , does X admit a norm with a modulus of convexity of power type related to r?

We work with a real Banach space X with dual  $X^*$ , and let  $B_X$  and  $S_X$  denote the closed unit ball and sphere respectively. The *Fenchel conjugate* of f is the function  $f^*: X^* \to (-\infty, +\infty]$  defined by

$$f^*(x^*) = \sup\{x^*(x) - f(x) : x \in X\}.$$

For a given convex function  $f: X \to \mathbb{R} \cup \{+\infty\}$  we define its modulus of convexity as the function  $\delta_f: \mathbb{R}^+ \to [0, +\infty]$  defined by

$$\delta_f(t) := \inf \left\{ \frac{1}{2} f(x) + \frac{1}{2} f(y) - f\left(\frac{x+y}{2}\right) : ||x-y|| = t, \ x, y \in \text{dom } f \right\},$$

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where the infimum over the empty set is  $+\infty$ . Similarly we consider the *modulus* of smoothness of  $f: X \to \mathbb{R}$  as the function  $\rho_f: \mathbb{R}^+ \to \mathbb{R}$  defined by

$$\rho_f(t) := \sup \left\{ \frac{1}{2} f(x) + \frac{1}{2} f(y) - f\left(\frac{x+y}{2}\right) : ||x-y|| = t \right\}.$$

We say that f is uniformly convex when  $\delta_f(t) > 0$  for all t > 0, and f has a modulus of convexity of power type p if there exists C > 0 so that  $\delta_f(t) \ge Ct^p$  for all t > 0. We will say f is uniformly smooth if  $\lim_{t\to 0^+} \rho_f(t)/t = 0$ , and f has a modulus of smoothness of power type q if there is a constant C > 0, so that  $\rho_f(t) \le Ct^q$  for all t > 0. Let us note that these concepts are sometimes defined using the gage of uniform convexity and gage of uniform smoothness respectively as found in [16]; it is important to note that these alternate definitions using the respective gages are equivalent to those just given; cf. [15, Remark 2.1] and [16, p. 205].

### 2. Uniform Convexity of Functions and Norms

This section will demonstrate for  $1 that <math>f(\cdot) = \|\cdot\|^p$  is uniformly convex if and only if  $\|\cdot\|$  has modulus of convexity of power type p.

**Lemma 2.1.** Let  $0 < r \le 1$  and  $f(t) = t^r$ . Then there exists C > 0 such that  $|f(t) - f(s)| \le C |t - s|^r$  for all  $s, t \in [0, \infty)$ .

*Proof.* We will show this works with  $C=2^r$ . Without loss of generality assume  $0 \le s \le t$ . First, if  $s \le t/2$  we compute

$$t^r - s^r \le t^r = 2^r \left(\frac{t}{2}\right)^r \le 2^r (t - s)^r.$$

Otherwise, if s > t/2, then by the Mean Value Theorem

$$\begin{array}{lcl} t^r - s^r & = & rc^{r-1}(t-s) \text{ for some } s < c < t \\ & = & rc^{r-1}(t-s)^r(t-s)^{1-r} \\ & \leq & rc^{r-1}(t-s)^rc^{1-r} = r(t-s)^r, \end{array}$$

since  $c \ge t/2 \ge t-s$  in this case. Hence we can choose  $C = \max\{r, 2^r\} = 2^r$ .  $\square$ 

**Theorem 2.2.** For  $1 < q \le 2$ , the following are equivalent in a Banach space X.

- (a) The norm  $\|\cdot\|$  has modulus of smoothness of power type q.
- (b) The function  $f(\cdot) = ||\cdot||^q$  has modulus of smoothness of power type q.
- (c) The function  $f(\cdot) = ||\cdot||^q$  is uniformly smooth.

*Proof.* (a)  $\Rightarrow$  (b): We assume that  $\|\cdot\|$  has modulus of smoothness of power type q. Then it has a (Fréchet) derivative satisfying a (q-1)-Hölder-condition on its sphere, see [7, Lemma V.5.1]. Moreover,  $f(x) = \|x\|^q$  satisfies f'(0) = 0 and  $f'(x) = q \|x\|^{q-1} \phi_x$  where  $\phi_x \in J(x)$ , the duality map, for  $x \neq 0$  (i.e.  $\phi_x \in S_X$ , and  $\phi_x(x) = \|x\|$ ). Observe that if x = 0 or y = 0 then  $\|f'(x) - f'(y)\| \leq q \|x - y\|^{q-1}$ . Assuming that  $x, y \in X \setminus \{0\}$  we compute,

$$f'(x) - f'(y) = q \|x\|^{q-1} \phi_x - q \|y\|^{q-1} \phi_y$$

$$= q \|x\|^{q-1} \phi_x - q \|x\|^{q-1} \phi_y + q \|x\|^{q-1} \phi_y - q \|y\|^{q-1} \phi_y$$

$$= q \|x\|^{q-1} (\phi_x - \phi_y) + (q \|x\|^{q-1} - q \|y\|^{q-1}) \phi_y.$$
(2.1)

