

# A discrete isoperimetric inequality

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## Abstract

The isoperimetric inequality is one of the oldest and most outstanding results in mathematics, and can be summarized by saying that the Euclidean balls minimize the surface area measure  $S(\cdot)$  (Minkowski content) among those compact convex sets with prescribed positive volume  $\text{vol}(\cdot)$  (Lebesgue measure). There exist many different versions and extensions of this result, which have led to remarkable consequences in many branches of mathematics. It admits the following "neighbourhood form": for any compact convex set  $K \subset \mathbb{R}^n$ , and all  $t \geq 0$ ,

$$\text{vol}(K + tB_n) \geq \text{vol}(rB_n + tB_n),$$

where  $r > 0$  is such that  $\text{vol}(rB_n) = \text{vol}(K)$  and  $B_n$  denotes the (closed) Euclidean unit ball.

In this poster we discuss and show a discrete analogue of the isoperimetric inequality in the aforementioned form for the *lattice point enumerator*  $G_n(K) = |K \cap \mathbb{Z}^n|$  of a bounded subset  $K \subset \mathbb{R}^n$ : we determine sets minimizing the functional  $G_n(K + t[-1, 1]^n)$ , for any  $t \geq 0$ , among those bounded sets  $K$  with given positive lattice point enumerator. We also show that this new discrete inequality implies the classical result for compact sets.

## 1 The classical isoperimetric inequality

The isoperimetric inequality in its classical form dates back to antiquity, and states that circles are the only closed plane curves maximizing the enclosed area for a prescribed length, or, alternatively, the only ones minimizing the length for a prescribed enclosed area. This can be succinctly expressed as

$$L^2 \geq 4\pi A, \quad (1)$$

where  $L$  is the length of the curve and  $A$  is the enclosed area.

This result was eventually generalized to arbitrary dimension in the 19th century, starting with the works of Steiner who exploited his then recently developed concept of *Steiner symmetrization* to show that if an optimal solution existed, it had to be the  $n$ -dimensional ball. The proof of existence was then completed by other authors. Its form for convex bodies in  $\mathbb{R}^n$  can be stated by saying that the volume  $\text{vol}(\cdot)$  and surface area  $S(\cdot)$  (Minkowski content) of any  $n$ -dimensional convex body  $K$  satisfy

$$\left(\frac{S(K)}{S(B_n)}\right)^n \geq \left(\frac{\text{vol}(K)}{\text{vol}(B_n)}\right)^{n-1}, \quad (2)$$

where  $B_n$  denotes the Euclidean (closed) unit ball. Another equivalent formulation, analogous to (2) but in the spirit of (1), on account of the formula for the surface area of  $B_n$ , is

$$S(K) \geq n \text{vol}(K)^{(n-1)/n} \text{vol}(B_n)^{1/n}. \quad (3)$$

During the final years of the century, works by both Hermann Brunn and Hermann Minkowski produced the currently known as Brunn-Minkowski theorem, a powerful inequality that can yield the isoperimetric inequality (2) with a fairly straightforward proof.

## 2 Discrete isoperimetric inequalities

In order to discretize the isoperimetric inequality we may consider the following "neighbourhood form" (see e.g. [5, Proposition 14.2.1]): for any  $n$ -dimensional convex body  $K \subset \mathbb{R}^n$ , and all  $t \geq 0$ , we have

$$\text{vol}(K + tB_n) \geq \text{vol}(rB_n + tB_n), \quad (4)$$

where  $rB_n$ ,  $r > 0$ , is a ball of the same volume as  $K$ . In fact, by subtracting  $\text{vol}(K) = \text{vol}(rB_n)$  and dividing by  $t$  in both sides of (4), and taking limits as  $t \rightarrow 0^+$ , one immediately gets (2) from (4).

The neighbourhood  $K + tB_n$ ,  $t \geq 0$ , of the  $n$ -dimensional convex body  $K$  coincides with the set of all points of  $\mathbb{R}^n$  having (Euclidean) distance from  $K$  at most  $t$ . Exchanging the role of the unit ball  $B_n$  in (4) by another ( $n$ -dimensional) convex body  $E \subset \mathbb{R}^n$ , i.e., changing the involved "distance", one is naturally led to the fact

$$\text{vol}(K + tE) \geq \text{vol}(rE + tE) \quad (5)$$

for all  $t \geq 0$ , where again  $r > 0$  is such that  $rE$  has the same volume as  $K$ . Thus, the advantage of using the volume of a neighbourhood of  $K$ , instead of its surface area, is that it can be extended to other spaces in which the latter notion makes no sense; it just suffices to consider a metric and a measure on the given space. Relevant examples of spaces in which isoperimetric inequalities in this form hold are the unit sphere, the Gauss space or the  $n$ -dimensional discrete cube  $\{0, 1\}^n$  (see e.g. [5, Section 14.2]). Similar inequalities also hold in discrete metric spaces, in the settings of combinatorics and graph theory (for which we refer the reader to [2]).

