

PRÁCTICA 2. *Oral Communication: Single or Married?*

Read the following article by Laurie Junkins (Adapted from <http://nakedhealth.avvo.com/2011/03/7-surprising-differences-between-single-and-married-men/>)

We all have that 30-something friend who insists he'll never get married because he enjoys his freedom too much to settle down. He likes his space and the ability to sleep with whomever he can lure into his bed. He doesn't have to answer to anyone else when he spends his money on a giant TV with surround sound, and nobody nags him to pick up his socks. But is this idealistic bachelor lifestyle really as good as it seems, or is there a dark side?

More Sex

The joke is that marriage is the best way to kill a perfectly good sex life. But while single guys may think they are getting more sex, the truth is they aren't getting as much as their married buddies, even if they have girlfriends. According to several studies, about 40% of married men have sex twice a week, yet only 20-25% of single men have sex that often, including those with live-in girlfriends.

More Money

Married men more likely to be promoted and earn between 10 and 40 percent more money than their single peers. The reason for this discrepancy is not clear, but it could have something to do with the major health benefits that come with marriage. After all, if a man is healthier, he's less likely to miss work and more able to follow through on career goals.

Happiness

Humans do better emotionally when in a long-term, committed relationships, which is why more married men report being happy with their lives than their single counterparts. In fact, 40% of married men said they were happy, compared to only 25% of singles, which makes sense given the better health, better sex, lower stress, and more money. You'd probably be happier, too.

Whether it is the influence of women that so surprisingly improves a man's life, or simply an innate human response to commitment, it seems there is no advantage for free-range males to stay that way long term. So sow your wild oats, boys, and

then find a nice girl you can love. Picking up your socks is a small price to pay for a longer, happier life.

- What do the underlined words/expressions mean?
- Do you agree with the author of the article?
- Would you like to get married in the future, or to stay single? Give reasons for your answers.