Using Lemma 2.1 we also compute

$$\left| q \|x\|^{q-1} - q \|y\|^{q-1} \right| \le 2^{q-1} q \|x\| - \|y\| \, \Big|^{q-1} \le 2^{q-1} q \|x - y\|^{q-1}.$$

We now work on an estimate for  $q \|x\|^{q-1} (\phi_x - \phi_y)$ . First, consider the case where  $0 < \|y\| \le \|x\| \le 1$ . If  $\|y\| \le \|x\|/2$ , then

$$q \|x\|^{q-1} \|\phi_x - \phi_y\| \le 2q \|x\|^{q-1} \le q2^q \|x - y\|^{q-1}$$
.

If  $||x|| \le 1$  and  $||y|| \ge ||x||/2$ , consider  $x' = \lambda x$  where  $\lambda = ||y||/||x||$ , so that ||x'|| = ||y||. Then

$$||x' - y|| \le ||x' - x|| + ||x - y||$$
  
=  $||x|| - ||y|| + ||x - y|| \le 2 ||x - y||$ .

Thus, given the Hölder-condition for the derivative on spheres, there is C > 0 such that  $\|\phi_u - \phi_v\| \le C \|u - v\|^{q-1} / \|u\|^{q-1}$  when  $\|u\| = \|v\|$ , and so we have

$$\|\phi_x - \phi_y\| = \|\phi_{x'} - \phi_y\| \le C \left(\frac{2\|x - y\|}{\|y\|}\right)^{q-1}.$$

Consequently,

$$q \|x\|^{q-1} \|\phi_x - \phi_y\| \le Cq \frac{\|x\|^{q-1}}{\|y\|^{q-1}} 2^{q-1} \|x - y\|^{q-1} \le C2^{2q-2} q \|x - y\|^{q-1}.$$

Hence in either case we have K > 0 so that for  $x, y \in B_X$  we have

$$q \|x\|^{q-1} \|\phi_x - \phi_y\| \le K \|x - y\|^{q-1}$$
.

Now consider the case ||x|| > 1, and let  $\lambda = ||x||$ . Denote  $u = x/\lambda$  and  $v = y/\lambda$ . Then  $u, v \in B_X$  and  $||u - v|| = ||x - y||/\lambda$ . Thus one can write

$$q \|x\|^{q-1} \|\phi_x - \phi_y\| = q \|x\|^{q-1} \|\phi_u - \phi_v\|$$

$$\leq q \|x\|^{q-1} K \|u - v\|^{q-1}$$

$$= q \|x\|^{q-1} \frac{1}{\|x\|^{q-1}} K \|x - y\|^{q-1}$$

$$= Kq \|x - y\|^{q-1}.$$

Consequently, in any case

(2.3) 
$$q \|x\|^{q-1} \|\phi_x - \phi_y\| \le Kq \|x - y\|^{q-1}.$$

Combining (2.1), (2.2) and (2.3) shows that for  $f(x) = ||x||^q$ , f'(x) satisfies a (q-1)-Hölder-condition and hence that  $||x||^q$  has modulus of smoothness of power type q, on appealing to [7, Lemma V.5.1] again.

Now (b)  $\Rightarrow$  (c) is trivial, so we prove (c)  $\Rightarrow$  (a). Suppose  $\|\cdot\|$  does not have modulus of smoothness of power type q. Then there are  $x_n, y_n \in S_X$  such that  $\|x_n - y_n\| \to 0$  while

$$\|\phi_{x_n} - \phi_{y_n}\| \ge n \|x_n - y_n\|^{q-1}$$
.

Let  $\delta_n = ||x_n - y_n||$  and define  $u_n = \frac{1}{\delta_n \sqrt{n}} x_n$  and  $v_n = \frac{1}{\delta_n \sqrt{n}} y_n$ . Then  $||u_n - v_n|| = \frac{1}{\sqrt{n}} \to 0$ . However

$$||f'(u_n) - f'(v_n)|| = ||q||u_n||^{q-1} \phi_{u_n} - q||v_n||^{q-1} \phi_{v_n}||$$

$$= ||q||u_n||^{q-1} \phi_{x_n} - q||v_n||^{q-1} \phi_{y_n}||$$

$$= \frac{q}{\delta_n^{q-1} n^{\frac{q-1}{2}}} ||\phi_{x_n} - \phi_{y_n}||$$

$$\geq \frac{q}{\delta_n^{q-1} n^{\frac{q-1}{2}}} (n\delta_n^{q-1}) = qn^{\frac{3-q}{2}} \to \infty.$$

It follows that  $f(\cdot) = \|\cdot\|^q$  is not a uniformly smooth convex function.

