

Glycemic Index Values

Glycemic Index values have been entered for the following foods in the Food Processor SQL program.

Source:

Foster-Powell, et al, *International table of glycemic index and glycemic load vales: 2002*, Am J Clin Nutr 2002; 76:5-56

A zero glycemic index value is assumed from a zero carbohydrate value.

ESHA Code	Item Name	Glycemic Index
14077	Alligator, meat only	0
31165	Aluminum Sulfate, iron free, dry, ground	0
31167	Amonium Aluminum Sulfate	0
14052	Antelope, raw	0
14053	Antelope, rstd	0
31088	Antioxidant, butylated hydroxyanisole	0
31087	Antioxidant, propyl gallate	0
31148	Antioxidant, sodium erythorbate, FCC	0
71079	Apples, fresh, chpd	38
3001	Apples, fresh, lrg, 3 1/4"	38
3000	Apples, fresh, med, 2 3/4"	38
71078	Apples, fresh, quartered	38
3002	Apples, fresh, sliced	38
71077	Apples, fresh, sml, 2 1/2"	38
3005	Apples, sulfured, rings, dried	29
3156	Apricots, fresh, halves	57
3657	Apricots, fresh, sliced	57
3157	Apricots, fresh, whole	57
3153	Apricots, halves, w/skin, w/light syrup, cnd	64
3013	Apricots, sulfured, halves, dried	31
22653	Aquavit, 100 proof	0
22672	Aquavit, 80 proof	0
22667	Aquavit, 90 proof	0
22650	Aquavit, 94 proof	0
33106	Aroma Enhancer, apple, Essence	0
33109	Aroma Enhancer, peach, Essence	0
33108	Aroma Enhancer, pear, Essence	0
33110	Aroma Enhancer, raspberry, Essence	0
33107	Aroma Enhancer, strawberry, Essence	0
91437	Bacon, 2 strip svg	0
12247	Bacon, thick cut, ckd	0
71015	Bagel, onion, enrich, w/calc propionate, 3 1/2"	72
71142	Bagel, onion, enrich, w/calc propionate, 3"	72
42615	Bagel, onion, enrich, w/calc propionate, 4 1/2"	72
71146	Bagel, onion, enrich, w/calc propionate, 4"	72
71377	Bagel, onion, enrich, w/o calc propionate, 2 1/2"	72
71375	Bagel, onion, enrich, w/o calc propionate, 3 1/2"	72
71374	Bagel, onion, enrich, w/o calc propionate, 3"	72
71378	Bagel, onion, enrich, w/o calc propionate, 4 1/2"	72
71376	Bagel, onion, enrich, w/o calc propionate, 4"	72
71150	Bagel, onion, mini, enrich, w/calc propionate, 2 1/2"	72
71395	Bagel, onion, unenrich, w/calc propionate, 2 1/2"	72
71012	Bagel, onion, unenrich, w/calc propionate, 3 1/2"	72
71393	Bagel, onion, unenrich, w/calc propionate, 3"	72
71396	Bagel, onion, unenrich, w/calc propionate, 4 1/2"	72
71394	Bagel, onion, unenrich, w/calc propionate, 4"	72
71411	Bagel, onion, unenrich, w/o calc propionate, 2 1/2"	72
71009	Bagel, onion, unenrich, w/o calc propionate, 3 1/2"	72

71409	Bagel, onion, unenrich, w/o calc propionate, 3"	72
71412	Bagel, onion, unenrich, w/o calc propionate, 4 1/2"	72
71410	Bagel, onion, unenrich, w/o calc propionate, 4"	72
71141	Bagel, plain, enrich, w/calc propionate, 3"	72
71145	Bagel, plain, enrich, w/calc propionate, 4"	72
42000	Bagel, plain, enrich, w/calc propionate, 3 1/2"	72
42590	Bagel, plain, enrich, w/calc propionate, 4 1/2"	72
71372	Bagel, plain, enrich, w/o calc propionate, 2 1/2"	72
42279	Bagel, plain, enrich, w/o calc propionate, 3 1/2"	72
71370	Bagel, plain, enrich, w/o calc propionate, 3"	72
71373	Bagel, plain, enrich, w/o calc propionate, 4 1/2"	72
71371	Bagel, plain, enrich, w/o calc propionate, 4"	72
71149	Bagel, plain, mini, enrich, w/calc propionate, 2 1/2"	72
71391	Bagel, plain, unenrich, w/calc propionate, 2 1/2"	72
42280	Bagel, plain, unenrich, w/calc propionate, 3 1/2"	72
71389	Bagel, plain, unenrich, w/calc propionate, 3"	72
71392	Bagel, plain, unenrich, w/calc propionate, 4 1/2"	72
71390	Bagel, plain, unenrich, w/calc propionate, 4"	72
71407	Bagel, plain, unenrich, w/o calc propionate, 2 1/2"	72
42281	Bagel, plain, unenrich, w/o calc propionate, 3 1/2"	72
71405	Bagel, plain, unenrich, w/o calc propionate, 3"	72
71408	Bagel, plain, unenrich, w/o calc propionate, 4 1/2"	72
71406	Bagel, plain, unenrich, w/o calc propionate, 4"	72
71017	Bagel, poppy seed, enrich, w/calc propionate, 3 1/2"	72
71143	Bagel, poppy seed, enrich, w/calc propionate, 3"	72
71147	Bagel, poppy seed, enrich, w/calc propionate, 4"	72
42616	Bagel, poppy seed, enrich, w/calc propionate, 4 1/2"	72
71382	Bagel, poppy seed, enrich, w/o calc propionate 2.5"	72
71380	Bagel, poppy seed, enrich, w/o calc propionate 3.5"	72
71383	Bagel, poppy seed, enrich, w/o calc propionate 4.5"	72
71379	Bagel, poppy seed, enrich, w/o calc propionate, 3"	72
71381	Bagel, poppy seed, enrich, w/o calc propionate, 4"	72
71151	Bagel, poppy seed, mini, enrich, w/calc propionate, 2 1/2"	72
71399	Bagel, poppy seed, unenrich, w/calc propionate, 2 1/2"	72
71013	Bagel, poppy seed, unenrich, w/calc propionate, 3 1/2"	72
71397	Bagel, poppy seed, unenrich, w/calc propionate, 3"	72
71400	Bagel, poppy seed, unenrich, w/calc propionate, 4 1/2"	72
71398	Bagel, poppy seed, unenrich, w/calc propionate, 4"	72
71413	Bagel, poppy seed, unenrich, w/o calc propionate 3"	72
71414	Bagel, poppy seed, unenrich, w/o calc propionate 4"	72
71415	Bagel, poppy seed, unenrich, w/o calc propionate, 2 1/2"	72
71010	Bagel, poppy seed, unenrich, w/o calc propionate, 3 1/2"	72
71416	Bagel, poppy seed, unenrich, w/o calc propionate, 4 1/2"	72
71016	Bagel, sesame seed, enrich, w/calc propionate, 3 1/2"	72
71144	Bagel, sesame, enrich, w/calc propionate, 3"	72
71148	Bagel, sesame, enrich, w/calc propionate, 4"	72
42614	Bagel, sesame, enrich, w/calc propionate, 4 1/2"	72
71387	Bagel, sesame, enrich, w/o calc propionate, 2 1/2"	72
71385	Bagel, sesame, enrich, w/o calc propionate, 3 1/2"	72
71384	Bagel, sesame, enrich, w/o calc propionate, 3"	72
71388	Bagel, sesame, enrich, w/o calc propionate, 4 1/2"	72
71386	Bagel, sesame, enrich, w/o calc propionate. 4"	72
71152	Bagel, sesame, mini, enrich, w/calc propionate, 2 1/2"	72
71403	Bagel, sesame, unenrich, w/calc propionate, 2 1/2"	72
71014	Bagel, sesame, unenrich, w/calc propionate, 3 1/2"	72
71401	Bagel, sesame, unenrich, w/calc propionate, 3"	72

71404	Bagel, sesame, unenrich, w/calc propionate, 4 1/2"	72
71402	Bagel, sesame, unenrich, w/calc propionate, 4"	72
71419	Bagel, sesame, unenrich, w/o calc propionate 2 1/2"	72
71011	Bagel, sesame, unenrich, w/o calc propionate 3 1/2"	72
71420	Bagel, sesame, unenrich, w/o calc propionate 4 1/2"	72
71417	Bagel, sesame, unenrich, w/o calc propionate, 3"	72
71418	Bagel, sesame, unenrich, w/o calc propionate, 4"	72
28072	Baking Powder, double acting, Calumet	0
28003	Baking Soda	0
71081	Banana, fresh, extra lrg, 9" or longer	51
71082	Banana, fresh, extra sml, 6" or shorter	51
3659	Banana, fresh, lrg, 8" to 8 7/8" long	51
3022	Banana, fresh, mashed	51
3020	Banana, fresh, med, 7" to 7 7/8" long	51
3021	Banana, fresh, slices	51
3660	Banana, fresh, sml, 6" to 6 7/8" long	51
23096	Bar, granola, chocolate chip, chocolate coated, soft, 1.25oz	62
23095	Bar, granola, peanut butter, chocolate coated, soft	37
38003	Barley, pearled, ckd	25
7354	Beans, bengal gram, mature, ckd	28
7356	Beans, bengal gram, mature, ckd w/salt	28
7012	Beans, black, mature, ckd	20
90001	Beans, black, mature, ckd w/salt	20
4450	Beans, blackeyed, mature, ckd	42
9579	Beans, blackeyed, mature, ckd w/salt	42
4441	Beans, chickpea, mature, ckd	28
9581	Beans, chickpea, mature, ckd w/salt	28
7018	Beans, cowpeas, mature, ckd	42
90018	Beans, cowpeas, mature, ckd w/salt	42
7001	Beans, garbanzo, mature, ckd	28
90016	Beans, garbanzo, mature, ckd w/salt	28
7087	Beans, kidney, all types, mature, cnd	52
7047	Beans, kidney, red, mature, ckd	23
90008	Beans, kidney, red, mature, ckd w/salt	23
7006	Beans, lentils, ckd f/dry w/o salt	29
90019	Beans, lentils, mature, ckd w/salt	29
5727	Beans, lima, baby, immature, fzn, 10 oz pkg	32
90024	Beans, mung, mature, ckd w/salt	31
7022	Beans, navy, mature, ckd	38
90010	Beans, navy, mature, ckd w/salt	38
7013	Beans, pinto, mature, ckd	39
90012	Beans, pinto, mature, ckd w/salt	39
14006	Bear, ckd	0
40730	Bear, polar, raw, Alaskan	0
14054	Bear, raw	0
14055	Beaver, raw	0
14007	Beaver, rstd	0
10265	Beef, average of all cuts, ckd, 0" trim	0
10093	Beef, average of all cuts, ckd, 1/4" trim	0
10820	Beef, average of all cuts, ckd, 1/8" trim	0
10266	Beef, average of all cuts, ckd, choice, 0" trim	0
10095	Beef, average of all cuts, ckd, choice, 1/4" trim	0
10822	Beef, average of all cuts, ckd, choice, 1/8" trim	0
10493	Beef, average of all cuts, ckd, prime, 1/2" trim	0
10099	Beef, average of all cuts, ckd, prime, 1/4" trim	0
10826	Beef, average of all cuts, ckd, prime, 1/8" trim	0

10267	Beef, average of all cuts, ckd, select, 0" trim	0
10097	Beef, average of all cuts, ckd, select, 1/4" trim	0
10824	Beef, average of all cuts, ckd, select, 1/8" trim	0
10268	Beef, average of all cuts, lean, ckd, 0" trim	0
10705	Beef, average of all cuts, lean, ckd, 1/4" trim	0
10269	Beef, average of all cuts, lean, ckd, choice, 0" trim	0
10101	Beef, average of all cuts, lean, ckd, choice, 1/4" trim	0
10501	Beef, average of all cuts, lean, ckd, prime, 1/2" trim	0
10105	Beef, average of all cuts, lean, ckd, prime, 1/4" trim	0
10270	Beef, average of all cuts, lean, ckd, select, 0" trim	0
10103	Beef, average of all cuts, lean, ckd, select, 1/4" trim	0
10390	Beef, average of all cuts, lean, raw, 1/4" trim	0
10100	Beef, average of all cuts, lean, raw, choice, 1/4" trim	0
10500	Beef, average of all cuts, lean, raw, prime, 1/2" trim	0
10104	Beef, average of all cuts, lean, raw, prime, 1/4" trim	0
10102	Beef, average of all cuts, lean, raw, select, 1/4" trim	0
10092	Beef, average of all cuts, raw, 1/4" trim	0
10819	Beef, average of all cuts, raw, 1/8" trim	0
10094	Beef, average of all cuts, raw, choice, 1/4" trim	0
10821	Beef, average of all cuts, raw, choice, 1/8" trim	0
10492	Beef, average of all cuts, raw, prime, 1/2" trim	0
10098	Beef, average of all cuts, raw, prime, 1/4" trim	0
10825	Beef, average of all cuts, raw, prime, 1/8" trim	0
10096	Beef, average of all cuts, raw, select, 1/4" trim	0
10823	Beef, average of all cuts, raw, select, 1/8" trim	0
58418	Beef, bottom round outside steak, grilled, 0" trim	0
58417	Beef, bottom round outside steak, grilled, choice, 0" trim	0
58420	Beef, bottom round outside steak, grld, select, 0" trim	0
58419	Beef, bottom round outside steak, lean, grilled, 0" trim	0
58413	Beef, bottom round outside steak, lean, grld, choice, 0"trim	0
58412	Beef, bottom round outside steak, lean, grld, select, 0"trim	0
58414	Beef, bottom round outside steak, lean, raw, 0" trim	0
58416	Beef, bottom round outside steak, raw, 0" trim	0
58415	Beef, bottom round outside steak, raw, choice, 0" trim	0
11237	Beef, bottom round roast, brsd, 0" trim	0
58392	Beef, bottom round roast, brsd, 1/8" trim	0
11240	Beef, bottom round roast, brsd, choice, 0" trim	0
10890	Beef, bottom round roast, brsd, choice, 1/8" trim	0
10639	Beef, bottom round roast, brsd, prime, 1/2" trim	0
11243	Beef, bottom round roast, brsd, select, 0" trim	0
10893	Beef, bottom round roast, brsd, select, 1/8" trim	0
10311	Beef, bottom round roast, lean, brsd, 0" trim	0
10314	Beef, bottom round roast, lean, brsd, choice, 0" trim	0
58321	Beef, bottom round roast, lean, brsd, choice, 1/8" trim	0
11339	Beef, bottom round roast, lean, brsd, prime, 1/2" trim	0
10317	Beef, bottom round roast, lean, brsd, select, 0" trim	0
58300	Beef, bottom round roast, lean, brsd, select, 1/8" trim	0
58370	Beef, bottom round roast, lean, brsd,1/8" trim	0
58308	Beef, bottom round roast, lean, ckd, 1/8" trim	0
58301	Beef, bottom round roast, lean, raw, 1/8" trim	0
58317	Beef, bottom round roast, lean, raw, choice, 1/8" trim	0
11338	Beef, bottom round roast, lean, raw, prime, 1/2" trim	0
58334	Beef, bottom round roast, lean, raw, select, 1/8" trim	0
10312	Beef, bottom round roast, lean, rstd, 0" trim	0
10315	Beef, bottom round roast, lean, rstd, choice, 0" trim	0
58318	Beef, bottom round roast, lean, rstd, choice, 1/8" trim	0

10318	Beef, bottom round roast, lean, rstd, select, 0" trim	0
58297	Beef, bottom round roast, lean, rstd, select, 1/8" trim	0
11409	Beef, bottom round roast, raw, 1/8" trim	0
10889	Beef, bottom round roast, raw, choice, 1/8" trim	0
10638	Beef, bottom round roast, raw, prime, 1/2" trim	0
10892	Beef, bottom round roast, raw, select, 1/8" trim	0
10303	Beef, bottom round roast, rstd, 0" trim	0
10888	Beef, bottom round roast, rstd, 1/8" trim	0
11241	Beef, bottom round roast, rstd, choice, 0" trim	0
10891	Beef, bottom round roast, rstd, choice, 1/8" trim	0
11244	Beef, bottom round roast, rstd, select, 0" trim	0
10894	Beef, bottom round roast, rstd, select, 1/8" trim	0
10012	Beef, brains, pan fried	0
10273	Beef, brisket, flat half, brsd, 0" trim	0
10830	Beef, brisket, flat half, brsd, 1/8" trim	0
58240	Beef, brisket, flat half, brsd, choice, 0" trim	0
58352	Beef, brisket, flat half, brsd, choice, 1/8" trim	0
58255	Beef, brisket, flat half, brsd, select, 0" trim	0
58239	Beef, brisket, flat half, brsd, select, 1/8" trim	0
10274	Beef, brisket, flat half, lean, brsd, 0" trim	0
58302	Beef, brisket, flat half, lean, brsd, 1/8" trim	0
58243	Beef, brisket, flat half, lean, brsd, choice, 0" trim	0
58314	Beef, brisket, flat half, lean, brsd, choice, 1/8" trim	0
58244	Beef, brisket, flat half, lean, brsd, select, 0" trim	0
58331	Beef, brisket, flat half, lean, brsd, select, 1/8" trim	0
58303	Beef, brisket, flat half, lean, raw, 1/8" trim	0
58313	Beef, brisket, flat half, lean, raw, choice, 1/8" trim	0
58330	Beef, brisket, flat half, lean, raw, select, 1/8" trim	0
10829	Beef, brisket, flat half, raw, 1/8" trim	0
58351	Beef, brisket, flat half, raw, select, 1/8" trim	0
10275	Beef, brisket, point half, brsd, 0" trim	0
10114	Beef, brisket, point half, brsd, 1/4" trim	0
10832	Beef, brisket, point half, brsd, 1/8" trim	0
10276	Beef, brisket, point half, lean, brsd, 0" trim	0
10116	Beef, brisket, point half, lean, brsd, 1/4" trim	0
10115	Beef, brisket, point half, lean, raw, 1/4" trim	0
10113	Beef, brisket, point half, raw, 1/4" trim	0
10831	Beef, brisket, point half, raw, 1/8" trim	0
10271	Beef, brisket, whole, brsd, 0" trim	0
10108	Beef, brisket, whole, brsd, 1/4" trim	0
10828	Beef, brisket, whole, brsd, 1/8" trim	0
10272	Beef, brisket, whole, lean, brsd, 0" trim	0
10109	Beef, brisket, whole, lean, brsd, 1/4" trim	0
10504	Beef, brisket, whole, lean, raw	0
10107	Beef, brisket, whole, raw, 1/4" trim	0
10827	Beef, brisket, whole, raw, 1/8" trim	0
10039	Beef, calf brain, raw, INTL	0
10038	Beef, calf heart, raw, INTL	0
10043	Beef, calf kidney, raw, INTL	0
10040	Beef, calf liver, raw, INTL	0
10041	Beef, calf lung, raw, INTL	0
10042	Beef, calf spleen, raw, INTL	0
10044	Beef, calf tongue, raw, INTL	0
10037	Beef, calf tripe, raw, INTL	0
10090	Beef, carcass, choice, raw	0
10091	Beef, carcass, select, raw	0