### 2.1 An inequality by Radcliffe and Veomett

Recently, in [6], a discrete isoperimetric inequality has been derived for the integer lattice  $\mathbb{Z}^n$  endowed with the  $L_\infty$  norm and the cardinality measure  $|\cdot|$  (see also [1] for a related result in the case of the  $L_1$  norm, where the author uses a method based on the solvability of a certain finite difference equations problem). To this aim, a suitable extension of *lattice cubes* (i.e., the intersection of cubes  $[a, b]^n$  with  $\mathbb{Z}^n$ ) is considered: we will call these sets *extended lattice cubes*, which will be denoted by  $\mathcal{I}_r$  (see Definition 2), for any  $r \in \mathbb{N}$ . In fact, when  $r = m^n$  for some  $m \in \mathbb{N}$ ,  $\mathcal{I}_r$  is indeed a *lattice cube*. Thus, the authors show that such sets  $\mathcal{I}_r$  minimize the cardinality of the suitable neighbourhood among all non-empty sets of fixed cardinality  $r$ . More precisely, [6, Theorem 1], combined with [6, Lemma 1], leads to the following discrete analogue of (5):

**Theorem 1 (Radcliffe and Veomett, [6])** Let  $A \subset \mathbb{Z}^n$  be a non-empty finite set and let  $r \in \mathbb{N}$  be such that  $|\mathcal{I}_r| = |A|$ . Then

$$|A + ((m[-1, 1]^n) \cap \mathbb{Z}^n)| \geq |\mathcal{I}_r + ((m[-1, 1]^n) \cap \mathbb{Z}^n)| \quad (6)$$

for all  $m \in \mathbb{N}$ .

Indeed, the authors prove the above theorem for  $m = 1$  in [6, Theorem 1], and a simple inductive argument using [6, Lemma 1] allows one to obtain the result for arbitrary  $m \in \mathbb{N}$ .

## 3 Defining optimal sets

Given a vector  $u = (u_1, \dots, u_n) \in \mathbb{Z}^n$  and fixing  $i_u \in \{1, \dots, n\}$ , we will write

$$u' = (u_1, \dots, u_{i_u-1}, u_{i_u+1}, \dots, u_n) \in \mathbb{Z}^{n-1}.$$

With this notation, in [6] the following well-order  $\prec$  in  $\mathbb{Z}^n$  is defined:

**Definition 1** If  $n = 1$  we define the order  $\prec$  given by

$$0 < 1 < -1 < 2 < -2 < \dots < m < -m < \dots$$

For  $n \geq 2$  we set, for  $w = (w_1, \dots, w_n) \in \mathbb{Z}^n$ ,

$$M(w) = \max\{w_i : i = 1, \dots, n\} \quad \text{and} \quad i_w = \min\{i : w_i = M(w)\},$$

and we define  $\prec$  recursively as follows: for any  $u, v \in \mathbb{Z}^n$  with  $u \neq v$ ,

1. if  $M(u) < M(v)$  then  $u \prec v$ ;

2. if  $M(u) = M(v)$  then  $u \prec v$  if either  $i_v < i_u$  or ( $i_v = i_u$  and)  $u' \prec v'$ .

Moreover, we write  $u \leq v$  if either  $u \prec v$  or  $u = v$ .

This order will allow us to define the extended lattice cube  $\mathcal{I}_r$  of  $r$  points as the initial segment in  $\mathbb{Z}^n$  with respect to  $\prec$ . To define the sets  $\mathcal{C}_r$ , which will be referred to as *extended cubes*, first we need the following definition, which can be seen as a particular case of the family of *weakly unconditional sets*, first introduced in [7] (we refer the reader to this work for further properties and relations of them with certain Brunn-Minkowski type inequalities): for any non-empty finite set  $A \subset \mathbb{R}^n$ , we write

$$\mathcal{C}_A = \{(\lambda_1 x_1, \dots, \lambda_n x_n) \in \mathbb{R}^n : (x_1, \dots, x_n) \in A, \lambda_i \in [0, 1] \text{ for } i = 1, \dots, n\}$$

(see Figure 1).