The results in [2] enable us to derive the dual version of Theorem 2.2 for uniformly convex functions.

**Theorem 2.3.** Let X be a Banach space, and let  $2 \le p < \infty$ . Then the following are equivalent.

- (a) The norm  $\|\cdot\|$  on X has modulus of convexity of power type p.
- (b) The function  $f(\cdot) = \|\cdot\|^p$  has modulus of convexity of power type p.
- (c) The function  $f(\cdot) = \|\cdot\|^p$  is uniformly convex.

*Proof.* (a)  $\Rightarrow$  (b): Let us assume that  $\|\cdot\|$  has modulus of convexity of power type p, then the modulus of smoothness of the dual norm on  $X^*$ , namely  $\|\cdot\|_*$ , is of power type q where  $\frac{1}{p} + \frac{1}{q} = 1$ ; see [7]. By Theorem 2.2 the function  $g(\cdot) = \frac{1}{q} \|\cdot\|_*^q$  has modulus of smoothness of power type q. The Fenchel conjugate of g is  $g^*(\cdot) = \frac{1}{p} \|\cdot\|^p$ , see [2, 16]. Now  $g^*$ —and hence  $\|\cdot\|^p$ —has a modulus of convexity of power type p according to [2] (see also [16, Corollary 3.5.11]).

Observe that (b)  $\Rightarrow$  (c) is trivial, so we prove (c)  $\Rightarrow$  (a). Indeed, assuming that  $f(\cdot) = \|\cdot\|^p$  is a uniformly convex function, then [2] shows that  $f^*$  (and hence  $\|\cdot\|_*^q$ ) is a uniformly smooth function. According to Theorem 2.2,  $\|\cdot\|_*$  has modulus of smoothness of power type q; therefore  $\|\cdot\|$  has modulus of convexity of power type p, see [7].

We close this section by confirming that the spaces with nontrivial uniformly convex functions are the superreflexive spaces.

**Theorem 2.4.** Let X be a Banach space. Then the following are equivalent.

- (a) There exists a l.s.c. uniformly convex function  $f: X \to (-\infty, +\infty]$  such that the interior of the domain of f is not empty.
- (b) X admits an equivalent uniformly convex norm.
- (c) There exist  $p \geq 2$  and an equivalent norm  $\|\cdot\|$  on X so that  $f(x) = \|\cdot\|^p$  is uniformly convex.

*Proof.* (a)  $\Rightarrow$  (b): Shift f so that  $0 \in \operatorname{int}(\operatorname{dom} f)$  and let  $\phi \in \partial f(0)$ , and replace f with  $f - (f(0) + \phi)$ . Let  $g(x) = \frac{f(x) + f(-x)}{2}$  and let r > 0 be such that  $B_{2r} \subset \operatorname{dom} f$ . Now for ||h|| = r we have

$$\frac{1}{2}g(h) + \frac{1}{2}g(0) - g\left(\frac{h}{2}\right) \ge \delta_g(r) > 0.$$

Thus  $g(h) \geq 2\delta_g(r)$  for all h such that ||h|| = r. Let us consider the norm  $||\cdot||$  whose unit ball is  $B = \{x : g(x) \leq \delta_g(r)\}$ . We have shown that  $B \subset rB_{(X,||\cdot||)}$  and since

0 is a point of continuity of g (see [16, Corollary 2.2.13]) there exists R > 0 such that  $\| \cdot \| \le R \| \cdot \|$ . Therefore  $\| \cdot \|$  is an equivalent norm on X.

If  $|||x_n||| = |||y_n||| = 1$  and

$$\frac{1}{2}\left\|\left\|x_{n}\right\|\right\|+\frac{1}{2}\left\|\left\|y_{n}\right\|\right\|-\left\|\left\|\frac{x_{n}+y_{n}}{2}\right\|\right|\rightarrow0,$$

then, since g is Lipschitz on B by [16, Corollary 2.2.12],  $g\left(\frac{x_n+y_n}{2}\right) \to \delta_g(r)$ . Consequently  $\frac{1}{2}g(x_n) + \frac{1}{2}g(y_n) - g\left(\frac{x_n+y_n}{2}\right) \to 0$ , so  $||x_n-y_n|| \to 0$  and hence  $||x_n-y_n|| \to 0$ 

(b)  $\Rightarrow$  (c): According to the well-known Enflo-Pisier theorem ([9, 13]), there exist  $p \geq 2$  and an equivalent norm  $\|\cdot\|$  whose modulus of convexity is of power type p. Consequently, Theorem 2.3 shows the function  $\|\cdot\|^p$  is uniformly convex.

$$(c) \Rightarrow (a)$$
: This is trivial.