11664	Beef, chpd, fzn, 3oz, FS	0
10277	Beef, chuck arm pot roast, brsd, 0" trim	0
10834	Beef, chuck arm pot roast, brsd, 1/8" trim	0
10836	Beef, chuck arm pot roast, brsd, choice, 1/8" trim	0
10520	Beef, chuck arm pot roast, brsd, prime, 1/2" trim	0
10279	Beef, chuck arm pot roast, brsd, select, 0" trim	0
10838	Beef, chuck arm pot roast, brsd, select, 1/8" trim	0
58371	Beef, chuck arm pot roast, lean, brsd, 1/8" trim	0
10281	Beef, chuck arm pot roast, lean, brsd, choice, 0" trim	0
58366	Beef, chuck arm pot roast, lean, brsd, choice, 1/8" trim	0
10528	Beef, chuck arm pot roast, lean, brsd, prime, 1/2" trim	0
10282	Beef, chuck arm pot roast, lean, brsd, select, 0" trim	0
58364	Beef, chuck arm pot roast, lean, brsd, select, 1/8" trim	0
58307	Beef, chuck arm pot roast, lean, raw, 1/8" trim	0
58312	Beef, chuck arm pot roast, lean, raw, choice, 1/8" trim	0
10527	Beef, chuck arm pot roast, lean, raw, prime, 1/2" trim	0
58329	Beef, chuck arm pot roast, lean, raw, select, 1/8" trim	0
10833	Beef, chuck arm pot roast, raw, 1/8" trim	0
10835	Beef, chuck arm pot roast, raw, choice, 1/8" trim	0
10519	Beef, chuck arm pot roast, raw, prime, 1/2" trim	0
10837	Beef, chuck arm pot roast, raw, select, 1/8" trim	0
10840	Beef, chuck blade roast, brsd, 1/8" trim	0
10284	Beef, chuck blade roast, brsd, choice, 0" trim	0
10127	Beef, chuck blade roast, brsd, choice, 1/4" trim	0
10842	Beef, chuck blade roast, brsd, choice, 1/8" trim	0
10535	Beef, chuck blade roast, brsd, prime, 1/2" trim	0
10285	Beef, chuck blade roast, brsd, select, 0" trim	0
10129	Beef, chuck blade roast, brsd, select, 1/4" trim	0
10844	Beef, chuck blade roast, brsd, select, 1/8" trim	0
10286	Beef, chuck blade roast, lean, brsd, 0" trim	0
10054	Beef, chuck blade roast, lean, brsd, 1/4" trim	0
10287	Beef, chuck blade roast, lean, brsd, choice, 0" trim	0
10001	Beef, chuck blade roast, lean, brsd, choice, 1/4" trim	0
10543	Beef, chuck blade roast, lean, brsd, prime, 1/2" trim	0
10288	Beef, chuck blade roast, lean, brsd, select, 0" trim	0
10130	Beef, chuck blade roast, lean, brsd, select, 1/4" trim	0
10536	Beef, chuck blade roast, lean, raw, 1/4" trim	0
10538	Beef, chuck blade roast, lean, raw, choice, 1/4" trim	0
10542	Beef, chuck blade roast, lean, raw, prime, 1/2" trim	0
10540	Beef, chuck blade roast, lean, raw, select, 1/4" trim	0
10124	Beef, chuck blade roast, raw, 1/4" trim	0
10839	Beef, chuck blade roast, raw, 1/8" trim	0
10126	Beef, chuck blade roast, raw, choice, 1/4" trim	0
10841	Beef, chuck blade roast, raw, choice, 1/8" trim	0
10534	Beef, chuck blade roast, raw, prime, 1/2" trim	0
10128	Beef, chuck blade roast, raw, select, 1/4" trim	0
10843	Beef, chuck blade roast, raw, select, 1/8" trim	0
58040	Beef, chuck clod roast, lean, raw, 1/4" trim	0
58030	Beef, chuck clod roast, lean, raw, choice, 1/4" trim	0
58033	Beef, chuck clod roast, lean, raw, select, 1/4" trim	0
58041	Beef, chuck clod roast, lean, rstd, 0" trim	0
58042	Beef, chuck clod roast, lean, rstd, 1/4" trim	0
58031	Beef, chuck clod roast, lean, rstd, choice, 0" trim	0
58032	Beef, chuck clod roast, lean, rstd, choice, 1/4" trim	0
58034	Beef, chuck clod roast, lean, rstd, select, 0" trim	0
58035	Beef, chuck clod roast, lean, rstd, select, 1/4" trim	0

58049	Beef, chuck clod roast, raw, 1/4" trim	0
58043	Beef, chuck clod roast, raw, choice, 1/4" trim	0
58046	Beef, chuck clod roast, raw, select, 1/4" trim	0
58050	Beef, chuck clod roast, rstd, 0" trim	0
58051	Beef, chuck clod roast, rstd, 1/4" trim	0
58044	Beef, chuck clod roast, rstd, choice, 0" trim	0
58045	Beef, chuck clod roast, rstd, choice, 1/4" trim	0
58047	Beef, chuck clod roast, rstd, select, 0" trim	0
58048	Beef, chuck clod roast, rstd, select, 1/4" trim	0
58473	Beef, chuck clod shldr medallion, lean, grld, select, 0"trim	0
58474	Beef, chuck clod shldr medallion, lean, raw, 0" trim	0
58461	Beef, chuck clod shldr medallion, lean, raw, choice, 0" trim	0
58460	Beef, chuck clod shldr medallion, lean, raw, select, 0" trim	0
58476	Beef, chuck clod shldr medallion, raw, choice, 0" trim	0
58475	Beef, chuck clod shldr medallion, raw, select, 0" trim	0
58505	Beef, chuck clod shldr top blade steak, lean, raw, 0" trim	0
58507	Beef, chuck clod shldr top blade steak, raw, 0" trim,	0
58467	Beef, chuck clod shldr top blade steak, raw, choice, 0" trim	0
58429	Beef, chuck clod shldr top blade steak, raw, select, 0" trim	0
58466	Beef, chuck clod shldr top blade, lean, grld, select, 0"trim	0
58504	Beef, chuck clod shldr top blade, lean, raw, choice, 0" trim	0
58503	Beef, chuck clod shldr top blade, lean, raw, select, 0" trim	0
58462	Beef, chuck clod shldr top center steak raw, select, 0" trim	0
58468	Beef, chuck clod shldr top center steak, grld, choice,0"trim	0
58432	Beef, chuck clod shldr top center steak, lean, raw, 0" trim	0
58506	Beef, chuck clod shldr top center steak, raw, choice, 0"trim	0
58430	Beef, chuck clod shldr top center, lean, grld, choice,0"trim	0
58434	Beef, chuck clod shldr top center, lean, raw, choice 0"trim	0
58431	Beef, chuck clod shldr top center, lean, raw, select, 0"trim	0
58433	Beef, chuck clod shldr top center, lean, select,grld, 0"trim	0
58477	Beef, chuck clod shoulder mdln, lean, grld, 0" trim	0
58484	Beef, chuck clod shoulder mdln, lean, grld, choice, 0" trim	0
58483	Beef, chuck clod shoulder mdln, lean, grld, select, 0"trim	0
58481	Beef, chuck clod shoulder medallion, grilled, 0" trim	0
58478	Beef, chuck clod shoulder medallion, grld, choice, 0" trim	0
58480	Beef, chuck clod shoulder medallion, lean, raw, 0" trim	0
58103	Beef, chuck clod steak, brsd, 0" trim	0
58104	Beef, chuck clod steak, brsd, 1/4" trim	0
58087	Beef, chuck clod steak, brsd, choice, 0" trim	0
58088	Beef, chuck clod steak, brsd, choice, 1/4" trim	0
58090	Beef, chuck clod steak, brsd, select, 0" trim	0
58091	Beef, chuck clod steak, brsd, select, 1/4" trim	0
58076	Beef, chuck clod steak, lean, brsd, 0" trim	0
58077	Beef, chuck clod steak, lean, brsd, 1/4" trim	0
58053	Beef, chuck clod steak, lean, brsd, choice, 0" trim	0
58054	Beef, chuck clod steak, lean, brsd, choice, 1/4" trim	0
58056	Beef, chuck clod steak, lean, brsd, select, 0" trim	0
58057	Beef, chuck clod steak, lean, brsd, select, 1/4" trim	0
58078	Beef, chuck clod steak, lean, raw, 1/4" trim	0
58052	Beef, chuck clod steak, lean, raw, choice, 1/4" trim	0
58055	Beef, chuck clod steak, lean, raw, select, 1/4" trim	0
58105	Beef, chuck clod steak, raw, 1/4" trim	0
58089	Beef, chuck clod steak, raw, choice, 1/4" trim	0
58092	Beef, chuck clod steak, raw, select, 1/4" trim	0
58463	Beef, chuck clod top blade steak, grilled, 0" trim	0
58472	Beef, chuck clod top blade steak, grld, choice, 0" trim	0

58471	Beef, chuck clod top blade steak, grld, select, 0" trim	0
58470	Beef, chuck clod top blade steak, lean, grld, 0" trim	0
58469	Beef, chuck clod top blade steak, lean, grld, choice, 0"trim	0
58479	Beef, chuck clod top center steak, grilled, 0" trim	0
58482	Beef, chuck clod top center steak, grilled, select, 0" trim	0
58464	Beef, chuck clod top center steak, lean, grilled, 0" trim	0
58465	Beef, chuck clod top center steak, raw, 0" trim	0
58099	Beef, chuck tender steak, brld, 0" trim	0
58079	Beef, chuck tender steak, brld, choice, 0" trim	0
58081	Beef, chuck tender steak, brld, select, 0" trim	0
58072	Beef, chuck tender steak, lean, brld, 0" trim	0
58059	Beef, chuck tender steak, lean, brld, choice, 0" trim	0
58061	Beef, chuck tender steak, lean, brld, select, 0" trim	0
58073	Beef, chuck tender steak, lean, raw, 1/4" trim	0
58058	Beef, chuck tender steak, lean, raw, choice, 1/4" trim	0
58060	Beef, chuck tender steak, lean, raw, select, 1/4" trim	0
58100	Beef, chuck tender steak, raw, 1/4" trim	0
58080	Beef, chuck tender steak, raw, choice, 1/4" trim	0
58082	Beef, chuck tender steak, raw, select, 1/4" trim	0
58101	Beef, chuck top blade, brld, 0" trim	0
58083	Beef, chuck top blade, brld, choice, 0" trim	0
58085	Beef, chuck top blade, brld, select, 0" trim	0
58074	Beef, chuck top blade, lean, brld, 0" trim	0
58063	Beef, chuck top blade, lean, brld, choice, 0" trim	0
58065	Beef, chuck top blade, lean, brld, select, 0" trim	0
58075	Beef, chuck top blade, lean, raw, 1/4" trim	0
58062	Beef, chuck top blade, lean, raw, choice, 1/4" trim	0
58064	Beef, chuck top blade, lean, raw, select, 1/4" trim	0
58102	Beef, chuck top blade, raw, 1/4" trim	0
58084	Beef, chuck top blade, raw, choice, 1/4" trim	0
58086	Beef, chuck top blade, raw, select, 1/4" trim	0
47441	Beef, chuck, ground, extra lean, raw	0
10008	Beef, corned, cured, cnd, slices	0
28134	Beef, corned, deli meat	0
11622	Beef, cube steak, deluxe, homestyle, fzn, 4oz, FS	0
11613	Beef, cube steak, fzn, 4oz, FS	0
11630	Beef, cube steak, fzn, 5.3oz, FS	0
11655	Beef, cube steak, homestyle, fzn, 3oz, FS	0
11646	Beef, cubed steak, special, fzn, 4oz, FS	0
10734	Beef, cubed, w/broth, FS	0
11631	Beef, cubes, fzn, 4oz, FS	0
57840	Beef, diced, ckd, freeze dried, cnd	0
8688	Beef, drippings	0
47444	Beef, filet mignon, extra lean, raw	0
58253	Beef, flank steak, london broil, brld, 0" trim	0
10955	Beef, flank steak, london broil, brld, choice, 0" trim	0
58254	Beef, flank steak, london broil, brld, select, 0" trim	0
58346	Beef, flank steak, london broil, lean, brld, 0" trim	0
10020	Beef, flank steak, london broil, lean, brld, choice, 0" trim	0
58347	Beef, flank steak, london broil, lean, brld, select, 0" trim	0
10956	Beef, flank steak, london broil, lean, brsd, choice, 0" trim	0
58348	Beef, flank steak, london broil, lean, raw, 0" trim	0
10547	Beef, flank steak, london broil, lean, raw, choice, 0" trim	0
58349	Beef, flank steak, london broil, lean, raw, select, 0" trim	0
58267	Beef, flank steak, london broil, raw, 0" trim	0
10544	Beef, flank steak, london broil, raw, choice, 0" trim	0

58268	Beef, flank steak, london broil, raw, select, 0" trim	0
47445	Beef, ground, extra lean, raw	0
58112	Beef, ground, hamburger patty, brld, 10% fat	0
58117	Beef, ground, hamburger patty, brld, 15% fat	0
58122	Beef, ground, hamburger patty, brld, 20% fat	0
58127	Beef, ground, hamburger patty, brld, 25% fat	0
58377	Beef, ground, hamburger patty, brld, 30% fat	0
58107	Beef, ground, hamburger patty, brld, 5% fat	0
58113	Beef, ground, hamburger patty, pan brld, 10% fat	0
58118	Beef, ground, hamburger patty, pan brld, 15% fat	0
58123	Beef, ground, hamburger patty, pan brld, 20% fat	0
58128	Beef, ground, hamburger patty, pan brld, 25% fat	0
58378	Beef, ground, hamburger patty, pan brld, 30% fat	0
58108	Beef, ground, hamburger patty, pan brld, 5% fat	0
10465	Beef, ground, hamburger patty, raw, fzn, 23% fat	0
58115	Beef, ground, hamburger, bkd, 10% fat	0
58120	Beef, ground, hamburger, bkd, 15% fat	0
58125	Beef, ground, hamburger, bkd, 20% fat	0
58130	Beef, ground, hamburger, bkd, 25% fat	0
58379	Beef, ground, hamburger, bkd, 30% fat	0
58110	Beef, ground, hamburger, bkd, 5% fat	0
58114	Beef, ground, hamburger, pan browned, 10% fat	0
58119	Beef, ground, hamburger, pan browned, 15% fat	0
58124	Beef, ground, hamburger, pan browned, 20% fat	0
58129	Beef, ground, hamburger, pan browned, 25% fat	0
58380	Beef, ground, hamburger, pan browned, 30% fat	0
58109	Beef, ground, hamburger, pan browned, 5% fat	0
58111	Beef, ground, hamburger, raw, 10% fat	0
58116	Beef, ground, hamburger, raw, 15% fat	0
58121	Beef, ground, hamburger, raw, 20% fat	0
58126	Beef, ground, hamburger, raw, 25% fat	0
58376	Beef, ground, hamburger, raw, 30% fat	0
58106	Beef, ground, hamburger, raw, 5% fat	0
10466	Beef, ground, patty, brld f/fzn, 20% fat	0
11677	Beef, ground, patty, fzn, .89oz, FS	0
11626	Beef, ground, patty, fzn, 2oz, FS	0
11653	Beef, ground, patty, fzn, 4oz, FS	0
11647	Beef, ground, slab, fzn, 4oz, FS	0
11495	Beef, ground, USDA, bulk/coarse, ckd f/fzn	0
11499	Beef, ground, USDA, bulk/coarse, raw, fzn	0
10034	Beef, kidney, ckd	0
10474	Beef, lungs, brsd	0
10473	Beef, lungs, raw	0
10475	Beef, mechanically separated, average, raw	0
11603	Beef, mince, raw, INTL	0
10731	Beef, oxtail, lean, stwd, salted	0
10477	Beef, pancreas, brsd	0
10476	Beef, pancreas, raw	0
11498	Beef, patty, USDA, raw, fzn	0
10792	Beef, porterhouse steak, brld, 0" trim	0
10791	Beef, porterhouse steak, brld, 1/4" trim	0
11487	Beef, porterhouse steak, brld, 1/8" trim	0
10793	Beef, porterhouse steak, brld, choice, 0" trim	0
10228	Beef, porterhouse steak, brld, choice, 1/4" trim	0
10920	Beef, porterhouse steak, brld, choice, 1/8" trim	0
10796	Beef, porterhouse steak, brld, select, 0" trim	0