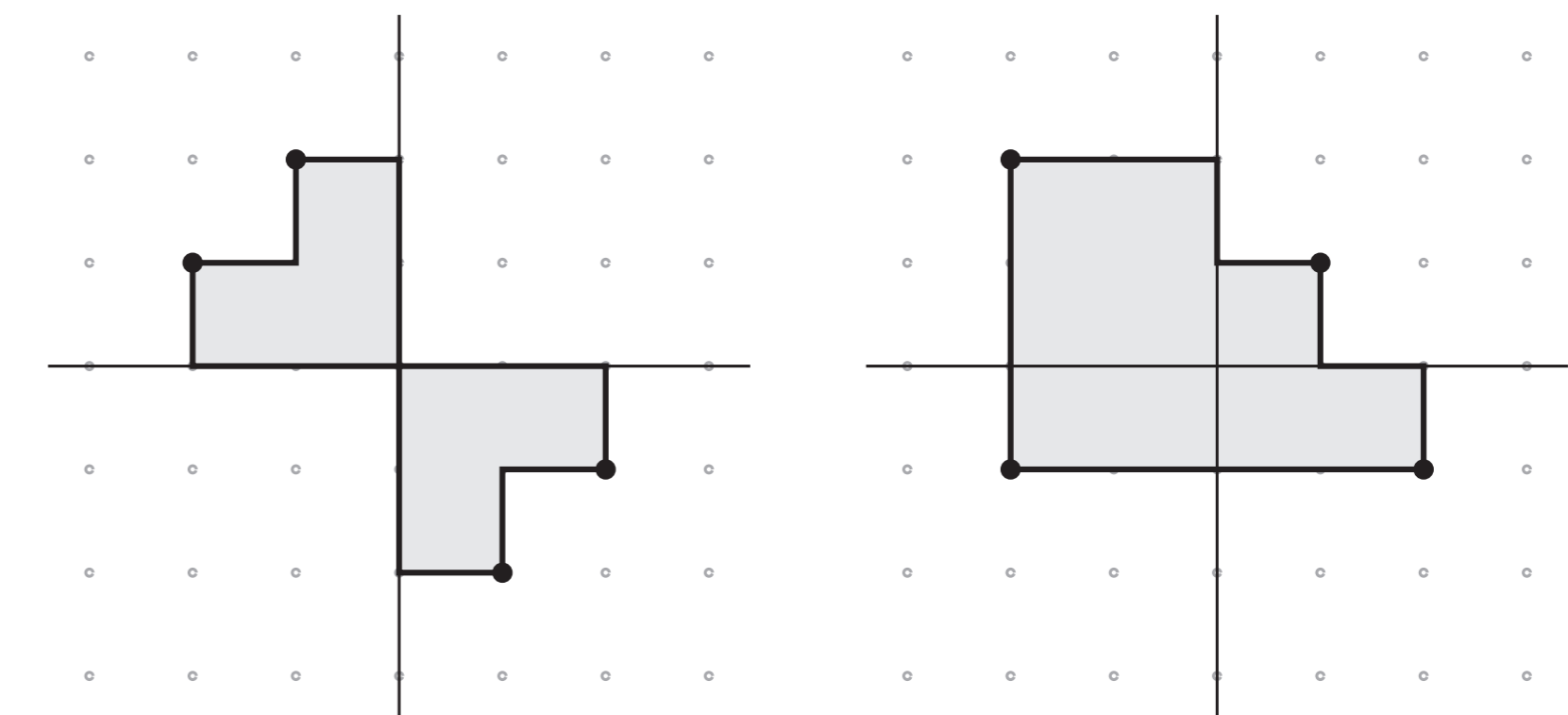


Figure 1: Sets  $\mathcal{C}_A \subset \mathbb{R}^2$  for different finite sets  $A \subset \mathbb{Z}^2$ .

**Definition 2** Let  $r \in \mathbb{N}$ . By  $\mathcal{I}_r$  we denote the initial segment in  $(\mathbb{Z}^n, \prec)$  of length  $r$ , i.e., the set of the first  $r$  points with respect to the order  $\prec$  in  $\mathbb{Z}^n$  (see Figure 2, left). Moreover, by  $\mathcal{C}_r$  we denote the set given by  $\mathcal{C}_r := \mathcal{C}_{\mathcal{I}_r}$  (see Figure 2, right).