Note that the indicator function of a single point in any Banach space is trivially uniformly convex. Thus, some domain interiority condition is required in Theorem 2.4(a).

## 3. Growth Rates Uniformly Convex Functions and Renorming

In this section we will construct a uniformly convex norm whose modulus of convexity is related to the growth rate of a given uniformly convex function on the Banach space thus sharpening Theorem 2.4.

**Lemma 3.1.** Suppose  $f: X \to \mathbb{R}$  is a l.s.c. uniformly convex function. Then there exist a uniformly convex l.s.c. function  $h: X \to \mathbb{R}$  that is centrally symmetric with

$$0 = h(0) = \inf\{h(x) : x \in X\}.$$

*Proof.* We can assume that f is centrally symmetric and u.c. by replacing f with  $\frac{f(x)+f(-x)}{2}$ . Observe then that  $f(0)=\min\{f(x):x\in X\}$  and thus, the function h(x)=g(x)-g(0) satisfies our requirements.

**Lemma 3.2.** Let  $\|\cdot\|$  be a norm on a Banach space X. Suppose  $\|x\| = \|y\| \ge 1$ , and  $\|x - y\| \ge \delta$  where  $0 < \delta \le 2$ . Then  $\inf_{t > 0} \|x - ty\| \ge \delta/2$ .

*Proof.* Assume that  $||x - t_0y|| < \delta/2$  for some  $t_0 \ge 0$ . Then  $|1 - t_0| ||y|| < \delta/2$  and so

$$||x - y|| \le ||x - t_0y|| + |1 - t_0|||y|| < \delta.$$

which is a contradiction.

**Lemma 3.3.** Suppose F is convex and l.s.c. with F(0) = 0. Suppose for all  $n \ge N$ , we have that  $\{\|\cdot\|_n\}_{n\ge N}$  are norms on  $(X,\|\cdot\|)$  with

$$\frac{K}{\sqrt{F(2^n)}} \left\| \cdot \right\| \le \left\| \cdot \right\|_n \le \frac{1}{2^n} \left\| \cdot \right\|,$$

for some K > 0. Assume that  $||x||_n = ||y||_n = 1$  with  $||x - y|| \ge 1$  implies that

$$\left\|\frac{x+y}{2}\right\|_n \leq 1 - \frac{C}{F\left(\frac{2}{K}\sqrt{F(2^n)}\right)}$$

for some C>0. Then the modulus of convexity of the equivalent norm  $|\cdot|=\sum_{n\geq N}\|\cdot\|_n$  satisfies

$$\delta_{|\cdot|}(t) \ge \frac{R}{\sqrt{F(Mt^{-1})}F\left(\frac{2}{K}\sqrt{F(Mt^{-1})}\right)},$$

for some positive constants R and M.

*Proof.* Since F is convex and F(0)=0 the function F(r)/r is non-decreasing for r>0, [14]. Hence the norm  $|\cdot|$  is equivalent to  $||\cdot||$ . Moreover, we can find another scalar k>0 so that the norm  $||\cdot||=k\,|\cdot|$  satisfies

$$K'\,\|\!\|\cdot\!\|\!\| \leq \|\!\|\cdot\!\|\!\| \text{ and } \frac{K'}{\sqrt{F(2^n)}}\,\|\!\|\cdot\!\|\!\| \leq \|\!\|\cdot\!\|_n \leq \frac{1}{2^n}\,\|\cdot\|$$

for some K'>0 and for all  $n\geq N$ . Now assume that ||x||=||y||=1 and take  $n\geq N$  such that

$$\frac{1}{K'2^{n-1}} \leq \|x-y\| < \frac{1}{K'2^{n-2}}$$

We may without loss of generality assume that  $\|x\|_n \leq \|y\|_n$ . Now let us denote  $a = \|x\|_n^{-1}$  and  $b = \|y\|_n^{-1}$ . It is clear that  $2^n \leq b \leq a \leq \frac{\sqrt{F(2^n)}}{K'}$ , therefore  $\|ax - ay\| \geq 2$ . By Lemma 3.2  $\|ax - by\| \geq 1$ , and so we compute