10795	Beef, porterhouse steak, brld, select, 1/4" trim	0
11489	Beef, porterhouse steak, brld, select, 1/8" trim	0
10799	Beef, porterhouse steak, lean, brld, 0" trim	0
10798	Beef, porterhouse steak, lean, brld, 1/4" trim	0
10800	Beef, porterhouse steak, lean, brld, choice, 0" trim	0
10028	Beef, porterhouse steak, lean, brld, choice, 1/4" trim	0
10803	Beef, porterhouse steak, lean, brld, select, 0" trim	0
10802	Beef, porterhouse steak, lean, brld, select, 1/4" trim	0
10797	Beef, porterhouse steak, lean, raw, 1/4" trim	0
10687	Beef, porterhouse steak, lean, raw, choice, 1/4" trim	0
10801	Beef, porterhouse steak, lean, raw, select, 1/4" trim	0
10790	Beef, porterhouse steak, raw, 1/4" trim	0
11486	Beef, porterhouse steak, raw, 1/8" trim	0
10227	Beef, porterhouse steak, raw, choice, 1/4" trim	0
10919	Beef, porterhouse steak, raw, choice, 1/8" trim	0
10794	Beef, porterhouse steak, raw, select, 1/4" trim	0
11488	Beef, porterhouse steak, raw, select, 1/8" trim	0
11407	Beef, prime rib, brld, 1/8" trim	0
11406	Beef, prime rib, raw, 1/8" trim	0
11408	Beef, prime rib, rstd, 1/8" trim	0
11615	Beef, pub burger, fzn, 4oz, FS	0
47438	Beef, puree, FS	0
58257	Beef, rib eye steak, brld, 0" trim	0
10572	Beef, rib eye steak, brld, choice, 0" trim	0
58256	Beef, rib eye steak, brld, select, 0" trim	0
10706	Beef, rib eye steak, lean, brld, choice, 0" trim	0
58249	Beef, rib eye steak, lean, brld, select, 0" trim	0
47141	Beef, rib eye steak, lean, raw	0
10960	Beef, rib eye steak, lean, raw, choice, 0" trim	0
10571	Beef, rib eye steak, raw, choice, 0" trim	0
10954	Beef, rib pot roast, brld, 1/4" trim	0
11386	Beef, rib pot roast, brld, 1/8" trim	0
10959	Beef, rib pot roast, brld, choice, 1/4" trim	0
11389	Beef, rib pot roast, brld, choice, 1/8" trim	0
11305	Beef, rib pot roast, brld, prime, 1/2" trim	0
10968	Beef, rib pot roast, brld, prime, 1/4" trim	0
11395	Beef, rib pot roast, brld, prime, 1/8" trim	0
10965	Beef, rib pot roast, brld, select, 1/4" trim	0
11392	Beef, rib pot roast, brld, select, 1/8" trim	0
10971	Beef, rib pot roast, lean, brld, 1/4" trim	0
10973	Beef, rib pot roast, lean, brld, choice, 1/4" trim	0
11313	Beef, rib pot roast, lean, brld, prime, 1/2" trim	0
10979	Beef, rib pot roast, lean, brld, prime, 1/4" trim	0
10976	Beef, rib pot roast, lean, brld, select, 1/4" trim	0
10970	Beef, rib pot roast, lean, raw, 1/4" trim	0
10972	Beef, rib pot roast, lean, raw, choice, 1/4" trim	0
10978	Beef, rib pot roast, lean, raw, prime, 1/4" trim	0
10975	Beef, rib pot roast, lean, raw, select, 1/4" trim	0
11228	Beef, rib pot roast, lean, rstd, 0" trim	0
10055	Beef, rib pot roast, lean, rstd, 1/4" trim	0
11229	Beef, rib pot roast, lean, rstd, choice, 0" trim	0
10974	Beef, rib pot roast, lean, rstd, choice, 1/4" trim	0
11314	Beef, rib pot roast, lean, rstd, prime, 1/2" trim	0
10980	Beef, rib pot roast, lean, rstd, prime, 1/4" trim	0
11230	Beef, rib pot roast, lean, rstd, select, 0" trim	0
10977	Beef, rib pot roast, lean, rstd, select, 1/4" trim	0

10961	Beef, rib pot roast, raw, 1/4" trim	0
11385	Beef, rib pot roast, raw, 1/8" trim	0
10962	Beef, rib pot roast, raw, choice, 1/4" trim	0
11388	Beef, rib pot roast, raw, choice, 1/8" trim	0
11304	Beef, rib pot roast, raw, prime, 1/2" trim	0
10967	Beef, rib pot roast, raw, prime, 1/4" trim	0
11394	Beef, rib pot roast, raw, prime, 1/8" trim	0
10964	Beef, rib pot roast, raw, select, 1/4" trim	0
11391	Beef, rib pot roast, raw, select, 1/8" trim	0
11387	Beef, rib pot roast, rstd, 1/8" trim	0
11226	Beef, rib pot roast, rstd, choice, 0" trim	0
10963	Beef, rib pot roast, rstd, choice, 1/4" trim	0
11390	Beef, rib pot roast, rstd, choice, 1/8" trim	0
11306	Beef, rib pot roast, rstd, prime, 1/2" trim	0
10969	Beef, rib pot roast, rstd, prime, 1/4" trim	0
11396	Beef, rib pot roast, rstd, prime, 1/8" trim	0
11227	Beef, rib pot roast, rstd, select, 0" trim	0
10966	Beef, rib pot roast, rstd, select, 1/4" trim	0
11393	Beef, rib pot roast, rstd, select, 1/8" trim	0
11231	Beef, rib steak, brld, 0" trim	0
58391	Beef, rib steak, brld, 1/8" trim	0
11232	Beef, rib steak, brld, choice, 0" trim	0
11401	Beef, rib steak, brld, choice, 1/8" trim	0
11325	Beef, rib steak, brld, prime, 1/2" trim	0
10990	Beef, rib steak, brld, prime, 1/4" trim	0
10297	Beef, rib steak, brld, select, 0" trim	0
11404	Beef, rib steak, brld, select, 1/8" trim	0
11233	Beef, rib steak, lean, brld, 0" trim	0
11234	Beef, rib steak, lean, brld, choice, 0" trim	0
58324	Beef, rib steak, lean, brld, choice, 1/8" trim	0
11333	Beef, rib steak, lean, brld, prime, 1/2" trim	0
11123	Beef, rib steak, lean, brld, prime, 1/4" trim	0
11235	Beef, rib steak, lean, brld, select, 0" trim	0
58294	Beef, rib steak, lean, brld, select, 1/8" trim	0
58363	Beef, rib steak, lean, brld, 1/8" trim	0
58305	Beef, rib steak, lean, raw, 1/8" trim	0
58322	Beef, rib steak, lean, raw, choice, 1/8" trim	0
10620	Beef, rib steak, lean, raw, prime, 1/4" trim	0
58291	Beef, rib steak, lean, raw, select, 1/8" trim	0
10952	Beef, rib steak, lean, rstd, 1/4" trim	0
10995	Beef, rib steak, lean, rstd, choice, 1/4" trim	0
11334	Beef, rib steak, lean, rstd, prime, 1/2" trim	0
11124	Beef, rib steak, lean, rstd, prime, 1/4" trim	0
10998	Beef, rib steak, lean, rstd, select, 1/4" trim	0
11397	Beef, rib steak, raw, 1/8" trim	0
11400	Beef, rib steak, raw, choice, 1/8" trim	0
11324	Beef, rib steak, raw, prime, 1/2" trim	0
10989	Beef, rib steak, raw, prime, 1/4" trim	0
11403	Beef, rib steak, raw, select, 1/8" trim	0
10983	Beef, rib steak, rstd, 1/4" trim	0
11399	Beef, rib steak, rstd, 1/8" trim	0
10986	Beef, rib steak, rstd, choice, 1/4" trim	0
11402	Beef, rib steak, rstd, choice, 1/8" trim	0
11326	Beef, rib steak, rstd, prime, 1/2" trim	0
10991	Beef, rib steak, rstd, prime, 1/4" trim	0
10988	Beef, rib steak, rstd, select, 1/4" trim	0

11405	Beef, rib steak, rstd, select, 1/8" trim	0
58304	Beef, round eye roast, lean, raw, 1/8" trim	0
58315	Beef, round eye roast, lean, raw, choice, 1/8" trim	0
11351	Beef, round eye roast, lean, raw, prime, 1/2" trim	0
58332	Beef, round eye roast, lean, raw, select, 1/8" trim	0
11257	Beef, round eye roast, lean, rstd, 0" trim	0
58373	Beef, round eye roast, lean, rstd, 1/8" trim	0
11258	Beef, round eye roast, lean, rstd, choice, 0" trim	0
58319	Beef, round eye roast, lean, rstd, choice, 1/8" trim	0
11352	Beef, round eye roast, lean, rstd, prime, 1/2" trim	0
11259	Beef, round eye roast, lean, rstd, select, 0" trim	0
58298	Beef, round eye roast, lean, rstd, select, 1/8" trim	0
10895	Beef, round eye roast, raw, 1/8" trim	0
10897	Beef, round eye roast, raw, choice, 1/8" trim	0
11346	Beef, round eye roast, raw, prime, 1/2" trim	0
10899	Beef, round eye roast, raw, select, 1/8" trim	0
11254	Beef, round eye roast, rstd, 0" trim	0
58393	Beef, round eye roast, rstd, 1/8" trim	0
11255	Beef, round eye roast, rstd, choice, 0" trim	0
10898	Beef, round eye roast, rstd, choice, 1/8" trim	0
11347	Beef, round eye roast, rstd, prime, 1/2" trim	0
11256	Beef, round eye roast, rstd, select, 0" trim	0
10900	Beef, round eye roast, rstd, select, 1/8" trim	0
58425	Beef, round knuckle center steak, grilled, 0" trim	0
58424	Beef, round knuckle center steak, grilled, choice, 0" trim	0
58427	Beef, round knuckle center steak, grilled, select, 0" trim	0
58426	Beef, round knuckle center steak, lean, grilled, 0" trim	0
58499	Beef, round knuckle center steak, lean, grld, choice, 0"trim	0
58497	Beef, round knuckle center steak, lean, grld, select, 0"trim	0
58498	Beef, round knuckle center steak, lean, raw, choice, 0" trim	0
58496	Beef, round knuckle center steak, lean, raw, select, 0" trim	0
58502	Beef, round knuckle center steak, raw, 0" trim	0
58501	Beef, round knuckle center steak, raw, choice, 0" trim	0
58500	Beef, round knuckle center steak, raw, select, 0" trim	0
58428	Beef, round knuckle side steak, grilled, 0" trim	0
58423	Beef, round knuckle side steak, grilled, choice, 0" trim	0
58421	Beef, round knuckle side steak, grilled, lean, 0" trim	0
58422	Beef, round knuckle side steak, grilled, select, 0" trim	0
58490	Beef, round knuckle side steak, lean, grld, choice, 0" trim	0
58488	Beef, round knuckle side steak, lean, grld, select, 0" trim	0
58491	Beef, round knuckle side steak, lean, raw, 0" trim	0
58489	Beef, round knuckle side steak, lean, raw, choice, 0" trim	0
58495	Beef, round knuckle side steak, lean, raw, select, 0" trim	0
58493	Beef, round knuckle side steak, raw, 0" trim	0
58492	Beef, round knuckle side steak, raw, choice, 0" trim	0
58494	Beef, round knuckle side steak, raw, select, 0" trim	0
58486	Beef, round outside bottom steak, lean, raw, choice 0" trim	0
58485	Beef, round outside bottom steak, lean, raw, select, 0" trim	0
58487	Beef, round outside bottom steak, raw, select, 0" trim	0
10671	Beef, round roast, brld, choice, 1/4" trim	0
10883	Beef, round roast, brld, choice, 1/8" trim	0
10189	Beef, round roast, brld, select, 1/4" trim	0
10885	Beef, round roast, brld, select, 1/8" trim	0
10617	Beef, round roast, lean, brld, choice, 1/4" trim	0
10190	Beef, round roast, lean, brld, select, 1/4" trim	0
10629	Beef, round roast, lean, raw, choice, 1/4" trim	0

10631	Beef, round roast, lean, raw, select, 1/4" trim	0
10187	Beef, round roast, raw, choice, 1/4" trim	0
10882	Beef, round roast, raw, choice, 1/8" trim	0
10188	Beef, round roast, raw, select, 1/4" trim	0
10884	Beef, round roast, raw, select, 1/8" trim	0
58343	Beef, round tip roast, lean, raw, 0" trim	0
11151	Beef, round tip roast, lean, raw, 1/4" trim	0
58344	Beef, round tip roast, lean, raw, choice, 0" trim	0
11152	Beef, round tip roast, lean, raw, choice, 1/4" trim	0
11156	Beef, round tip roast, lean, raw, prime, 1/4" trim	0
58345	Beef, round tip roast, lean, raw, select, 0" trim	0
11154	Beef, round tip roast, lean, raw, select, 1/4" trim	0
11263	Beef, round tip roast, lean, rstd, 0" trim	0
10058	Beef, round tip roast, lean, rstd, 1/4" trim	0
11264	Beef, round tip roast, lean, rstd, choice, 0" trim	0
11153	Beef, round tip roast, lean, rstd, choice, 1/4" trim	0
11364	Beef, round tip roast, lean, rstd, prime, 1/2" trim	0
11157	Beef, round tip roast, lean, rstd, prime, 1/4" trim	0
11265	Beef, round tip roast, lean, rstd, select, 0" trim	0
11155	Beef, round tip roast, lean, rstd, select, 1/4" trim	0
58245	Beef, round tip roast, raw, 0" trim	0
11359	Beef, round tip roast, raw, 1/2" trim	0
11143	Beef, round tip roast, raw, 1/4" trim	0
10901	Beef, round tip roast, raw, 1/8" trim	0
58246	Beef, round tip roast, raw, choice, 0" trim	0
10203	Beef, round tip roast, raw, choice, 1/4" trim	0
10903	Beef, round tip roast, raw, choice, 1/8" trim	0
11149	Beef, round tip roast, raw, prime, 1/4" trim	0
58247	Beef, round tip roast, raw, select, 0" trim	0
11147	Beef, round tip roast, raw, select, 1/4" trim	0
10905	Beef, round tip roast, raw, select, 1/8" trim	0
11260	Beef, round tip roast, rstd, 0" trim	0
11144	Beef, round tip roast, rstd, 1/4" trim	0
10902	Beef, round tip roast, rstd, 1/8" trim	0
11261	Beef, round tip roast, rstd, choice, 0" trim	0
11146	Beef, round tip roast, rstd, choice, 1/4" trim	0
10904	Beef, round tip roast, rstd, choice, 1/8" trim	0
11360	Beef, round tip roast, rstd, prime, 1/2" trim	0
10208	Beef, round tip roast, rstd, prime, 1/4" trim	0
10327	Beef, round tip roast, rstd, select, 0" trim	0
11148	Beef, round tip roast, rstd, select, 1/4" trim	0
10906	Beef, round tip roast, rstd, select, 1/8" trim	0
47140	Beef, round, ground, extra lean, raw	0
57891	Beef, sandwich steak, formed & thinly sliced, raw, 14oz pkg	0
10686	Beef, shank, crosscut, lean, raw, 1/4" trim	0
10225	Beef, shank, crosscut, lean, simmered, choice, 1/4" trim	0
10223	Beef, shank, crosscut, raw, choice, 1/4" trim	0
10224	Beef, shank, crosscut, simmered, choice, 1/4" trim	0
10624	Beef, short ribs, brsd, choice, 1/4" trim	0
10026	Beef, short ribs, lean, brsd, choice, 1/4" trim	0
10625	Beef, short ribs, lean, raw, choice, 1/4" trim	0
10623	Beef, short ribs, raw, choice, 1/4" trim	0
11446	Beef, sirloin strip steak, raw, select, 1/8" trim	0
11658	Beef, sirloin, chpd, fzn, 4oz, FS	0
47440	Beef, sirloin, ground, extra lean, raw	0
58094	Beef, skirt steak, brld, 0" trim	0