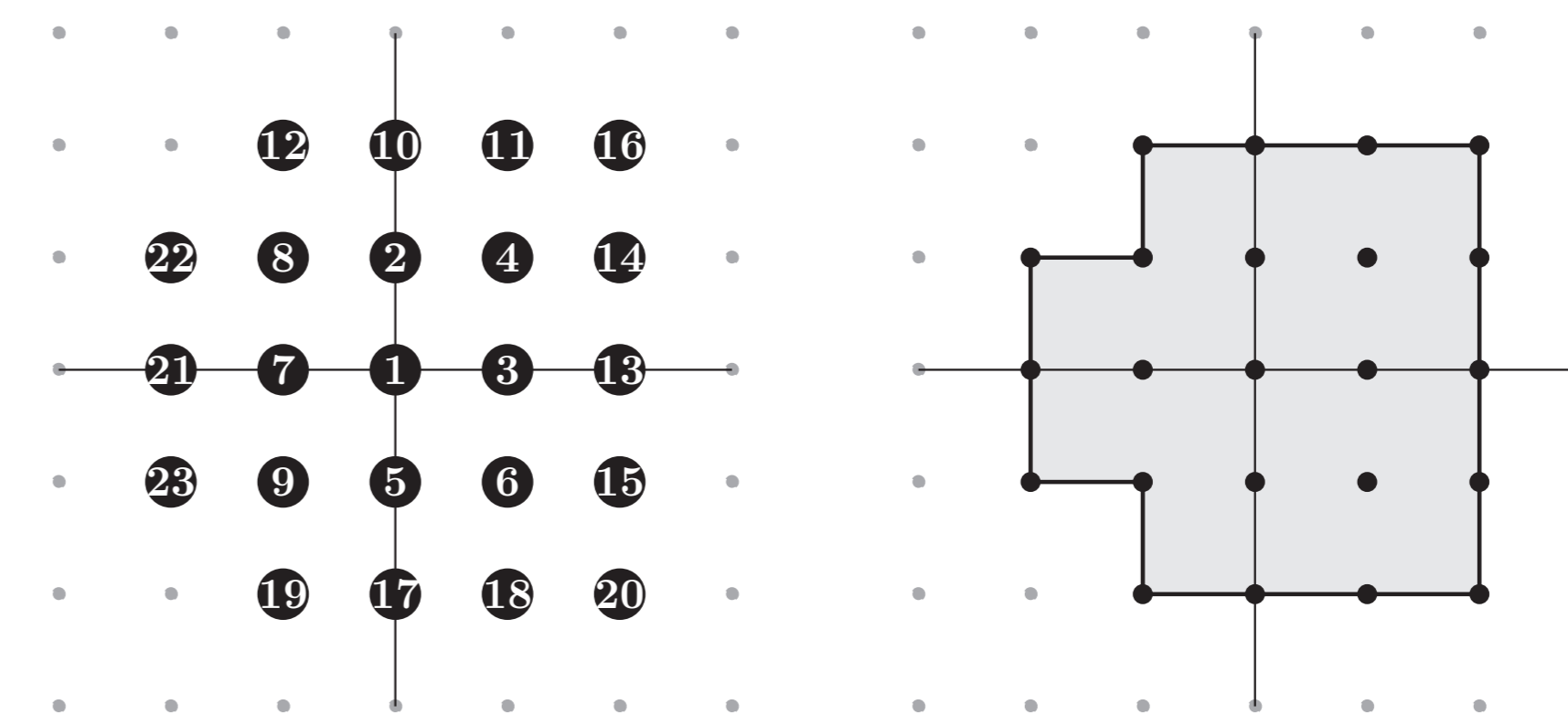


Figure 2: The extended lattice cube  $\mathcal{I}_{23}$  in  $\mathbb{Z}^2$  (left) and the corresponding extended cube  $\mathcal{C}_{23}$  in  $\mathbb{R}^2$  (right).

We note that if  $r = m^n$  for some  $m \in \mathbb{N}$  then  $\mathcal{I}_r$  is indeed a lattice cube. More precisely,  $\mathcal{I}_r = \{-m/2 + 1, -m/2 + 2, \dots, m/2 - 1, m/2\}^n$  if  $m$  is even and  $\mathcal{I}_r = \{-(m-1)/2, -(m-1)/2 + 1, \dots, (m-1)/2, (m-1)/2\}^n$  if  $m$  is odd (cf. Figure 2, left). This further implies that  $\mathcal{C}_r$  is a cube whenever  $r = m^n$  for some  $m \in \mathbb{N}$ .