$$\begin{split} \left\| \frac{ax + ay}{2} \right\|_n & \leq & \left\| \frac{ax + by}{2} \right\|_n + \frac{1}{2} (a - b) \left\| y \right\|_n \\ & \leq & \frac{1}{2} \left\| ax \right\|_n + \frac{1}{2} \left\| by \right\|_n + \frac{1}{2} (a - b) \left\| y \right\|_n - \frac{C}{F\left(\frac{2}{K}\sqrt{F(2^n)}\right)} \\ & = & \frac{a}{2} (\left\| x \right\|_n + \left\| y \right\|_n) - \frac{C}{F\left(\frac{2}{K}\sqrt{F(2^n)}\right)}. \end{split}$$

This inequality implies

$$\left\|\frac{x+y}{2}\right\|_n \leq \frac{1}{2} \left\|x\right\|_n + \frac{1}{2} \left\|y\right\|_n - \frac{C}{aF\left(\frac{2}{K}\sqrt{F(2^n)}\right)}.$$

Thus, applying the triangle inequality to each norm in the sum for  $\|\cdot\|$ , we get

$$\left\| \left\| \frac{x+y}{2} \right\| \leq \frac{k}{2} \sum_{n \geq N} \|x\|_n + \frac{k}{2} \sum_{n \geq N} \|y\|_n - \frac{K'kC}{\sqrt{F(2^n)}F\left(\frac{2}{K}\sqrt{F(2^n)}\right)}.$$

Let us denote M=4/K' and  $R=K'\cdot k\cdot C$  and observe that if  $|||x-y||=t\leq \frac{1}{K'2^{n-2}}$  then  $F(2^n)\leq F\left(\frac{4}{tK'}\right)$ . Therefore

$$\left\| \left\| \frac{x+y}{2} \right\| \le 1 - \frac{R}{\sqrt{F(Mt^{-1})}F\left(\frac{2}{K}\sqrt{F(Mt^{-1})}\right)},$$

which finishes the proof, since  $\delta_{\|\cdot\|} = \delta_{|\cdot|}$ .

In the next result, by the "maximum slope", we mean the supremal one-sided derivative in any direction.

**Lemma 3.4.** Suppose  $f: X \to (-\infty, +\infty]$  is a l.s.c. uniformly convex function. Then

- (a)  $\lim \inf_{\|x\| \to \infty} \frac{f(x)}{\|x\|^2} > 0$ .
- (b) If  $f(x) \leq F(||x||)$  for all x and F is non-decreasing, then the maximum slope of f is bounded above by F(2||x||)/||x|| at any x satisfying  $f(x) \geq 0$ .

*Proof.* Part (a) is shown in [16, Proposition 3.5.8].

(b) Let  $x_0 \in X$  and suppose that the directional derivative of f at  $x_0$  in a direction  $h \in S_X$  is larger than  $F(2||x_0||)/||x_0||$ . Then by the three slope inequality,

$$f(x_0 + ||x_0|| h) > f(x_0) + \frac{F(2||x_0||)}{||x_0||} ||x_0|| \ge F(2||x_0||).$$

Since  $||x_0 + ||x_0|| h|| \le 2 ||x_0||$  and F is non-decreasing.

$$F(2||x_0||) \ge F(||x_0 + ||x_0||h||) > F(2||x_0||).$$

This is a contradiction.

**Theorem 3.5.** Let X be a Banach space and let  $f: X \to \mathbb{R}$  be a non-negative continuous uniformly convex function satisfying  $f(x) \leq F(||x||)$  for all  $x \in X$  for some non-negative real function F with F(0) = 0. Then X admits an equivalent norm  $|\cdot|$  so that

$$\delta_{|\cdot|}(t) \ge \frac{R}{\sqrt{F(Mt^{-1})}F\left(S\sqrt{F(Mt^{-1})}\right)},$$

for some positive constants R,M and S.

*Proof.* First of all, replacing f with  $\frac{f(x)+f(-x)}{2}$  we can assume that f is centrally symmetric. Using Fenchel conjugation we obtain  $f(x) \leq F^{**}(\|x\|)$  for all  $x \in X$ . According to Lemma 3.4 we choose  $N \in \mathbb{N}$  and K > 0 so that  $f(x) \geq K^2 \|x\|^2$  whenever  $\|x\| \geq N$ . Thus we have

$$K^{2} \|x\|^{2} \le f(x) \le F^{**}(\|x\|)$$
 whenever  $\|x\| \ge N$ .