58067	Beef, skirt steak, inside, lean, brld, 0" trim	0
58066	Beef, skirt steak, inside, lean, raw, 1/4" trim	0
58093	Beef, skirt steak, inside, raw, 1/4" trim	0
58095	Beef, skirt steak, outside, brld, 0" trim	0
58069	Beef, skirt steak, outside, lean, brld, 0" trim	0
58068	Beef, skirt steak, outside, lean, raw, 1/4" trim	0
58096	Beef, skirt steak, outside, raw, 1/4" trim	0
10479	Beef, spleen, brsd	0
10478	Beef, spleen, raw	0
58270	Beef, standing rib roast, raw, choice, 0" trim	0
10875	Beef, standing rib roast, rstd, choice, 1/8" trim	0
11616	Beef, steak, chpd, fzn, 5.3oz, FS	0
11654	Beef, steak, chpd, ultra thick, fzn, 4oz, FS	0
11619	Beef, steak, luncheon cut, fzn, 3oz, FS	0
11620	Beef, stew meat, cubes, fzn, 4oz, FS	0
11645	Beef, stew meat, fzn, 4oz, FS	0
10480	Beef, suet, raw	0
10806	Beef, T-bone steak, brld, 0" trim	0
10805	Beef, T-bone steak, brld, 1/4" trim	0
11491	Beef, T-bone steak, brld, 1/8" trim	0
10807	Beef, T-bone steak, brld, choice, 0" trim	0
10006	Beef, T-bone steak, brld, choice, 1/4" trim	0
10922	Beef, T-bone steak, brld, choice, 1/8" trim	0
10810	Beef, T-bone steak, brld, select, 0" trim	0
10809	Beef, T-bone steak, brld, select, 1/4" trim	0
11493	Beef, T-bone steak, brld, select, 1/8" trim	0
38658	Beef, T-bone steak, entree	0
10813	Beef, T-bone steak, lean, brld, 0" trim	0
10812	Beef, T-bone steak, lean, brld, 1/4" trim	0
10814	Beef, T-bone steak, lean, brld, choice, 0" trim	0
10007	Beef, T-bone steak, lean, brld, choice, 1/4" trim	0
10817	Beef, T-bone steak, lean, brld, select, 0" trim	0
10816	Beef, T-bone steak, lean, brld, select, 1/4" trim	0
10811	Beef, T-bone steak, lean, raw, 1/4" trim	0
57952	Beef, T-bone steak, lean, raw, choice, 1/4" trim	0
10815	Beef, T-bone steak, lean, raw, select, 1/4" trim	0
10804	Beef, T-bone steak, raw, 1/4" trim	0
11490	Beef, T-bone steak, raw, 1/8" trim	0
10688	Beef, T-bone steak, raw, choice, 1/4" trim	0
10921	Beef, T-bone steak, raw, choice, 1/8" trim	0
10808	Beef, T-bone steak, raw, select, 1/4" trim	0
11492	Beef, T-bone steak, raw, select, 1/8" trim	0
47443	Beef, tenderloin, extra lean, raw	0
11278	Beef, tenderloin, filet mignon, brld, 0" trim	0
58395	Beef, tenderloin, filet mignon, brld, 1/8" trim	0
10789	Beef, tenderloin, filet mignon, brld, choice, 0" trim	0
10935	Beef, tenderloin, filet mignon, brld, choice, 1/8" trim	0
11185	Beef, tenderloin, filet mignon, brld, prime 1/4" trim	0
11367	Beef, tenderloin, filet mignon, brld, prime, 1/2" trim	0
10941	Beef, tenderloin, filet mignon, brld, prime, 1/8" trim	0
11279	Beef, tenderloin, filet mignon, brld, select, 0" trim	0
10938	Beef, tenderloin, filet mignon, brld, select, 1/8" trim	0
11280	Beef, tenderloin, filet mignon, lean, brld, 0" trim	0
58372	Beef, tenderloin, filet mignon, lean, brld, 1/8" trim	0
10347	Beef, tenderloin, filet mignon, lean, brld, choice, 0" trim	0
58326	Beef, tenderloin, filet mignon, lean, brld, choice, 1/8"trim	0

11369	Beef, tenderloin, filet mignon, lean, brld, prime 1/2" trim	0
11196	Beef, tenderloin, filet mignon, lean, brld, prime, 1/4" trim	0
11282	Beef, tenderloin, filet mignon, lean, brld, select, 0" trim	0
58295	Beef, tenderloin, filet mignon, lean, brld, select, 1/8"trim	0
58306	Beef, tenderloin, filet mignon, lean, raw, 1/8" trim	0
58323	Beef, tenderloin, filet mignon, lean, raw, choice, 1/8" trim	0
11195	Beef, tenderloin, filet mignon, lean, raw, prime, 1/4" trim	0
58292	Beef, tenderloin, filet mignon, lean, raw, select, 1/8" trim	0
11188	Beef, tenderloin, filet mignon, lean, rstd, 1/4" trim	0
11191	Beef, tenderloin, filet mignon, lean, rstd, choice 1/4" trim	0
11370	Beef, tenderloin, filet mignon, lean, rstd, prime, 1/2" trim	0
11197	Beef, tenderloin, filet mignon, lean, rstd, prime, 1/4" trim	0
11194	Beef, tenderloin, filet mignon, lean, rstd, select 1/4" trim	0
11450	Beef, tenderloin, filet mignon, raw, 1/8" trim	0
11453	Beef, tenderloin, filet mignon, raw, choice, 1/8" trim	0
11184	Beef, tenderloin, filet mignon, raw, prime 1/4" trim	0
10410	Beef, tenderloin, filet mignon, raw, prime, 1/2" trim	0
11459	Beef, tenderloin, filet mignon, raw, prime, 1/8" trim	0
11456	Beef, tenderloin, filet mignon, raw, select, 1/8" trim	0
11177	Beef, tenderloin, filet mignon, rstd, 1/4" trim	0
10933	Beef, tenderloin, filet mignon, rstd, 1/8" trim	0
11180	Beef, tenderloin, filet mignon, rstd, choice, 1/4" trim	0
10936	Beef, tenderloin, filet mignon, rstd, choice, 1/8" trim	0
11368	Beef, tenderloin, filet mignon, rstd, prime, 1/2" trim	0
11186	Beef, tenderloin, filet mignon, rstd, prime, 1/4" trim	0
10942	Beef, tenderloin, filet mignon, rstd, prime, 1/8" trim	0
11183	Beef, tenderloin, filet mignon, rstd, select, 1/4" trim	0
10939	Beef, tenderloin, filet mignon, rstd, select, 1/8" trim	0
10482	Beef, thymus, brsd	0
10481	Beef, thymus, raw	0
10011	Beef, tongue, ckd	0
11198	Beef, top loin, strip steak, raw, 1/4" trim	0
47442	Beef, top loin steak, lean, raw	0
58293	Beef, top loin strip steak, lean, raw, select, 1/8" trim	0
11283	Beef, top loin, strip steak, brld, 0" trim	0
10924	Beef, top loin, strip steak, brld, 1/8" trim	0
11284	Beef, top loin, strip steak, brld, choice, 0" trim	0
10926	Beef, top loin, strip steak, brld, choice, 1/8" trim	0
10420	Beef, top loin, strip steak, brld, prime, 1/2" trim	0
11205	Beef, top loin, strip steak, brld, prime, 1/4" trim	0
10930	Beef, top loin, strip steak, brld, prime, 1/8" trim	0
11285	Beef, top loin, strip steak, brld, select, 0" trim	0
10928	Beef, top loin, strip steak, brld, select, 1/8" trim	0
11286	Beef, top loin, strip steak, lean, brld, 0" trim	0
58369	Beef, top loin, strip steak, lean, brld, 1/8" trim	0
11287	Beef, top loin, strip steak, lean, brld, choice, 0" trim	0
58328	Beef, top loin, strip steak, lean, brld, choice, 1/8" trim	0
11382	Beef, top loin, strip steak, lean, brld, prime, 1/2" trim	0
11212	Beef, top loin, strip steak, lean, brld, prime, 1/4" trim	0
11288	Beef, top loin, strip steak, lean, brld, select, 0" trim	0
58296	Beef, top loin, strip steak, lean, brld, select, 1/8" trim	0
58309	Beef, top loin, strip steak, lean, raw, 1/8" trim	0
58325	Beef, top loin, strip steak, lean, raw, choice, 1/8" trim	0
11211	Beef, top loin, strip steak, lean, raw, prime, 1/4" trim	0
11442	Beef, top loin, strip steak, raw, 1/8" trim	0
11444	Beef, top loin, strip steak, raw, choice, 1/8" trim	0

11377	Beef, top loin, strip steak, raw, prime, 1/2" trim	0
11204	Beef, top loin, strip steak, raw, prime, 1/4" trim	0
11448	Beef, top loin, strip steak, raw, prime, 1/8" trim	0
47436	Beef, top round roast, extra lean, raw	0
58264	Beef, top round steak, brld, 0" trim	0
58394	Beef, top round steak, brld, 1/8" trim	0
58265	Beef, top round steak, brld, choice, 0" trim	0
10912	Beef, top round steak, brld, choice, 1/8" trim	0
11478	Beef, top round steak, brld, prime, 1/2" trim	0
11166	Beef, top round steak, brld, prime, 1/4" trim	0
10918	Beef, top round steak, brld, prime, 1/8" trim	0
58266	Beef, top round steak, brld, select, 0" trim	0
10916	Beef, top round steak, brld, select, 1/8" trim	0
11267	Beef, top round steak, brsd, 0" trim	0
11266	Beef, top round steak, brsd, 1/4" trim	0
10908	Beef, top round steak, brsd, 1/8" trim	0
11269	Beef, top round steak, brsd, choice, 0" trim	0
11268	Beef, top round steak, brsd, choice, 1/4" trim	0
10911	Beef, top round steak, brsd, choice, 1/8" trim	0
11271	Beef, top round steak, brsd, select, 0" trim	0
11270	Beef, top round steak, brsd, select, 1/4" trim	0
10915	Beef, top round steak, brsd, select, 1/8" trim	0
47435	Beef, top round steak, extra lean, raw	0
11162	Beef, top round steak, fried, choice, 1/4" trim	0
58250	Beef, top round steak, lean, brld, 0" trim	0
58251	Beef, top round steak, lean, brld, choice, 0" trim	0
58320	Beef, top round steak, lean, brld, choice, 1/8" trim	0
11483	Beef, top round steak, lean, brld, prime, 1/2" trim	0
11174	Beef, top round steak, lean, brld, prime, 1/4" trim	0
58252	Beef, top round steak, lean, brld, select, 0" trim	0
58299	Beef, top round steak, lean, brld, select, 1/8" trim	0
58368	Beef, top round steak, lean, brld, 1/8" trim	0
10338	Beef, top round steak, lean, brsd, 0" trim	0
11272	Beef, top round steak, lean, brsd, 1/4" trim	0
10340	Beef, top round steak, lean, brsd, choice, 0" trim	0
10339	Beef, top round steak, lean, brsd, choice, 1/4" trim	0
11277	Beef, top round steak, lean, brsd, select, 0" trim	0
10341	Beef, top round steak, lean, brsd, select, 1/4" trim	0
11170	Beef, top round steak, lean, fried, choice, 1/4" trim	0
58310	Beef, top round steak, lean, raw, 1/8" trim	0
58316	Beef, top round steak, lean, raw, choice, 1/8" trim	0
11173	Beef, top round steak, lean, raw, prime, 1/4" trim	0
58333	Beef, top round steak, lean, raw, select, 1/8" trim	0
10913	Beef, top round steak, pan fried, choice, 1/8" trim	0
11430	Beef, top round steak, raw, 1/8" trim	0
11433	Beef, top round steak, raw, choice, 1/8" trim	0
11477	Beef, top round steak, raw, prime, 1/2" trim	0
11165	Beef, top round steak, raw, prime, 1/4" trim	0
11440	Beef, top round steak, raw, prime, 1/8" trim	0
11437	Beef, top round steak, raw, select, 1/8" trim	0
11289	Beef, top sirloin steak, brld, 0" trim	0
58396	Beef, top sirloin steak, brld, 1/8" trim	0
11209	Beef, top sirloin steak, brld, choice, 0" trim	0
10946	Beef, top sirloin steak, brld, choice, 1/8" trim	0
11291	Beef, top sirloin steak, brld, select, 0" trim	0
10949	Beef, top sirloin steak, brld, select, 1/8" trim	0

11217	Beef, top sirloin steak, fried, choice, 1/4" trim	0
11292	Beef, top sirloin steak, lean, brld, 0" trim	0
58367	Beef, top sirloin steak, lean, brld, 1/8" trim	0
11293	Beef, top sirloin steak, lean, brld, choice, 0" trim	0
58327	Beef, top sirloin steak, lean, brld, choice, 1/8" trim	0
11294	Beef, top sirloin steak, lean, brld, select, 0" trim	0
58374	Beef, top sirloin steak, lean, brld, select, 1/8" trim	0
11222	Beef, top sirloin steak, lean, fried, choice, 1/4" trim	0
47439	Beef, top sirloin steak, lean, raw	0
58311	Beef, top sirloin steak, lean, raw, 1/8" trim	0
58365	Beef, top sirloin steak, lean, raw, choice, 1/8" trim	0
58375	Beef, top sirloin steak, lean, raw, select, 1/8" trim	0
10947	Beef, top sirloin steak, pan fried, choice, 1/8" trim	0
10943	Beef, top sirloin steak, raw, 1/8" trim	0
10945	Beef, top sirloin steak, raw, choice, 1/8" trim	0
10948	Beef, top sirloin steak, raw, select, 1/8" trim	0
10018	Beef, tripe, raw	0
58036	Beef, tri-tip roast, loin, lean, rstd, 0" trim	0
58259	Beef, tri-tip roast, sirloin, raw, 0" trim	0
58261	Beef, tri-tip roast, sirloin, raw, choice, 0" trim	0
58263	Beef, tri-tip roast, sirloin, raw, select, 0" trim	0
58258	Beef, tri-tip roast, sirloin, rstd, 0" trim	0
58260	Beef, tri-tip roast, sirloin, rstd, choice, 0" trim	0
58262	Beef, tri-tip roast, sirloin, rstd, select, 0" trim	0
58098	Beef, tri-tip steak, loin, brld, 0" trim	0
58037	Beef, tri-tip steak, loin, lean, brld, 0" trim	0
58338	Beef, tri-tip, sirloin, lean, raw, 0" trim	0
58382	Beef, tri-tip, sirloin, lean, raw, 1/4" trim	0
58340	Beef, tri-tip, sirloin, lean, raw, choice, 0" trim	0
58342	Beef, tri-tip, sirloin, lean, raw, select, 0" trim	0
58339	Beef, tri-tip, sirloin, lean, rstd, choice, 0" trim	0
58341	Beef, tri-tip, sirloin, lean, rstd, select, 0" trim	0
10132	Beef, whole rib, brld, 1/4" trim	0
10846	Beef, whole rib, brld, 1/8" trim	0
10135	Beef, whole rib, brld, choice, 1/4" trim	0
10849	Beef, whole rib, brld, choice, 1/8" trim	0
10558	Beef, whole rib, brld, prime, 1/2" trim	0
10140	Beef, whole rib, brld, prime, 1/4" trim	0
10855	Beef, whole rib, brld, prime, 1/8" trim	0
10137	Beef, whole rib, brld, select, 1/4" trim	0
10852	Beef, whole rib, brld, select, 1/8" trim	0
10142	Beef, whole rib, lean, brld, 1/4" trim	0
10144	Beef, whole rib, lean, brld, choice, 1/4" trim	0
10569	Beef, whole rib, lean, brld, prime, 1/2" trim	0
10147	Beef, whole rib, lean, brld, prime, 1/4" trim	0
10145	Beef, whole rib, lean, brld, select, 1/4" trim	0
10560	Beef, whole rib, lean, raw, 1/4" trim	0
10563	Beef, whole rib, lean, raw, choice, 1/4" trim	0
10568	Beef, whole rib, lean, raw, prime, 1/4" trim	0
10565	Beef, whole rib, lean, raw, select, 1/4" trim	0
10143	Beef, whole rib, lean, rstd, 1/4" trim	0
10022	Beef, whole rib, lean, rstd, choice, 1/4" trim	0
10570	Beef, whole rib, lean, rstd, prime, 1/2" trim	0
10148	Beef, whole rib, lean, rstd, prime, 1/4" trim	0
10146	Beef, whole rib, lean, rstd, select, 1/4" trim	0
10131	Beef, whole rib, raw, 1/4" trim	0