## 4 Main results

We are interested in studying an analogue of the discrete isoperimetric inequality obtained in Theorem 1 in the setting of arbitrary non-empty bounded sets in  $\mathbb{R}^n$  endowed with (the  $L_\infty$  norm and) the lattice point enumerator  $G_n(\cdot)$ . In this way, one may consider neighbourhoods of a given set at any distance  $t \geq 0$ , not necessarily integer (cf. (6)). We show that the extremal sets will be the *extended cubes*  $\mathcal{C}_r$  (cf. Definition 2), which satisfy  $\mathcal{C}_r \cap \mathbb{Z}^n = \mathcal{I}_r$  (and thus  $G_n(\mathcal{C}_r) = |\mathcal{I}_r| = r$ ) and are furthermore characterized as the largest sets for which  $\mathcal{C}_r + (-1, 1)^n = \mathcal{I}_r + (-1, 1)^n$ , for any  $r \in \mathbb{N}$ :

**Theorem 2 ([3, Theorem 1.2])** Let  $K \subset \mathbb{R}^n$  be a bounded set with  $G_n(K) > 0$  and let  $r \in \mathbb{N}$  be such that  $G_n(\mathcal{C}_r) = G_n(K)$ . Then

$$G_n(K + t[-1, 1]^n) \geq G_n(\mathcal{C}_r + t[-1, 1]^n) \quad (7)$$

for all  $t \geq 0$ .

**Remark 1** From the proof of the previous result we note that the role of the extended cubes  $\mathcal{C}_r$  could be played by other sets  $L_r$ , with  $G_n(L_r) = r$ , such that  $L_r + (-1, 1)^n \subset \mathcal{I}_r + (-1, 1)^n$ . However,  $\mathcal{C}_r$  are the largest sets (with respect to set inclusion) satisfying this property (cf. [3, (2.8)]). Indeed, for any  $x = (x_1, \dots, x_n) \in \mathbb{R}^n$  such that  $x + (-1, 1)^n \subset \mathcal{I}_r + (-1, 1)^n$ , it is enough to consider the point  $y = (y_1, \dots, y_n) \in (x + (-1, 1)^n) \cap \mathbb{Z}^n \subset (\mathcal{I}_r + (-1, 1)^n) \cap \mathbb{Z}^n = \mathcal{I}_r$  given by

$$y_i = \begin{cases} \lfloor x_i \rfloor & \text{if } x_i > 0, \\ 0 & \text{if } x_i = 0, \\ \lfloor x_i \rfloor & \text{otherwise,} \end{cases}$$

which yields  $x \in \mathcal{C}_{\{y\}} \subset \mathcal{C}_r$ .

**Remark 2** Theorem 2 can be extended to the setting of an arbitrary  $n$ -dimensional lattice  $\Lambda \subset \mathbb{R}^n$ . Indeed, if  $B = \{v_1, \dots, v_n\}$  is a basis of  $\Lambda$ , we may consider  $\varphi : \mathbb{R}^n \rightarrow \mathbb{R}^n$  the linear (bijective) map given by  $\varphi(x) = \sum_{i=1}^n x_i v_i$  for any  $x = (x_1, \dots, x_n) \in \mathbb{R}^n$ . Then, denoting by  $G_\Lambda(M) = |M \cap \Lambda|$ , Theorem 2 yields

$$G_\Lambda(K + t\varphi([-1, 1]^n)) \geq G_\Lambda(\varphi(\mathcal{C}_r) + t\varphi([-1, 1]^n))$$

for any bounded set  $K \subset \mathbb{R}^n$  with  $G_\Lambda(K) > 0$  and all  $t \geq 0$ , where  $r \in \mathbb{N}$  is such that  $G_\Lambda(\varphi(\mathcal{C}_r)) = G_\Lambda(K)$ .

Finally, we also show that the classical isoperimetric inequality (5), in the setting of non-empty compact sets, can be derived as a consequence of this new discrete inequality for the lattice point enumerator  $G_n(\cdot)$ :

**Theorem 3 ([3, Theorem 1.4])** The discrete isoperimetric inequality (7) implies the classical isoperimetric inequality (5), with  $E = [-1, 1]^n$ , for non-empty compact sets.

## References

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