For  $n \geq N$ , let  $|\cdot|_n$  have unit ball  $B_n = \{x : f(x) \leq F^{**}(2^n)\}$ . For any  $x \in X \setminus \{0\}$ ,  $f(x/|x|_n) = F^{**}(2^n)$ . Hence  $F^{**}(||x||/|x|_n) \geq F^{**}(2^n)$ . Since F(0) = 0,  $F^{**}$  and  $F^{**}(s)/s$  are non-decreasing. This implies that  $||x|| \geq 2^n |x|_n$ . Analogously, using that  $K^2 ||x/|x|_n||^2 \leq f(x/|x|_n)$  one obtains  $\sqrt{F^{**}(2^n)} |x|_n \geq K ||x||$ . Consequently,

$$\frac{K}{\sqrt{F^{**}(2^n)}} \|x\| \le |x|_n \le \frac{1}{2^n} \|x\|.$$

Now suppose  $|x|_n = |y|_n = 1$ , and  $||x - y|| \ge 1$ . Then we have

$$f\left(\frac{x+y}{2}\right) \le F^{**}(2^n) - \delta_f(1).$$

The uniform convexity of f ensures that  $\delta_f(1) > 0$ . Because

$$\left\| \frac{x+y}{2} \right\| \le \frac{\sqrt{F^{**}(2^n)}}{K},$$

then the maximum slope of f in any direction at  $\frac{x+y}{2}$  is bounded above by

$$F^{**}\left(2\frac{\sqrt{F^{**}(2^n)}}{K}\right)/\frac{\sqrt{F^{**}(2^n)}}{K},$$

since  $F^{**}(r)/r$  is non-decreasing for r > 0, and on using Lemma 3.4. Consequently, the distance from  $\frac{x+y}{2}$  to  $S_{|\cdot|_n}$  measured with respect to  $||\cdot||$  is at least

$$\frac{\delta_f(1)\frac{\sqrt{F^{**}(2^n)}}{K}}{F^{**}\left(2\frac{\sqrt{F^{**}(2^n)}}{K}\right)}.$$

Since the "radius" of  $B_n$  measured with  $\|\cdot\|$  is at most  $\frac{\sqrt{F^{**}(2^n)}}{K}$ , we have

$$\left| \frac{x+y}{2} \right|_n \le 1 - \frac{\delta_f(1) \frac{\sqrt{F^{**}(2^n)}}{K}}{F^{**} \left( 2 \frac{\sqrt{F^{**}(2^n)}}{K} \right)} \cdot \frac{K}{\sqrt{F^{**}(2^n)}} = 1 - \frac{\delta_f(1)}{F^{**} \left( \frac{2}{K} \sqrt{F^{**}(2^n)} \right)}.$$

Applying Lemma 3.3, and noting  $F^{**} \leq F$ , we obtain that

$$\delta_{|\cdot|}(t) \ge \frac{R}{\sqrt{F^{**}(Mt^{-1})}F^{**}\left(\frac{2}{K}\sqrt{F^{**}(Mt^{-1})}\right)} \ge \frac{R}{\sqrt{F(Mt^{-1})}F\left(\frac{2}{K}\sqrt{F(Mt^{-1})}\right)}.$$

**Corollary 3.6.** Let X be a Banach space and  $f: X \to \mathbb{R}$  a non-negative continuous uniformly convex function satisfying that  $f(x) \leq ||x||^p$  for some  $p \geq 2$  and for all  $x \in X$ . Then X admits a norm with modulus of convexity of power type  $\frac{p}{2}(p+1)$ .

*Proof.* Applying Theorem 3.5 for  $F(t) = t^p$  we obtain an equivalent norm  $|\cdot|$  and positive constants R, M and S such that

$$\begin{split} \delta_{|\cdot|}(t) &\geq \frac{R}{\sqrt{(Mt^{-1})^p} \left(S\sqrt{(Mt^{-1})^p}\right)^p} = \frac{R}{\left(\frac{M}{t}\right)^{\frac{p}{2}} S^p \left(\frac{M}{t}\right)^{\frac{p^2}{2}}} \\ &= \frac{R}{S^p M^{\frac{p}{2}(p+1)}} t^{\frac{p}{2}(p+1)}, \end{split}$$

i.e., there exists a positive constant K such that  $\delta_{|\cdot|}(t) \geq Kt^{\frac{p}{2}(p+1)}$ .

# 4. A Sharp Result for p=2

In this section, we will sharpen the result from Corollary 3.6 in the case p=2 to obtain the optimal result that if X has a uniformly convex function bounded above by  $\|\cdot\|^2$  then there is an equivalent norm on X with a modulus of convexity of power type 2. We refer to [8] for some related information on this case. We begin with some preliminary results.