10845	Beef, whole rib, raw, 1/8" trim	0
10848	Beef, whole rib, raw, choice, 1/8" trim	0
10134	Beef, whole rib, raw, choice, raw, 1/4" trim	0
10557	Beef, whole rib, raw, prime, 1/2" trim	0
10139	Beef, whole rib, raw, prime, 1/4" trim	0
10854	Beef, whole rib, raw, prime, 1/8" trim	0
10136	Beef, whole rib, raw, select, 1/4" trim	0
10851	Beef, whole rib, raw, select, 1/8" trim	0
10133	Beef, whole rib, rstd, 1/4" trim	0
10847	Beef, whole rib, rstd, 1/8" trim	0
10002	Beef, whole rib, rstd, choice, 1/4" trim	0
10850	Beef, whole rib, rstd, choice, 1/8" trim	0
10559	Beef, whole rib, rstd, prime, 1/2" trim	0
10141	Beef, whole rib, rstd, prime, 1/4" trim	0
10856	Beef, whole rib, rstd, prime, 1/8" trim	0
10138	Beef, whole rib, rstd, select, 1/4" trim	0
10853	Beef, whole rib, rstd, select, 1/8" trim	0
14067	Beefalo, raw	0
14008	Beefalo, rstd	0
32077	Beta Carotene, 15% dispersion in corn oil	0
32076	Beta Carotene, 22% heat stabilized	0
32075	Beta Carotene, 30%, suspension in veg oil	0
32074	Beta Carotene, apo 8 carotenal	0
40558	Bison, ground, pan brld	0
40559	Bison, ground, raw	0
14056	Bison, raw	0
40554	Bison, rib eye steak, lean, 1" thick, brld	0
14079	Bison, rib eye steak, lean, raw, 0" trim	0
14009	Bison, rstd	0
40556	Bison, shoulder clod roast, lean, brsd	0
40555	Bison, shoulder clod roast, lean, raw	0
40304	Bison, shoulder clod, lean, raw, 0" trim	0
40553	Bison, top round steak, lean, 1" thick, brld	0
40552	Bison, top round steak, lean, 1" thick, raw	0
40557	Bison, top sirloin steak, lean, 1" thick, brld	0
40294	Bison, top sirloin steak, lean, raw, 0" trim	0
14057	Boar, wild, raw	0
14010	Boar, wild, rstd	0
51085	Bone Marrow, beef, INTL	0
22647	Bourbon, 100 proof	0
22671	Bourbon, 80 proof	0
22664	Bourbon, 90 proof	0
22643	Bourbon, 94 proof	0
22651	Brandy, 100 proof	0
22513	Brandy, 80 proof	0
22665	Brandy, 90 proof	0
22648	Brandy, 94 proof	0
71024	Bread Crumbs, white, soft, enrich	70
62799	Bread, nutty, natural	59
42007	Bread, pita, white, enrich, lrg, 6 1/2"	57
71227	Bread, pita, white, enrich, sml, 4"	57
42286	Bread, pita, white, unenrich, 6 1/2"	57
42138	Bread, white, prep w/2% milk f/recipe, slice	70
71255	Bread, white, prep w/2% milk f/recipe, thin slice	70
71245	Bread, white, soft, enrich, cubes	70
71242	Bread, white, soft, enrich, slice	70

71246	Bread, white, soft, enrich, slice, crust not eaten	70
42216	Bread, white, soft, enrich, slice, lrg	70
71243	Bread, white, soft, enrich, slice, thin	70
71247	Bread, white, soft, enrich, slice, thin, crust not eaten	70
71244	Bread, white, soft, enrich, slice, very thin	70
3663	Breadfruit, fresh	68
40705	Broth, beef, 99% fat free, aseptic	0
40635	Broth, beef, 99% fat free, rducd sod, cnd	0
50595	Broth, beef, clear, cnd	0
50342	Broth, beef, cnd	0
90371	Broth, beef, cond, can	0
50913	Broth, beef, cond, cnd, svg	0
50366	Broth, beef, fat free, cnd	0
50355	Broth, beef, fat free, unsalted, cnd	0
40633	Broth, beef, French onion style, cnd	0
50343	Broth, chicken, cnd	0
50364	Broth, chicken, fat free, cnd	0
40628	Broth, chicken, light, fat free, rducd sod, cnd	0
92339	Broth, chicken, low fat, cnd	0
40575	Broth, chicken, low fat, unsalted, cnd	0
40632	Broth, chicken, w/lemon & herbs, cnd	0
40634	Broth, turkey, cnd	0
14081	Buffalo, burger/patty, extra lean, raw	0
14080	Buffalo, rib eye steak, raw	0
14082	Buffalo, strip steak, lean, raw	0
40734	Buffalo, top round steak, free range, ckd, Shoshone Bannock	0
42020	Buns, hamburger	61
42021	Buns, hot dog/frankfurter	61
44354	Butter & Margarine, blend, Elite Summit 25, F544X	0
44355	Butter & Margarine, blend, Elite Summit 40, F534X	0
44356	Butter & Margarine, blend, Elite Summit 50, F548X	0
44357	Butter & Margarine, blend, Elite Summit 60, F546X	0
51155	Butter, clarified	0
51157	Butter, Ghee	0
51159	Butter, Ghee, clarified	0
44469	Butter, light, salted	0
44470	Butter, light, unsalted	0
44964	Butter, light, w/canola oil, tub	0
51156	Butter, popcorn	0
8798	Butter, roast garlic flvr, w/oil	0
44410	Butter, salted	0
44952	Butter, salted	0
8791	Butter, salted	0
8735	Butter, salted, sweet cream	0
8794	Butter, salted, whipped	0
51158	Butter, seafood	0
44965	Butter, soft, w/canola oil	0
610	Butter, ultra creamy, salted	0
28254	Butter, ultra creamy, unsalted	0
8738	Butter, unsalted	0
20600	Butter, unsalted	0
44951	Butter, unsalted, cultured	0
8734	Butter, unsalted, sweet cream	0
8732	Butter, unsalted, whipped	0
8796	Butter, unsalted, whipped	0
8733	Butter, whipped	0

44963	Butter,w/canola oil, tub	0
46004	Cake, angel food, cmrcl prep, 9"	67
46423	Cake, angel food, prep f/dry mix, tube, 10"	67
46013	Cake, chocolate, w/chocolate icing, cmrcl prep 1/8th of 18oz	38
46072	Cake, pound, not all butter enrich cmrcl prep 1/10 of 10.6oz	54
71262	Cake, pound, not all butter, enrich, cmrcl prep 1/12 of 12oz	54
71263	Cake, pound, not all butter, enrich, cmrcl prep, 2.5oz snack	54
46207	Cake, pound, not all butter, unenrich, cmrcl, 1/10 of 10.6oz	54
71428	Cake, pound, not all butter, unenrich, cmrcl, 1/12 of 12oz	54
71429	Cake, pound, not all butter, unenrich, cmrcl, 2.5oz snack	54
46078	Cake, sponge, prep f/recipe, 1/12 of 16oz	46
31040	Calcium Ascorbate, ascorbic acid calcium salt, 0419443	0
32034	Calcium Ascorbate, USP/FCC	0
31132	Calcium Chloride	0
32064	Calcium D Pantothenate, USP/FCC	0
31092	Calcium Disodium	0
32030	Calcium Pantothenate, USP/FCC	0
31176	Calcium Propionate	0
31168	Calcium Silicate, Hubersorb 600	0
31094	Calcium Sulfate, anhydrous	0
63416	Calcium Sulfate, dihydrate, food grade, Terra Alba	0
31175	Calcium Sulfate, food grade	0
23037	Candy Bar, Mars almond, 1.76oz bar	68
23040	Candy Bar, Snickers, 2oz bar	68
90699	Candy Bar, Snickers, 4oz bar	68
23041	Candy Bar, Snickers, fun size	68
23149	Candy Bar, Twix, caramel cookie, 2oz pkg	44
93317	Candy Bar, Twix, caramel cookie, family	44
93316	Candy Bar, Twix, caramel cookie, fun size	44
93318	Candy Bar, Twix, caramel cookie, mini	44
23031	Candy, hard, all flvrs	70
90670	Candy, hard, all flvrs, sml	70
90671	Candy, jellybeans, lrg	78
23033	Candy, jellybeans, sml	78
23047	Candy, milk chocolate peanut	33
90690	Candy, milk chocolate peanut, 1.67oz pkg	33
23479	Candy, milk chocolate peanut, 1.74oz pkg	33
90689	Candy, milk chocolate peanut, fun size	33
23048	Candy, milk chocolate peanut, pces	33
23431	Candy, Skittles, original, bite size	70
23485	Candy, Skittles, original, bite size, 2.17oz pkg	70
93319	Candy, Skittles, original, bite size, fun size	70
40727	Caribou, bone marrow, raw, Alaskan	0
40736	Caribou, hind quarter, raw, Alaskan	0
14059	Caribou, raw	0
14012	Caribou, rstd	0
40737	Caribou, rump, partially dried, Alaskan	0
40738	Caribou, shoulder, dried, Alaskan	0
40724	Caribou, tongue, raw, Alaskan	0
6772	Carrots, fresh, chpd	47
5046	Carrots, fresh, grated	47
90423	Carrots, fresh, lrg, 7 1/4" - 8 1/2" long	47
90425	Carrots, fresh, med	47
90429	Carrots, fresh, slices	47
90424	Carrots, fresh, sml, 5 1/2" long	47
90426	Carrots, fresh, strips, lrg, 3" long	47

90427	Carrots, fresh, strips, med	47
90428	Carrots, fresh, strips, thin	47
6174	Carrots, fresh, strips/slices	47
5045	Carrots, fresh, whole, 7 1/2" long	47
91972	Celery Salt	0
40029	Cereal, All-Bran Buds	58
40297	Cereal, Cheerios	74
40325	Cereal, Chex, corn	83
40333	Cereal, Chex, rice	89
40195	Cereal, Corn Flakes	81
40206	Cereal, Corn Pops	80
40104	Cereal, Crispix	87
40218	Cereal, Froot Loops	69
40299	Cereal, Golden Grahams	71
40277	Cereal, Grape Nuts	75
40265	Cereal, Grape Nuts Flakes	80
57769	Cereal, hot, oat bran, dry	55
40431	Cereal, hot, oat bran, dry	55
90076	Cereal, hot, oatmeal, apple cinnamon, inst	37
40109	Cereal, Just Right, fruit & nut	60
40011	Cereal, Life, plain	66
40209	Cereal, raisin bran	61
40210	Cereal, Rice Krispies	82
40211	Cereal, Special K	69
40023	Cereal, wheat, puffed	74
47982	Cheese Substitute, American, soy	0
47980	Cheese Substitute, cheddar, soy, The Good Shreds	0
47984	Cheese Substitute, jalapeno jack, soy	0
47985	Cheese Substitute, mozzarella, soy	0
48462	Cheese, American, past, proc, rducd fat, slice	0
48461	Cheese, American, past, proc, slice, 16 oz pkg	0
48265	Cheese, American, white, deli slice	0
48263	Cheese, American, white, deli, 1" cube	0
1364	Cheese, American, white, past, proc, slice	0
48266	Cheese, American, yellow, deli slice	0
48264	Cheese, American, yellow, deli, 1" cube	0
1532	Cheese, asiago, 1" cube	0
1534	Cheese, auribella, 1" cube	0
1236	Cheese, blue, crumbled	0
1567	Cheese, Chedarella, 1" cube	0
630	Cheese, Chedarella, semisoft, 1" cube	0
48494	Cheese, chedarella, snack	0
48455	Cheese, cheddar & monterey jack, rducd fat, cubes	0
48347	Cheese, cheddar flavor, shred	0
47810	Cheese, cheddar, extra sharp	0
47805	Cheese, cheddar, extra sharp	0
636	Cheese, cheddar, extra sharp, 1" cube	0
48351	Cheese, cheddar, extra sharp, cracker cuts	0
634	Cheese, cheddar, med, 1" cube	0
48492	Cheese, cheddar, med, snack	0
48239	Cheese, cheddar, med, thin slice	0
47800	Cheese, cheddar, mild	0
633	Cheese, cheddar, mild, 1" cube	0
48456	Cheese, cheddar, mild, rducd fat, cubes	0
48500	Cheese, cheddar, mild, rducd fat, shred	0
48496	Cheese, cheddar, mild, rducd fat, snack	0

48463	Cheese, cheddar, mild, slice	0
48493	Cheese, cheddar, mild, snack	0
48251	Cheese, cheddar, mild, stick, 6 pack	0
47811	Cheese, cheddar, sharp	0
47809	Cheese, cheddar, sharp	0
635	Cheese, cheddar, sharp, 1" cube	0
48457	Cheese, cheddar, sharp, rducd fat, cubes	0
48464	Cheese, cheddar, sharp, slice	0
48350	Cheese, cheddar, sharp, slices	0
48243	Cheese, cheddar, sharp, thin slice	0
48276	Cheese, cheddar, white, deli sliced	0
1626	Cheese, cheddar, white, sharp, chunk, 1" cube	0
48277	Cheese, cheddar, yellow, deli sliced	0
1572	Cheese, cheddar, yellow, sharp, chunk, 1" cube	0
1566	Cheese, Co-Jack, chunk, 1" cube	0
629	Cheese, Co-Jack, semisoft, 1" cube	0
48491	Cheese, co-jack, snack	0
48273	Cheese, colby jack, deli sliced	0
48272	Cheese, colby jack, longhorn, deli, 1" cube	0
48497	Cheese, colby jack, rducd fat, snack	0
47784	Cheese, colby jack, slice	0
1282	Cheese, colby monterey jack	0
1270	Cheese, colby, rducd fat	0
1533	Cheese, fontina, 1" cube	0
47976	Cheese, gargonzola, crumbly, 1" cube	0
1154	Cheese, gloucester	0
1538	Cheese, gorgonzola, creamy, 1" cube	0
1540	Cheese, grana, American, 1" cube	0
48286	Cheese, havarti, deli, 1" cube	0
48503	Cheese, havarti, slice	0
48472	Cheese, Italico, 1" cube	0
1535	Cheese, kasseri, 1" cube	0
1536	Cheese, mascarpone	0
1783	Cheese, monteray jack, 1" cube	0
1324	Cheese, monterey jack	0
48280	Cheese, monterey jack, deli sliced	0
48279	Cheese, monterey jack, deli, 1" cube	0
28261	Cheese, monterey jack, hot pepper	0
48495	Cheese, monterey jack, snack	0
48240	Cheese, monterey jack, thin slice	0
48278	Cheese, monterey jack, w/jalapeno, deli sliced	0
48229	Cheese, mozzarella & provolone, shredded	0
47975	Cheese, mozzarella, 1" cube	0
47777	Cheese, mozzarella, low moist, part skim, slice	0
4068	Cheese, mozzarella, part skim, shredded	0
48488	Cheese, muenster, 1" cube	0
48283	Cheese, muenster, deli sliced	0
48282	Cheese, muenster, deli, 1" cube	0
1575	Cheese, muenster, slice	0
47987	Cheese, muenster, thin slice	0
48297	Cheese, parmesan & romano, grated	0
48258	Cheese, parmesan & romano, grated	0
48232	Cheese, parmesan & romano, shredded	0
48473	Cheese, parmesan vegetarian, 1" cube	0
1530	Cheese, parmesan, 1" cube	0
1252	Cheese, parmesan, dried, grated	0

1253	Cheese, parmesan, fresh, grated	0
1267	Cheese, parmesan, grated	0
48257	Cheese, parmesan, grated	0
48219	Cheese, parmesan, shredded	0
1539	Cheese, pepato, 1" cube	0
47974	Cheese, Peperoncino, 1" cube	0
48294	Cheese, pepper jack, slice	0
1527	Cheese, provolone, med	0
1526	Cheese, provolone, mild, 1" cube	0
48246	Cheese, provolone, rducd fat, thin slice	0
1528	Cheese, provolone, sharp, 1" cube	0
48285	Cheese, provolone, smkd, deli sliced	0
47782	Cheese, provolone, w/smoke flavor, slice	0
48242	Cheese, provolone, w/smoke flvr, thin slice	0
47977	Cheese, ricotta con latte	0
1531	Cheese, romano, 1" cube	0
1263	Cheese, romano, dried, grated	0
1264	Cheese, romano, fresh, grated	0
1266	Cheese, romano, grated	0
48307	Cheese, romano, sharp, grated	0
48341	Cheese, semi-soft, Bonbel, indiv	0
48343	Cheese, semi-soft, gouda, indiv	0
48342	Cheese, semi-soft, original, indiv	0
48345	Cheese, semi-soft, original, light, indiv	0
47781	Cheese, Swiss, aged, Deli Thin, slice	0
48245	Cheese, Swiss, aged, thin slice	0
47816	Cheese, Swiss, baby	0
48269	Cheese, Swiss, baby, deli sliced	0
48267	Cheese, Swiss, deli sliced	0
47779	Cheese, Swiss, Deli Thin, slice	0
9017	Cheese, swiss, proc, slice	0
48466	Cheese, Swiss, slice	0
48244	Cheese, Swiss, thin slice	0
3334	Cherries, red, sour, fresh	22
81190	Chicken Tenders, indiv fresh fzn	0
19634	Chicken, breast, brld	0
15118	Chicken, broiler/fryer, back, w/o skin, raw	0
15051	Chicken, broiler/fryer, back, w/o skin, rstd	0
15052	Chicken, broiler/fryer, back, w/o skin, stwd	0
15115	Chicken, broiler/fryer, back, w/skin, raw	0
15015	Chicken, broiler/fryer, back, w/skin, rstd	0
15117	Chicken, broiler/fryer, back, w/skin, stwd	0
15054	Chicken, broiler/fryer, breast, w/o skin, raw	0
15004	Chicken, broiler/fryer, breast, w/o skin, rstd	0
15039	Chicken, broiler/fryer, breast, w/o skin, stwd	0
15053	Chicken, broiler/fryer, breast, w/skin, raw	0
15001	Chicken, broiler/fryer, breast, w/skin, rstd	0
15038	Chicken, broiler/fryer, breast, w/skin, stwd	0
15114	Chicken, broiler/fryer, dark meat, w/o skin, raw	0
15027	Chicken, broiler/fryer, dark meat, w/o skin, rstd	0
15058	Chicken, broiler/fryer, dark meat, w/o skin, stwd	0
15112	Chicken, broiler/fryer, dark meat, w/skin, raw	0
15080	Chicken, broiler/fryer, dark meat, w/skin, rstd	0
15081	Chicken, broiler/fryer, dark meat, w/skin, stwd	0
15042	Chicken, broiler/fryer, drumstick, w/o skin, fried	0
15056	Chicken, broiler/fryer, drumstick, w/o skin, raw	0