Let X be a Banach space. We can associate to X the following modulus

$$\widetilde{\delta}_X(\varepsilon) = \sup_{\tau > 0} \left\{ \frac{1}{2} \tau \varepsilon - \rho_{X^*}(\tau) \right\},$$

where  $\varepsilon \in [0,2]$ . By Lindenstrauss' formula  $\widetilde{\delta}_X \leq \delta_X$  while  $\widetilde{\delta}_X(\varepsilon) \geq \delta_X(\varepsilon/2)$ , see [10].

The modulus of smoothness associated with X satisfies the following property which characterizes those functions being a modulus of smoothness of a Banach space (see [11] for a dual result).

**Proposition 4.1.** [10, Proposition 10] Let  $(X, \|\cdot\|)$  be a Banach space. If  $0 < \tau \le \sigma$ , then

$$\rho_X(\sigma)/\sigma^2 \le L\rho_X(\tau)/\tau^2$$
,

where L is a constant smaller than  $2\prod_{n=0}^{\infty}(1+2^{-n}/3)\approx 3.6591297...$ 

**Lemma 4.2.** Let X be a Banach space. Suppose  $\{\|\cdot\|_n\}_{n\geq N}$  are norms on  $(X,\|\cdot\|)$  so that for some K>0 and all  $n\geq N$ , one has

$$K \|\cdot\| \le \|\cdot\|_n \le \|\cdot\|$$
.

Then there exists an equivalent norm  $|\cdot|$  such that for all  $n \geq N$ 

$$\delta_{|\cdot|}(t) \geq R_0 \delta_{\|\cdot\|_{\mathfrak{m}}}(t),$$

where  $R_0 > 0$  is a universal constant.

*Proof.* A norm with the required property can be defined by the formula

$$|x|^2 = \sum_{n \ge N} a_n \|x\|_n^2$$

where  $a_n$  satisfies  $\sum_{n\geq N} a_n = \left(\frac{K}{2K_0L}\right)^2$  and where L is as in Proposition 4.1.

Let us fix  $n \geq N$  and denote  $Y = \ell_2(X, \|\cdot\|_n)$ . Applying [10, Prop. 19] with  $M(t) = t^2$  and  $X_i = (X, \|\cdot\|_n)^*$  one has that

$$\rho_{Y^*}(\tau) \le K_0 \sup_{\tau \le u \le 1} \rho_{(X, \|\cdot\|_n)^*}(\tau/u)u^2,$$

where  $K_0$  depends neither on X nor on  $\|\cdot\|_n$ . Now, applying Proposition 4.1 we obtain

$$\rho_{Y^*}(\tau) \le K_0 L \rho_{(X,\|\cdot\|_{\infty})^*}(\tau),$$

and by duality

$$\delta_Y(\varepsilon) \ge \widetilde{\delta}_Y(\varepsilon) \ge K_0 L \widetilde{\delta}_{(X,\|\cdot\|_n)} \left(\varepsilon/K_0 L\right) \ge K_0 L \delta_{(X,\|\cdot\|_n)} \left(\varepsilon/2K_0 L\right),$$

for all  $0 \le \varepsilon \le 2$ .

From the proof of [10, Prop. 18] one has that  $\delta_{(X,|\cdot|)}(\varepsilon) \geq \frac{1}{2}\delta_Y(c\varepsilon)$ , where  $c = 2K_0L$ . Therefore

$$\delta_{(X,|\cdot|)}(\varepsilon) \geq \frac{K_0L}{2} \delta_{(X,\|\cdot\|_n)}\left(\varepsilon\right),$$

which finishes the proof.

We can now complete our final result.

**Theorem 4.3.** Let X be a Banach space and  $f: X \to \mathbb{R}$  a continuous uniformly convex function satisfying  $f(x) \leq ||x||^2$  for all  $x \in X$ . Then X admits a norm with modulus of convexity of power type 2.

*Proof.* Again replacing f with  $\frac{f(x)+f(-x)}{2}$  clearly preserves the uniform convexity of f and allows us to assume f(-x)=f(x) for all  $x\in X$ . According to Lemma 3.4 we may choose  $N\in\mathbb{N}$  and K>0 so that  $f(x)\geq K^2\|x\|^2$  whenever  $\|x\|\geq N$ . Thus we have

$$K^{2} \|x\|^{2} \le f(x) \le \|x\|^{2}$$
 whenever  $\|x\| \ge N$ .

For  $n \ge N$ , let  $|\cdot|_n$  have unit ball  $B_n = \{x : f(x) \le 2^{2n}\}$ . Without lost of generality we can assume that  $2^N - N \ge K^{-1}$ .