15035	Chicken, broiler/fryer, drumstick, w/o skin, rstd	0
15041	Chicken, broiler/fryer, drumstick, w/o skin, stwd	0
15055	Chicken, broiler/fryer, drumstick, w/skin, raw	0
15008	Chicken, broiler/fryer, drumstick, w/skin, rstd	0
15040	Chicken, broiler/fryer, drumstick, w/skin, stwd	0
15121	Chicken, broiler/fryer, leg, w/o skin, raw	0
15156	Chicken, broiler/fryer, leg, w/o skin, rstd	0
15122	Chicken, broiler/fryer, leg, w/o skin, stwd	0
15119	Chicken, broiler/fryer, leg, w/skin, raw	0
15154	Chicken, broiler/fryer, leg, w/skin, rstd	0
15120	Chicken, broiler/fryer, leg, w/skin, stwd	0
15153	Chicken, broiler/fryer, light meat, w/o skin, raw	0
15032	Chicken, broiler/fryer, light meat, w/o skin, rstd	0
15033	Chicken, broiler/fryer, light meat, w/o skin, stwd	0
15110	Chicken, broiler/fryer, light meat, w/skin, raw	0
15077	Chicken, broiler/fryer, light meat, w/skin, rstd	0
15078	Chicken, broiler/fryer, light meat, w/skin, stwd	0
15125	Chicken, broiler/fryer, neck, w/o skin, raw	0
15085	Chicken, broiler/fryer, neck, w/o skin, simmered	0
15123	Chicken, broiler/fryer, neck, w/skin, raw	0
15083	Chicken, broiler/fryer, neck, w/skin, simmered	0
15099	Chicken, broiler/fryer, skin, raw	0
15102	Chicken, broiler/fryer, skin, rstd	0
15103	Chicken, broiler/fryer, skin, stwd	0
15061	Chicken, broiler/fryer, thigh, w/o skin, raw	0
15012	Chicken, broiler/fryer, thigh, w/o skin, rstd	0
15044	Chicken, broiler/fryer, thigh, w/o skin, stwd	0
15060	Chicken, broiler/fryer, thigh, w/skin, raw	0
15010	Chicken, broiler/fryer, thigh, w/skin, rstd	0
15043	Chicken, broiler/fryer, thigh, w/skin, stwd	0
15049	Chicken, broiler/fryer, whole, w/o skin, raw	0
15000	Chicken, broiler/fryer, whole, w/o skin, rstd	0
15006	Chicken, broiler/fryer, whole, w/o skin, stwd	0
15071	Chicken, broiler/fryer, whole, w/skin, raw	0
15074	Chicken, broiler/fryer, whole, w/skin, rstd	0
15075	Chicken, broiler/fryer, whole, w/skin, stwd	0
15048	Chicken, broiler/fryer, wing, w/o skin, fried	0
15046	Chicken, broiler/fryer, wing, w/o skin, raw	0
15059	Chicken, broiler/fryer, wing, w/o skin, rstd	0
15047	Chicken, broiler/fryer, wing, w/o skin, stwd	0
15062	Chicken, broiler/fryer, wing, w/skin, raw	0
15002	Chicken, broiler/fryer, wing, w/skin, rstd	0
15045	Chicken, broiler/fryer, wing, w/skin, stwd	0
15147	Chicken, capon, whole, w/skin, raw	0
15148	Chicken, capon, whole, w/skin, rstd	0
15259	Chicken, chpd, fzn, 3oz, FS	0
1871	Chicken, diced, ckd, freeze dried, cnd	0
15025	Chicken, gizzard, avg, chpd, simmered	0
15107	Chicken, gizzard, avg, raw	0
17237	Chicken, grilled, svg	0
81198	Chicken, ground, raw	0
49105	Chicken, leg, brld	0
81360	Chicken, light & dark, chunk, w/water, cnd	0
81361	Chicken, light, chunk, premium, w/water, cnd	0
15109	Chicken, liver, avg, raw	0
49192	Chicken, puree, FS	0

81215	Chicken, roast, homestyle seasoned, raw	0
15136	Chicken, roasting, dark meat, w/o skin, raw	0
15137	Chicken, roasting, dark meat, w/o skin, rstd	0
15134	Chicken, roasting, light meat, w/o skin, raw	0
15135	Chicken, roasting, light meat, w/o skin, rstd	0
15130	Chicken, roasting, whole, w/o skin, raw	0
15131	Chicken, roasting, whole, w/o skin, rstd	0
15128	Chicken, roasting, whole, w/skin, raw	0
15129	Chicken, roasting, whole, w/skin, rstd	0
15144	Chicken, stewing, dark meat, w/o skin, raw	0
15090	Chicken, stewing, dark meat, w/o skin, stwd	0
15143	Chicken, stewing, light meat, w/o skin, raw	0
15089	Chicken, stewing, light meat, w/o skin, stwd	0
15140	Chicken, stewing, whole, w/o skin, raw	0
15087	Chicken, stewing, whole, w/o skin, stwd	0
15139	Chicken, stewing, whole, w/skin, raw	0
15086	Chicken, stewing, whole, w/skin, stwd	0
81200	Chicken, tenders, 99% fat free, raw	0
10435	Chicken, thigh, brld	0
15197	Chicken, w/broth & skin, Sweet Sue, FS	0
15196	Chicken, w/broth, Sweet Sue, FS	0
15016	Chicken, w/o skin, w/broth, can	0
81426	Chicken, white & dark, chunk, premium, w/water, cnd	0
47742	Chicken, white meat, diced, 3/8", ckd, freeze dried	0
81211	Chicken, whole, Italian style, herb seasoned, w/skin, raw	0
49108	Chicken, wing, brld	0
81199	Chicken, wings, drummettes, raw	0
81197	Chicken, wings, party style, raw	0
44003	Chips, corn, plain, extruded, 7oz bag	63
72443	Chiton, gumboots, leathery, Alaskan	0
7372	Chives, gil choy, fresh	0
8309	Coating Butter, confectioner's, part hydrog veg oil, Kaomel	0
8095	Cocoa Butter, INTL	0
20686	Coffee, brewed, decaf, prep w/tap water	0
20012	Coffee, brewed, prep w/tap water	0
20487	Coffee, decaf, 10 fl oz	0
20972	Coffee, espresso, decaf, prep at restaurant, brewed	0
20439	Coffee, espresso, prep at restaurant	0
33023	Color, annatto, extract, DS	0
33028	Color, apocarotenal, 20%, S 0480932	0
33040	Color, egg, Baker's Shade, 51%, 08041	0
33008	Color, fd & c, blue no. 1, pwd/granule	0
33007	Color, fd & c, blue no. 2, pwd/granule	0
33006	Color, fd & c, red no. 3, pwd/granule	0
33005	Color, fd & c, red no. 40, pwd/granule	0
33004	Color, fd & c, yellow no. 5, pwd/granule	0
33003	Color, fd & c, yellow no. 6, pwd/granule	0
33025	Color, titanium dioxide	0
33012	Color, yellow, sunflower shade, 8018	0
8970	Complete Diet Boost, capsule	0
90640	Cookie, oatmeal, cmrcl prep, big, 3 1/2" to 4"	54
47047	Cookie, oatmeal, cmrcl prep, lrg	54
47007	Cookie, shortbread, plain, cmrcl prep, 1 5/8" square	64
47072	Cookie, vanilla wafer, higher fat	77
44390	Cooking Spray, 1/3 sec spray	0
8002	Cooking Spray, butter flvr, 1/3 sec spray	0

44392	Cooking Spray, Buttercoat, 1/4 sec spray	0
44913	Cooking Spray, canola base, 1/3 sec spray	0
44915	Cooking Spray, canola water base, 1/3 sec spray	0
44922	Cooking Spray, canola, flour bkg release, 1/3 sec spray	0
44919	Cooking Spray, canola, For The Grill, 1/3 sec spray	0
44920	Cooking Spray, canola, lemon, 1/3 sec spray	0
44916	Cooking Spray, canola, non-aerosol, 1/3 sec spray	0
44917	Cooking Spray, canola, non-aerosol, butter flvr, 1/3 sec spr	0
44921	Cooking Spray, canola, roast garlic, 1/3 sec spray	0
44914	Cooking Spray, canola, w/butter flvr, 1/3 sec spray	0
44954	Cooking Spray, for baking, 1/3 sec spray	0
44956	Cooking Spray, for grilling, 1/3 sec spray	0
44955	Cooking Spray, olive oil, 1/3 sec spray	0
44918	Cooking Spray, olive oil, extra virgin, 1/3 sec spray	0
44889	Cooking Spray, original, 1/3 sec spray	0
44911	Cooking Spray, soybean oil, 1/3 sec spray	0
44960	Cooking Spray, soybean oil, 1/4 sec spray, FS	0
44912	Cooking Spray, soybean oil, w/butter flvr, 1/3 sec spray	0
44391	Cooking Spray, Wescoat, 1/4 sec spray	0
6917	Corn, white, sweet, cob, ckd f/fzn w/salt, drained	47
5567	Corn, white, sweet, cob, ckd f/fzn, drained	47
6021	Corn, white, sweet, cob, kernels, ckd f/fzn w/salt, drnd	47
6916	Corn, white, sweet, cob, kernels, ckd f/fzn, drained	47
72046	Corn, white, sweet, kernels f/one ear, ckd w/salt, drained	60
5560	Corn, white, sweet, kernels f/one ear, ckd, drained	60
6016	Corn, white, sweet, kernels, ckd w/salt, drained	60
7203	Corn, white, sweet, kernels, ckd, drained	60
5902	Corn, yellow, sweet, cob, ckd f/fzn w/salt, drained	47
5364	Corn, yellow, sweet, cob, ckd f/fzn, drained	47
5380	Corn, yellow, sweet, cob, ckd, drained	60
6802	Corn, yellow, sweet, cob, ckd, drained, baby ear	60
5899	Corn, yellow, sweet, kernels f/one ear, ckd w/salt, drained	60
6964	Corn, yellow, sweet, kernels, ckd f/fzn cob w/salt, drnd	47
5365	Corn, yellow, sweet, kernels, ckd f/fzn cob, drained	47
5900	Corn, yellow, sweet, kernels, ckd w/salt, drained	60
5379	Corn, yellow, sweet, kernels, ckd, drained	60
15241	Cornish Game Hen, whole, w/o skin, raw	0
15242	Cornish Game Hen, whole, w/o skin, rstd	0
15239	Cornish Game Hen, whole, w/skin, raw	0
15240	Cornish Game Hen, whole, w/skin, rstd	0
38076	Couscous, ckd	65
19094	Crab, Alaska king, leg, raw	0
19036	Crab, Alaska king, leg, stmd	0
19144	Crab, blue, ckd FDA	0
19005	Crab, blue, drained, 6.5 oz can	0
19033	Crab, blue, stmd, flaked pieces	0
19153	Crab, dungeoness, meat	0
19097	Crab, queen, raw	0
19083	Crab, queen, stmd	0
43507	Crackers, oyster	74
43505	Crackers, oyster, crushed	74
43659	Crackers, oyster, low sod	74
43506	Crackers, saltine	74
71286	Crackers, saltine, crushed	74
43553	Crackers, saltine, low sod	74
71433	Crackers, saltine, low sod, rectangle	74

71432	Crackers, saltine, low sod, rounds, lrg	74
71289	Crackers, saltine, lrg round	74
71291	Crackers, saltine, rectangle	74
43567	Crackers, saltine, unsalted tops	74
71288	Crackers, soda	74
71287	Crackers, soda, crushed	74
71290	Crackers, soda, lrg round	74
71292	Crackers, soda, rectangle	74
16057	Crane, sandhill, raw	0
71720	Crawdads, raw, mixed species, farmed	0
71721	Crawdads, raw, mixed species, wild	0
71722	Crawdads, stmd, mixed species, farmed	0
71723	Crawdads, stmd, mixed species, wild	0
19087	Crayfish, raw, mixed species, farmed	0
19022	Crayfish, raw, mixed species, wild	0
19088	Crayfish, stmd, mixed species, farmed	0
19038	Crayfish, stmd, mixed species, wild	0
6873	Creamer, non-dairy, no carb original, dry	0
40548	Crocodile, ckd, INTL	0
40549	Crocodile, raw, INTL	0
71299	Croissant, butter, lrg	67
42015	Croissant, butter, med	67
71297	Croissant, butter, mini	67
71298	Croissant, butter, sml	67
31064	Curing Agent, double S modern cure, GB 0049	0
31065	Curing Agent, modern cure, GB 0039	0
71315	Danish, apple cinnamon, enrich, 15oz ring	59
71312	Danish, apple cinnamon, enrich, lrg, 7"	59
71048	Danish, apple cinnamon, enrich, med, 4 1/4"	59
71313	Danish, apple cinnamon, enrich, sml, 3"	59
71314	Danish, apple cinnamon, enrich, toaster style	59
71310	Danish, lemon, enrich, 15oz ring or 1/8 pce	59
71307	Danish, lemon, enrich, lrg, 7"	59
45569	Danish, lemon, enrich, med, 4 1/4"	59
71308	Danish, lemon, enrich, sml, 3"	59
71309	Danish, lemon, enrich, toaster style	59
71327	Danish, raisin, enrich, 15oz ring or 1/8 pce	59
71324	Danish, raisin, enrich, lrg, 7"	59
71047	Danish, raisin, enrich, med, 4 1/4"	59
71325	Danish, raisin, enrich, sml, 3"	59
71326	Danish, raisin, enrich, toaster style	59
71319	Danish, raspberry, enrich, 15oz ring or 1/8 pce	59
71317	Danish, raspberry, enrich, 3"	59
71316	Danish, raspberry, enrich, lrg, 7"	59
45570	Danish, raspberry, enrich, med, 4 1/4"	59
71318	Danish, raspberry, enrich, toaster style	59
71323	Danish, strawberry, enrich, 15oz ring or 1/8 pce	59
71320	Danish, strawberry, enrich, lrg, 7"	59
71046	Danish, strawberry, enrich, med, 4 1/4"	59
71321	Danish, strawberry, enrich, sml, 3"	59
71322	Danish, strawberry, enrich, toaster style	59
3043	Dates, Deglet Noor, pitted, chopped	103
3044	Dates, Deglet Noor, whole	103
40566	Deer, ground, pan brld	0
40565	Deer, ground, raw	0
40567	Deer, loin, lean, 1" thick steak, brld	0

40550	Deer, raw	0
40551	Deer, rstd	0
40568	Deer, shoulder clod roast, lean, brsd	0
40569	Deer, tenderloin, lean, brld	0
40570	Deer, top round steak, lean, 1" thick, brld	0
38782	Dextrin, Nutriose FB	25
44446	Dip, garden dill, dry mix	0
81292	Dish, chicken breast, original rec, w/o skin or brd	0
17245	Dish, hoki fillet, deep fried	0
56334	Dish, milkfish, w/black beans, cnd, INTL	0
14065	Dog, meat only, lean, INTL	0
71335	Doughnut, cake, holes	76
71333	Doughnut, cake, long twist type, 4 1/2" long	76
71331	Doughnut, cake, lrg, 4"	76
45505	Doughnut, cake, med, 3 1/4"	76
71332	Doughnut, cake, mini, 1 1/2"	76
71334	Doughnut, cake, stick	76
16053	Dove, raw	0
51147	Dove, whole, ckd	0
44700	Dressing, mayonnaise type, whipped	0
44851	Dressing, mayonnaise, canola	0
44798	Dressing, mayonnaise, canola	0
44852	Dressing, mayonnaise, canola, light, eggless	0
44853	Dressing, mayonnaise, canola, light, eggless, squeeze bottle	0
44850	Dressing, mayonnaise, canola, squeeze bottle	0
8204	Dressing, mayonnaise, cholest free, Q-10, FS	0
8205	Dressing, mayonnaise, Crown, extra heavy, premium, Q-29, FS	0
8203	Dressing, mayonnaise, extra heavy, Q-1, FS	0
8786	Dressing, mayonnaise, light	0
8691	Dressing, mayonnaise, real	0
8503	Dressing, mayonnaise, real	0
44472	Dressing, mayonnaise, real	0
44925	Dressing, mayonnaise, real, hot 'n spicy	0
44856	Dressing, mayonnaise, roasted garlic	0
44797	Dressing, mayonnaise, safflower	0
44855	Dressing, mayonnaise, soybean	0
44854	Dressing, mayonnaise, soybean, squeeze bottle	0
44860	Dressing, mayonnaise, soybean, w/omega 3	0
44481	Dressing, mayonnaise, w/lime juice	0
44430	Dressing, mayonnaise, w/lime juice	0
44858	Dressing, mayonnaise, wasabi	0
20358	Drink, black cherry, unswtnd, dry pkg	0
20398	Drink, cherry, sug free, prep f/dry mix, 1/8 pkg	0
20359	Drink, cherry, unswtnd, dry pkg	0
21181	Drink, classic orange, sug free, dry mix, Sunrise	0
21184	Drink, classic orange, sug free, rtd, Sunrise	0
63696	Drink, gelatine, unflavored, dry mix, scoop	0
63697	Drink, gelatine, w/glucosamine, dry mix, scoop	0
20331	Drink, grape, sug free, low cal, dry pkg	0
20796	Drink, grape, sug free, low cal, prep f/dry mix	0
20360	Drink, grape, unswtnd, dry pkg	0
20611	Drink, kiwi strawberry, sug free, rtd	0
20363	Drink, lemon lime, unswtnd, dry pkg	0
20368	Drink, lemonade, pink, sug free, rtd	0
20795	Drink, lemonade, Soarin' Straw, sug free, low cal prep f/dry	0