For any  $x \in X \setminus \{0\}$ ,  $f(x/|x|_n) = 2^{2n}$ . Hence, using  $f(x) \leq ||x||^2$ , we obtain  $||x|| \geq 2^n |x|_n$ . Analogously, using that  $K^2 ||x/|x|_n||^2 \leq f(x/|x|_n)$  one obtains  $2^n |x|_n \geq K ||x||$ . Consequently,

$$\frac{K}{2^n} \|x\| \le |x|_n \le \frac{1}{2^n} \|x\|.$$

Let us consider  $|x|_n = |y|_n = 1$ , this is  $f(x) = f(y) = 2^{2n}$ , with  $|x - y|_n \ge 1/2^n$ . Then  $||x - y|| \ge 1$ , so

$$f\left(\frac{x+y}{2}\right) \le 2^{2n} - \delta_f(1).$$

The uniform convexity of f ensures that  $\delta_f(1) > 0$ . Because

$$N \leq 2^N - \frac{1}{K} \leq \left\| \frac{x+y}{2} \right\| \leq \frac{2^n}{K},$$

and applying Lemma 3.4, the maximum slope of f in any direction at  $\frac{x+y}{2}$  is bounded above by  $42^n/K$ . Consequently, the distance from  $\frac{x+y}{2}$  to  $S_{|\cdot|_n}$  measured with respect to  $\|\cdot\|$  is at least  $\delta_f(1) K/2^{n+2}$ . Since the "radius" of  $B_n$  when measured with  $\|\cdot\|$  is at most  $2^n/K$ , we thus have

$$\left| \frac{x+y}{2} \right|_{n} \le 1 - \delta_f(1) \frac{K}{2^{n+2}} \cdot \frac{K}{2^n} = 1 - \frac{C}{2^{2n}}.$$

where  $C = \delta_f(1)K^2/4$ . This implies that

$$\delta_{|\cdot|_n}\left(\frac{1}{2^n}\right) \ge C\left(\frac{1}{2^n}\right)^2.$$

For a fixed  $n \ge N$  let us consider  $k = 1, 2, \dots, 2^n$  and the constant  $R = \frac{CR_0}{4L}$  where L is the Figiel's constant of Proposition 4.1. Then

$$C = \frac{C}{2^{2n}} \cdot \frac{1}{2^{-2n}} \le \frac{\delta_{|\cdot|_n}(2^{-n})}{2^{-2n}} \le 4L \frac{\delta_{|\cdot|_n}(k2^{-n})}{k^2 2^{-2n}}.$$

This implies

$$\delta_{|\cdot|_n}\left(\frac{k}{2^n}\right) \ge \frac{R}{R_0}\left(\frac{k}{2^n}\right)^2.$$

For each  $n \geq N$ , let us consider the new norm  $\|\cdot\|_n = 2^n |\cdot|_n$ . These new norms satisfy

$$K \|\cdot\| \le \|\cdot\|_n \le \|\cdot\|$$
 and  $\delta_{\|\cdot\|_n}(\cdot) = \delta_{\|\cdot\|_n}(\cdot)$ .

Applying Lemma 4.2 we obtain an equivalent norm  $|\cdot|$  on X such that  $\delta_{|\cdot|}(t) \ge R_0 \delta_{\|\cdot\|_n}(t)$  for  $n \ge N$ .

Finally, let us fix  $n_0$  and  $k \leq 2^{n_0}$ . For any  $n \geq n_0$  we have that  $\frac{k}{2^{n_0}} = \frac{k2^{n-n_0}}{2^n}$ . Therefore  $\delta_{\|\cdot\|_n}\left(\frac{k}{2^{n_0}}\right) = \delta_{\|\cdot\|_n}\left(\frac{k2^{n-n_0}}{2^n}\right) \geq \frac{R}{R_0}\left(\frac{k}{2^{n_0}}\right)^2$ , which implies that

$$\delta_{|\cdot|}\left(\frac{k}{2^{n_0}}\right) \ge R\left(\frac{k}{2^{n_0}}\right)^2.$$

In the previous paragraph we have shown that  $\delta_{|\cdot|}(t) \geq Rt^2$  for all t lying in  $\mathcal{D} = \left\{ \frac{k}{2^n} : n \in \mathbb{N}, 1 \leq k \leq 2^n \right\}$ . Since  $\mathcal{D}$  is dense in [0,1] and as  $\delta_{|\cdot|}(\cdot)$  is continuous, we have  $\delta_{|\cdot|}(t) \geq Rt^2$ , which finishes the proof.

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