21202	Drink, lemonade, strawberry, sugar free, w/art swtnr dry svg	0
20334	Drink, lemonade, sug free, low cal, dry pkg	0
20794	Drink, lemonade, sug free, low cal, prep f/dry mix	0
20327	Drink, lemonade, sug free, rtd	0
20346	Drink, lemonade, sug free, w/vit c & art swtnr, dry mix, svg	0
20364	Drink, lemonade, unswtnd, dry pkg	0
20365	Drink, orange, unswtnd, dry pkg	0
20366	Drink, Pina Pineapple, unswtnd, dry pkg	0
21175	Drink, pineapple orange, sug free, dry mix	0
21180	Drink, pink lemonade, sug free, dry mix	0
20367	Drink, pink lemonade, unswtnd, dry pkg	0
20352	Drink, Raspberry Ice, sug free, dry mix	0
20320	Drink, Raspberry Ice, sug free, rtd	0
21174	Drink, raspberry lemonade, sug free, dry mix	0
20370	Drink, raspberry, unswtnd, dry pkg	0
21177	Drink, strawberry kiwi, sug free, dry mix	0
21178	Drink, strawberry orange banana, sug free, dry mix	0
20372	Drink, strawberry, unswtnd, dry pkg	0
62391	Drink, supplement, vanilla, rtd	23
21179	Drink, tangerine strawberry, sug free, dry mix	0
63016	Drink, thermogenic, straw kiwi, rtd	0
63017	Drink, thermogenic, wild berry, rtd	0
20793	Drink, tropical punch, sug free, low cal prep f/dry	0
20338	Drink, tropical punch, sug free, low cal, dry pkg	0
16020	Duck, breast, w/o skin, raw, wild	0
16059	Duck, mallard, raw	0
16062	Duck, whole, w/o skin, raw, domesticated	0
14000	Duck, whole, w/o skin, rstd, domesticated	0
16061	Duck, whole, w/skin, raw, domesticated	0
16019	Duck, whole, w/skin, raw, wild	0
16295	Duck, whole, w/skin, rstd, domesticated	0
16060	Duck, widgeon, raw	0
51099	Duckling, white pekin, breast, w/o skin, brld	0
16347	Duckling, white pekin, breast, w/skin, rstd	0
16346	Duckling, white pekin, leg, w/o skin, brsd	0
16345	Duckling, white pekin, leg, w/skin, rstd	0
17102	Eel, fillet, mixed species, bkd/brld	0
17289	Eel, fillet, mixed species, bkd/brld, w/o bone, 1" cubes	0
17232	Eel, fillet, mixed species, raw	0
72040	Eel, fillet, sashimi, mixed species	0
17041	Eel, smkd	0
7766	Egg Substitute, Better 'N Eggs, fzn	0
58400	Egg Whites, dried	0
19584	Egg Whites, Vol-Whip	0
19574	Eggs, lizard, INTL	0
19576	Eggs, tortoise, INTL	0
40739	Elk, free range, ground, patty, ckd, Shoshone Bannock	0
40561	Elk, ground, pan brld	0
40560	Elk, ground, raw	0
40562	Elk, loin, lean, brld	0
14061	Elk, raw	0
40563	Elk, round, lean, brld	0
14014	Elk, rstd	0
40564	Elk, tenderloin, lean, brld	0
81158	Emu, fan fillet, brld	0
81157	Emu, fan fillet, raw	0

81159	Emu, flat fillet, raw	0
81161	Emu, full rump, brld	0
81160	Emu, full rump, raw	0
81156	Emu, ground, brld	0
81149	Emu, ground, raw	0
81163	Emu, inside drum, brld	0
81162	Emu, inside drum, raw	0
81164	Emu, outside drum, raw	0
81165	Emu, oyster, raw	0
81155	Emu, patty, raw	0
81166	Emu, top loin, brld	0
8724	Emulsifier, decaglyceryl decaoleate, DGDO	0
8723	Emulsifier, decaglyceryl dioleate, 10-2-O	0
8703	Emulsifier, decaglyceryl dipalmitate, 10-2-P	0
8726	Emulsifier, decaglyceryl hexaoleate, 10-6-O	0
8725	Emulsifier, decaglyceryl monooleate, 10-1-O	0
8727	Emulsifier, decaglyceryl monostearate, 10-1-S	0
8770	Emulsifier, ethoxylated mono & diglyceride, EMG 20	0
8715	Emulsifier, ethoxylated mono & diglyceride, sperse MS-20	0
8714	Emulsifier, ethoxylated/mono & diglyceride, sperse 40/60	0
8728	Emulsifier, hexaglyceryl dioleate, 6-2-O	0
8704	Emulsifier, hexaglyceryl distearate, HGDS	0
8707	Emulsifier, med chain triglyceride, MCT	0
8716	Emulsifier, mono & diglyceride/polysorbate, sperse T-20	0
8717	Emulsifier, mono & diglyceride/polysorbate, sperse TS-40	0
8769	Emulsifier, monoglyceride, starch complex agent, GMS-90	0
8712	Emulsifier, propylene glycol monostearate, PGHMS	0
8705	Emulsifier, triglyceryl monostearate, TGMS	0
28146	English Muffin	77
31146	Erythorbic Acid, FCC	0
63604	Ethyl Maltol	0
44958	Extract, peanut	0
8003	Fat, bacon grease	0
44710	Fat, bacon, rendered, ckd	0
8340	Fat, beef, all cuts, raw	0
10106	Fat, beef, ckd	0
8004	Fat, beef, tallow	0
8005	Fat, chicken	0
8687	Fat, chicken, broiler/fryer, raw, whole	0
8076	Fat, duck	0
8077	Fat, goose	0
8094	Fat, illipe, INTL	0
40356	Fat, lamb, Austl, ckd	0
13673	Fat, lamb, Austl, raw	0
13605	Fat, lamb, ckd	0
13584	Fat, lamb, NZ, composite, ckd f/fzn	0
13583	Fat, lamb, NZ, composite, raw, fzn	0
13536	Fat, lamb, raw	0
8107	Fat, lard	0
44338	Fat, lard, Oakleaf	0
44471	Fat, meat drippings, lard beef & mutton tallow	0
8040	Fat, mutton, tallow	0
12139	Fat, pork, backfat, raw	0
12100	Fat, pork, ckd	0
12171	Fat, pork, cured, salt pork, raw	0
12173	Fat, pork, f/ham & picnic arm, rst	0

12153	Fat, pork, leaf, raw	0
8341	Fat, pork, raw	0
8036	Fat, turkey	0
11553	Fat, veal, ckd	0
11534	Fat, veal, raw	0
26271	Fennel, oleoresin	0
17002	Fish Sticks, heated f/fzn, 4" x 1" x 1/2"	38
17124	Fish, anchovies, European, cnd w/oil, drained	0
17188	Fish, anchovies, European, raw	0
17288	Fish, anchovies, European, w/oil, drained, 2 oz can	0
17029	Fish, bass, freshwater, fillet, bkd/brld, mixed species	0
17028	Fish, bass, freshwater, fillet, raw, mixed species	0
17086	Fish, bass, sea, fillet, bkd/brld, mixed species	0
17225	Fish, bass, sea, fillet, raw, mixed species	0
17104	Fish, bass, striped, fillet, bkd/brld	0
17226	Fish, bass, striped, fillet, raw	0
17031	Fish, bluefish, fillet, bkd/brld	0
17030	Fish, bluefish, fillet, raw	0
17105	Fish, burbot, fillet, bkd/brld	0
17191	Fish, burbot, fillet, raw	0
17106	Fish, butterfish, fillet, bkd/brld	0
17192	Fish, butterfish, fillet, raw	0
17087	Fish, carp, fillet, bkd/brld	0
17032	Fish, carp, fillet, raw	0
17179	Fish, catfish, channel, fillet, bkd/brld, farmed	0
17305	Fish, catfish, channel, fillet, bkd/brld, wild	0
17178	Fish, catfish, channel, fillet, raw, farmed	0
17033	Fish, catfish, channel, fillet, raw, wild	0
17315	Fish, catfish, fillet, ckd FDA	0
17193	Fish, cisco, fillet, raw	0
17069	Fish, cisco, smkd	0
17089	Fish, cod, Atlantic, cnd, w/liquid	0
17038	Fish, cod, Atlantic, dried & salted, 5.5" x 1.5" x .5" pce	0
17037	Fish, cod, Atlantic, fillet, bkd/brld	0
17036	Fish, cod, Atlantic, fillet, raw	0
92415	Fish, cod, baked, svg	0
17313	Fish, cod, ckd FDA	0
17107	Fish, cod, Pacific, fillet, bkd/brld	0
17166	Fish, cod, Pacific, fillet, raw	0
17194	Fish, croaker, Atlantic, fillet, raw	0
17108	Fish, cusk, fillet, bkd/brld	0
17195	Fish, cusk, fillet, raw	0
17109	Fish, dolphin fish, fillet, bkd/brld	0
17240	Fish, dolphin fish, fillet, raw	0
17110	Fish, drum, fillet, bkd/brld	0
17231	Fish, drum, fillet, raw	0
17319	Fish, flounder, ckd FDA	0
71759	Fish, flounder, fillet, bkd/brld	0
70256	Fish, flounder, fillet, natural, fzn	0
71760	Fish, flounder, fillet, raw	0
17071	Fish, grouper, fillet, mixed species, bkd/brld	0
17196	Fish, grouper, fillet, mixed species, raw	0
17090	Fish, haddock, fillet, bkd/brld	0
17326	Fish, haddock, fillet, ckd FDA	0
17043	Fish, haddock, fillet, raw	0
17010	Fish, haddock, smkd, 1" cube	0

17291	Fish, halibut, Atlantic/Pacific, fillet, bkd/brld	0
17044	Fish, halibut, Atlantic/Pacific, fillet, raw	0
17328	Fish, halibut, fillet, ckd FDA	0
17111	Fish, halibut, Greenland, fillet, bkd/brld	0
17227	Fish, halibut, Greenland, fillet, raw	0
17259	Fish, halibut, smkd	0
73097	Fish, halibut, w/skin, ckd, Alaskan	0
73101	Fish, halibut, w/skin, raw, Alaskan	0
71135	Fish, herring, Atlantic smkd kippered fillet 2 3/8x1 3/8x1/4	0
17047	Fish, herring, Atlantic, fillet, bkd/brld	0
17045	Fish, herring, Atlantic, fillet, raw	0
71134	Fish, herring, Atlantic, smkd, kippered fillet 5"x1.75"x.25"	0
17292	Fish, herring, Atlantic, smkd, kippered fillet 7"x2.25"x.25"	0
71136	Fish, herring, Atlantic, smkd, kippered, 1" cube	0
17112	Fish, herring, Pacific, fillet, bkd/brld	0
17046	Fish, herring, Pacific, fillet, raw	0
72438	Fish, herring, Pacific, packed in oil, air dried, Alaskan	0
17246	Fish, hoki, fillet, bkd	0
17243	Fish, hoki, grilled	0
17244	Fish, hoki, microwv ckd	0
17113	Fish, ling, fillet, bkd/brld	0
17197	Fish, ling, fillet, raw	0
17114	Fish, lingcod, fillet, bkd/brld	0
17198	Fish, lingcod, fillet, raw	0
72437	Fish, lingcod, raw, Alaskan	0
17049	Fish, mackerel, Atlantic, fillet, bkd/brld	0
17048	Fish, mackerel, Atlantic, fillet, raw	0
17132	Fish, mackerel, dried	0
17294	Fish, mackerel, jack, cnd, drained, 1" cube	0
17293	Fish, mackerel, jack, drained, 15oz can	0
17115	Fish, mackerel, king, fillet, bkd/brld	0
17228	Fish, mackerel, king, fillet, raw	0
17303	Fish, mackerel, Pacific & jack fillet bkd/brld mixed 1" cube	0
17131	Fish, mackerel, Pacific & jack, fillet, bkd/brld, mixed	0
17051	Fish, mackerel, Pacific & jack, fillet, raw	0
72077	Fish, mackerel, salted, 5 1/2" x 1 1/2" x 1/2" pce	0
17092	Fish, mackerel, Spanish, fillet, bkd/brld	0
17229	Fish, mackerel, Spanish, fillet, raw	0
71748	Fish, mahi mahi, fillet, bkd/brld	0
71749	Fish, mahi mahi, fillet, raw	0
17116	Fish, milkfish, fillet, bkd/brld	0
17199	Fish, milkfish, fillet, raw	0
17117	Fish, monkfish, bkd/brld	0
17200	Fish, monkfish, raw	0
17072	Fish, mullet, striped, fillet, bkd/brld	0
17201	Fish, mullet, striped, fillet, raw	0
17121	Fish, orange roughy, fillet, bkd/brld	0
17320	Fish, orange roughy, fillet, ckd FDA	0
17207	Fish, orange roughy, fillet, raw	0
17094	Fish, perch, fillet, bkd/brld, mixed species	0
17239	Fish, perch, fillet, raw, mixed species	0
17093	Fish, perch, ocean, Atlantic, fillet, bkd/brld	0
17052	Fish, perch, ocean, Atlantic, fillet, raw	0
17322	Fish, perch, ocean, ckd FDA	0
70258	Fish, perch, ocean, Today's Catch, fzn	0
17095	Fish, pike, northen, fillet, bkd/brld	0

17160	Fish, pike, northern, fillet, raw	0
17118	Fish, pike, walleye, fillet, bkd/brld	0
17202	Fish, pike, walleye, fillet, raw	0
17168	Fish, pollock, Atlantic, fillet, bkd/brld	0
17053	Fish, pollock, Atlantic, fillet, raw	0
17314	Fish, pollock, ckd FDA	0
17096	Fish, pollock, walleye, fillet, bkd/brld	0
17167	Fish, pollock, walleye, fillet, raw	0
17003	Fish, portions, heated f/fzn, 4" x 2" x 1/2"	38
17119	Fish, pout, ocean, fillet, bkd/brld	0
17204	Fish, pout, ocean, fillet, raw	0
17174	Fish, pumpkinseed sunfish, fillet, bkd/brld	0
17216	Fish, pumpkinseed sunfish, fillet, raw	0
17323	Fish, rockfish, ckd FDA	0
17074	Fish, rockfish, Pacific, fillet, bkd/brld, mixed species	0
17205	Fish, rockfish, Pacific, fillet, raw, mixed species	0
17122	Fish, sablefish, fillet, bkd/brld	0
17208	Fish, sablefish, fillet, raw	0
17075	Fish, sablefish, smkd	0
17181	Fish, salmon, Atlantic, fillet, bkd/brld, farmed	0
17123	Fish, salmon, Atlantic, fillet, bkd/brld, wild	0
17180	Fish, salmon, Atlantic, fillet, raw, farmed	0
17054	Fish, salmon, Atlantic, fillet, raw, wild	0
17169	Fish, salmon, chinook, fillet, bkd/brld	0
17055	Fish, salmon, chinook, fillet, raw	0
72433	Fish, salmon, chinook, kippered, cnd, Alaskan	0
71057	Fish, salmon, chinook, lox	0
71573	Fish, salmon, chinook, smkd	0
73103	Fish, salmon, chum, dried, Alaskan	0
17170	Fish, salmon, chum, fillet, bkd/brld	0
17230	Fish, salmon, chum, fillet, raw	0
17317	Fish, salmon, chum, pink, fillet, ckd FDA	0
73104	Fish, salmon, chum, raw, Alaskan	0
17097	Fish, salmon, chum, w/bone, cnd, drained	0
17153	Fish, salmon, chum, w/bone, cnd, drained, unsalted	0
17316	Fish, salmon, coho, Atlantic, fillet, ckd FDA	0
17183	Fish, salmon, coho, fillet, bkd/brld, farmed	0
17186	Fish, salmon, coho, fillet, bkd/brld, wild	0
17182	Fish, salmon, coho, fillet, raw, farmed	0
17209	Fish, salmon, coho, fillet, raw, wild	0
17016	Fish, salmon, coho, fillet, stmd/poached, wild	0
72432	Fish, salmon, king, kippered, cnd, Alaskan	0
73107	Fish, salmon, king, w/skin, kippered, Alaskan	0
17255	Fish, salmon, pink, cnd	0
72894	Fish, salmon, pink, cnd, drnd	0
17154	Fish, salmon, pink, cnd, w/liquid, unsalted	0
17171	Fish, salmon, pink, fillet, bkd/brld	0
17056	Fish, salmon, pink, fillet, raw	0
17017	Fish, salmon, pink, w/bone, cnd, w/liquid	0
17253	Fish, salmon, pink, w/o skin & bone, cnd	0
73108	Fish, salmon, red, kippered, Alaskan	0
73110	Fish, salmon, red, smkd, cnd, Alaskan	0
73111	Fish, salmon, red, w/o bone, cnd, Alaskan	0
17099	Fish, salmon, sockeye, fillet, bkd/brld	0
72666	Fish, salmon, sockeye, fillet, ckd FDA	0
17057	Fish, salmon, sockeye, fillet, raw	0

73113	Fish, salmon, sockeye, kippered, Alaskan	0
17256	Fish, salmon, sockeye, red, cnd	0
19157	Fish, salmon, sockeye, red, cnd	0
73115	Fish, salmon, sockeye, smkd, cnd, Alaskan	0
17058	Fish, salmon, sockeye, w/bone, cnd, drained	0
17155	Fish, salmon, sockeye, w/bone, cnd, drained, unsalted	0
17060	Fish, sardines, Atlantic, w/bones, w/oil, drained	0
17297	Fish, sardines, Atlantic, w/bones, w/oil, drained, 1" cube	0
17296	Fish, sardines, Atlantic, w/bones, w/oil, drnd, 3.75oz can	0
19160	Fish, sardines, Norwegian brisling, cnd	0
17133	Fish, sardines, w/o skin & bone, w/water	0
17172	Fish, scup, fillet, bkd/brld	0
17210	Fish, scup, raw, fillet	0
17023	Fish, sea trout, fillet, bkd/brld, mixed species	0
17067	Fish, sea trout, fillet, raw, mixed species	0
17333	Fish, sea trout, smkd	0
17062	Fish, shad, American, fillet, bkd/brld	0
17211	Fish, shad, American, fillet, raw	0
17247	Fish, shark, hammer head, raw, INTL	0
17212	Fish, shark, raw, mixed species	0
73116	Fish, sheefish, dried, Alaskan	0
17077	Fish, sheepshead fish, fillet, bkd/brld	0
17213	Fish, sheepshead, fillet, raw	0
17100	Fish, smelt, rainbow, bkd/brld	0
17063	Fish, smelt, rainbow, raw	0
17331	Fish, smelt, rainbow, smkd	0
17022	Fish, snapper, fillet, bkd/brld, mixed species	0
17064	Fish, snapper, fillet, raw, mixed species	0
71758	Fish, sole, ckd FDA	0
17068	Fish, sole, fillet, bkd/brld	0
70255	Fish, sole, fillet, natural, fzn	0
17042	Fish, sole, fillet, raw	0
17190	Fish, spot, fillet, bkd/brld	0
17189	Fish, spot, fillet, raw	0
19140	Fish, sprats, dried, INTL	0
17308	Fish, sprats, raw, INTL	0
71139	Fish, sturgeon, filled, bkd/brld mixed species 4.5x2 1/8x7/8	0
17078	Fish, sturgeon, filled, bkd/brld, mixed species	0
17300	Fish, sturgeon, filled, bkd/brld, mixed species, 1" cube	0
17214	Fish, sturgeon, fillet, raw, mixed species	0
17079	Fish, sturgeon, smkd, mixed species	0
17173	Fish, sucker, white, fillet, bkd/brld	0
17215	Fish, sucker, white, fillet, raw	0
17066	Fish, swordfish, fillet, bkd/brld	0
17329	Fish, swordfish, fillet, ckd FDA	0
17065	Fish, swordfish, fillet, raw, 4 1/2"x2 1/8"x7/8" pce	0
17248	Fish, tarpon fish, raw, INTL	0
72907	Fish, tilapia, bkd/brld	0
72663	Fish, Tilapia, ckd FDA	0
72906	Fish, tilapia, raw	0
17081	Fish, tilefish, fillet, bkd/brld	0
17217	Fish, tilefish, fillet, raw	0
17242	Fish, trout, brown, bkd	0
17175	Fish, trout, fillet, bkd/brld, mixed species	0
17218	Fish, trout, fillet, raw, mixed species	0
17327	Fish, trout, rainbow, ckd FDA	0

17185	Fish, trout, rainbow, fillet, bkd/brld, farmed	0
17082	Fish, trout, rainbow, fillet, bkd/brld, wild	0
17184	Fish, trout, rainbow, fillet, raw, farmed	0
17219	Fish, trout, rainbow, fillet, raw, wild	0
17332	Fish, trout, rainbow, smkd, farmed	0
73118	Fish, trout, steelhead, ckd, cnd, Alaskan	0
73119	Fish, trout, steelhead, dried, Shoshone Bannock	0
17101	Fish, tuna, bluefin, fillet, bkd/brld	0
17085	Fish, tuna, bluefin, fillet, raw	0
17249	Fish, tuna, bonito, raw, INTL	0
72664	Fish, Tuna, ckd FDA	0
17165	Fish, tuna, dried	0
19162	Fish, tuna, light, w/oil, chunk, cnd	0
17024	Fish, tuna, light, w/oil, drained, can	0
17156	Fish, tuna, light, w/oil, drained, unsalted, cnd	0
19163	Fish, tuna, light, w/water, chunk, cnd	0
17026	Fish, tuna, light, w/water, drained, can	0
17157	Fish, tuna, light, w/water, drained, unsalted, cnd	0
17176	Fish, tuna, skipjack, fillet, bkd/brld	0
17238	Fish, tuna, skipjack, fillet, raw	0
17141	Fish, tuna, smkd	0
17083	Fish, tuna, white, w/oil, drained, cnd	0
17158	Fish, tuna, white, w/oil, drained, unsalted, cnd	0
19164	Fish, tuna, white, w/oil, solid, cnd	0
17151	Fish, tuna, white, w/water, drained, cnd	0
17159	Fish, tuna, white, w/water, drained, unsalted, cnd	0
17177	Fish, tuna, yellowfin, fillet, bkd/brld	0
17233	Fish, tuna, yellowfin, fillet, w/o bone, raw, 1" cube	0
17161	Fish, turbot, European, fillet, bkd/brld	0
17220	Fish, turbot, European, fillet, raw	0
72257	Fish, whitefish, broad, head eyes cheeks & soft bones Alaska	0
73120	Fish, whitefish, dried, Alaskan	0
17162	Fish, whitefish, fillet, bkd/brld, mixed species	0
17221	Fish, whitefish, fillet, raw, mixed species	0
72418	Fish, whitefish, mixed species, raw, Alaskan	0
17302	Fish, whitefish, smkd, flaked, mixed species, 1" cube	0
17144	Fish, whiting, fillet, bkd/brld, mixed species	0
17222	Fish, whiting, fillet, raw, mixed species	0
17163	Fish, wolffish, Atlantic, fillet, bkd/brld	0
17223	Fish, wolffish, Atlantic, fillet, raw	0
17164	Fish, yellowtail, fillet, bkd/brld, mixed species	0
17224	Fish, yellowtail, fillet, raw, mixed species	0
93244	Flavor, almond extract	0
10735	Flavor, beef stock, spray dried, B1301	0
26115	Flavor, butter, base 100, conc	0
26114	Flavor, butter, base 20, conc	0
26155	Flavor, butter, EMF, Butr Pow'r	0
26330	Flavor, butter, liquid conc	0
26296	Flavor, cream cheese, art, polypropolene glycol base	0
10729	Flavor, pork stock, spray dried, P1301	0
92783	Flavor, roasted peanut extract	0
26182	Flavor, smoke, natural, charoil	0
32056	Folic Acid, 10% trituration, 0468363	0
32031	Folic Acid, USP/FCC	0
62341	Formula, black walnut, rtu	50
62337	Formula, butter pecan, rtu	50

62118	Formula, Casec, pwd	0
62336	Formula, choc, rtu	50
62339	Formula, coffee, rtu	50
62574	Formula, diabetic, French van, rtu	34
62338	Formula, eggnog, rtu	50
62123	Formula, MCT oil	0
62091	Formula, Microlipid, 50% fat emulsion, rtu	0
62340	Formula, straw, rtu	50
62144	Formula, vanilla, rtu	50
57967	Frank, beef, rducd fat	0
40572	Frog, leg, raw	0
14029	Frog, leg, stmd	0
23404	Fruit Leather, roll, lrg	99
23086	Fruit Leather, roll, sml	99
9472	Garlic, crushed, wet	0
92990	Gelatin, black cherry, sug free, low cal, dry mix, svg	0
92978	Gelatin, black cherry, sug free, snack cup	0
23355	Gelatin, cherry, sug free, low cal, dry mix, svg	0
92977	Gelatin, cherry, sug free, snack cup	0
92992	Gelatin, cranberry, sug free, low cal, dry mix, svg	0
92974	Gelatin, lemon lime, sug free, snack cup	0
1431	Gelatin, lemon, sug free, low cal, dry mix, svg	0
17272	Gelatin, lime, sug free, low cal, dry mix, svg	0
23358	Gelatin, mixed fruit, sug free, low cal, dry mix, svg	0
23359	Gelatin, orange, sug free, low cal, dry mix, svg	0
23322	Gelatin, orange, sug free, snack cup	0
45794	Gelatin, original, dry, pkg, Knox Gelatine	0
92991	Gelatin, peach, sug free, low cal, dry mix, svg	0
92975	Gelatin, peach, sug free, snack cup	0
17273	Gelatin, raspberry, sug free, low cal, dry mix, svg	0
23323	Gelatin, raspberry, sug free, snack cup	0
23361	Gelatin, strawberry banana, sug free, low cal, dry mix, svg	0
92989	Gelatin, strawberry kiwi, sug free, low cal, dry mix, svg	0
4374	Gelatin, strawberry kiwi, sug free, snack cup	0
23324	Gelatin, strawberry, sug free, low cal, w/asp, snack cup	0
4373	Gelatin, tropical berry, sug free, snack cup	0
23429	Gelatin, unswtnd, dry	0
90719	Gelatin, unswtnd, dry, 1oz pkg	0
23009	Gelatin, unswtnd, dry, pkt	0
92976	Gelatin, watermelon, sug free, snack cup	0
22543	Gin, 100 proof	0
22514	Gin, 80 proof	0
22592	Gin, 90 proof	0
22542	Gin, 94 proof	0
13531	Goat, fried	0
13528	Goat, raw	0
13623	Goat, rstd	0
16058	Goose, snow, raw	0
16065	Goose, whole, w/o skin, raw	0
14002	Goose, whole, w/o skin, rstd	0
16064	Goose, whole, w/skin, raw	0
14003	Goose, whole, w/skin, rstd	0
31151	Graham's Salt	0
3687	Grapefruit, white, Calif, fresh	25
3338	Grapefruit, white, Calif, fresh, 3 3/4"	25
71090	Grapes, green European type varieties, fresh	46

3056	Grapes, red European type varieties, fresh	46
3055	Grapes, Thompson seedless, fresh	46
53305	Gravy, au jus, cnd	0
16054	Grouse, sage, raw	0
16055	Grouse, sharptail, raw	0
14035	Guinea Hen, whole, w/o skin, raw	0
14034	Guinea Hen, whole, w/skin, raw	0
25001	Honey, strained/extracted	55
62918	Honey, strained/extracted, 0.5oz pkt	55
14026	Horse, raw	0
14018	Horse, rstd	0
58148	Hot Dog, chicken	0
58145	Hot Dog, turkey	0
2004	Ice Cream, vanilla	61
71455	Ice Cream, vanilla, indiv pkg	61
2010	Ice Cream, vanilla, light, 50% less fat, soft serve	47
60634	Infant Cookie, teething biscuits	70
60494	Infant Meat, beef, jr	0
60495	Infant Meat, beef, strnd	0
62888	Infant Meat, chicken, jr	0
60535	Infant Meat, ham, jr	0
60536	Infant Meat, ham, strnd	0
60552	Infant Meat, lamb, jr	0
60610	Infant Meat, pork, strnd	0
60639	Infant Meat, turkey, jr	0
62445	Infant Meat, veal, strnd	0
23054	Jam	51
23055	Jam, 0.5oz pkt	51
72080	Jellyfish, dried, w/salt	0
19071	Jellyfish, pickled	0
3042	Juice Drink, cranberry cocktail, btl	68
20115	Juice Drink, cranberry cocktail, prep f/fzn conc w/water	68
71080	Juice, apple, unswtnd, 8.45 fl oz box	40
3008	Juice, apple, unswtnd, cnd/btl	40
3010	Juice, apple, unswtnd, prep f/fzn conc w/water	40
3328	Juice, apple, unswtnd, w/vit C, cnd/btl	40
3327	Juice, apple, unswtnd, w/vit C, prep f/fzn conc w/water	40
5226	Juice, carrot, cnd	43
3052	Juice, grapefruit, unswtnd, cnd	48
3053	Juice, grapefruit, unswtnd, prep f/fzn conc w/water	48
3456	Juice, orange, Calif, chilled	50
3092	Juice, orange, chilled	50
3090	Juice, orange, fresh	50
71107	Juice, orange, fresh, yield per fruit	50
71108	Juice, orange, unswtnd, 8.45 fl oz box	50
3093	Juice, orange, unswtnd, cnd	50
3091	Juice, orange, unswtnd, prep f/fzn conc w/water	50
3119	Juice, pineapple, prep f/fzn conc w/water	46
3360	Juice, pineapple, unswtnd, w/add vit C, cnd	46
3120	Juice, pineapple, unswtnd, w/o add vit C, cnd	46
5188	Juice, tomato, cnd	38
5397	Juice, tomato, unsalted, cnd	38
104	Lactose, edible, 303	46
105	Lactose, edible, 304	46
40354	Lamb, Austl, average of all cuts, ckd, 1/8" trim	0
40355	Lamb, Austl, average of all cuts, lean, ckd, 1/8" trim	0

13672	Lamb, Austl, average of all cuts, lean, raw, 1/8" trim	0
13610	Lamb, Austl, average of all cuts, raw, 1/8" trim	0
40386	Lamb, Austl, center slice, brld, 1/8" trim	0
40387	Lamb, Austl, center slice, lean, brld, 1/8" trim	0
13685	Lamb, Austl, center slice, lean, raw, 1/8" trim	0
13684	Lamb, Austl, center slice, raw, 1/8" trim	0
40357	Lamb, Austl, foreshank, brsd, 1/8" trim	0
40359	Lamb, Austl, foreshank, lean, brsd, 1/8" trim	0
13675	Lamb, Austl, foreshank, lean, raw, 1/8" trim	0
13674	Lamb, Austl, foreshank, raw, 1/8" trim	0
13679	Lamb, Austl, leg, shank half, lean, raw, 1/8" trim	0
40379	Lamb, Austl, leg, shank half, lean, rstd, 1/8" trim	0
13678	Lamb, Austl, leg, shank half, raw, 1/8" trim	0
40377	Lamb, Austl, leg, shank half, rstd, 1/8" trim	0
13681	Lamb, Austl, leg, sirloin half, lean, raw, 1/8" trim	0
40381	Lamb, Austl, leg, sirloin half, lean, rstd, 1/8" trim	0
13680	Lamb, Austl, leg, sirloin half, raw, 1/8" trim	0
40380	Lamb, Austl, leg, sirloin half, rstd, 1/8" trim	0
13677	Lamb, Austl, leg, whole, lean, raw, 1/8" trim	0
40371	Lamb, Austl, leg, whole, lean, rstd, 1/8" trim	0
13676	Lamb, Austl, leg, whole, raw, 1/8" trim	0
40368	Lamb, Austl, leg, whole, rstd, 1/8" trim	0
40388	Lamb, Austl, loin, brld, 1/8" trim	0
40422	Lamb, Austl, loin, lean, brld, 1/8" trim	0
13687	Lamb, Austl, loin, lean, raw, 1/8" trim	0
13686	Lamb, Austl, loin, raw, 1/8" trim	0
40390	Lamb, Austl, rib, lean, raw, 1/8" trim	0
13689	Lamb, Austl, rib, lean, rstd, 1/8" trim	0
40389	Lamb, Austl, rib, raw, 1/8" trim	0
13688	Lamb, Austl, rib, rstd, 1/8" trim	0
13692	Lamb, Austl, shoulder, arm chop, brsd, 1/8" trim	0
13693	Lamb, Austl, shoulder, arm chop, lean, brsd, 1/8" trim	0
40397	Lamb, Austl, shoulder, arm chop, lean, raw, 1/8" trim	0
40395	Lamb, Austl, shoulder, arm chop, raw, 1/8" trim	0
13694	Lamb, Austl, shoulder, blade chop, brld, 1/8" trim	0
13695	Lamb, Austl, shoulder, blade chop, lean, brld, 1/8" trim	0
40401	Lamb, Austl, shoulder, blade chop, lean, raw, 1/8" trim	0
40398	Lamb, Austl, shoulder, blade chop, raw, 1/8" trim	0
13690	Lamb, Austl, shoulder, whole, ckd, 1/8" trim	0
13691	Lamb, Austl, shoulder, whole, lean, ckd, 1/8" trim	0
40392	Lamb, Austl, shoulder, whole, lean, raw, 1/8" trim	0
40391	Lamb, Austl, shoulder, whole, raw, 1/8" trim	0
40383	Lamb, Austl, sirloin chop, brld, 1/8" trim	0
40384	Lamb, Austl, sirloin chop, lean, brld, 1/8" trim	0
13683	Lamb, Austl, sirloin chop, lean, raw, 1/8" trim	0
13682	Lamb, Austl, sirloin chop, raw, 1/8" trim	0
13604	Lamb, average of all cuts, ckd, choice, 1/4" trim	0
13628	Lamb, average of all cuts, ckd, choice, 1/8" trim	0
13616	Lamb, average of all cuts, lean, ckd, choice, 1/4" trim	0
13535	Lamb, average of all cuts, lean, raw, choice, 1/4" trim	0
13603	Lamb, average of all cuts, raw, choice, 1/4" trim	0
13627	Lamb, average of all cuts, raw, choice, 1/8" trim	0
13624	Lamb, brains, brsd	0
13538	Lamb, brains, pan fried	0
13537	Lamb, brains, raw	0
13630	Lamb, foreshank, brsd, 1/8" trim	0

13514	Lamb, foreshank, brsd, choice, 1/4" trim	0
13515	Lamb, foreshank, lean, brsd, choice, 1/4" trim	0
13607	Lamb, foreshank, lean, raw, choice, 1/4" trim	0
13606	Lamb, foreshank, raw, choice, 1/4" trim	0
13629	Lamb, foreshank, raw, choice, 1/8" trim	0
13524	Lamb, ground, brld, 20% fat	0
13578	Lamb, ground, raw, 23% fat	0
13522	Lamb, kabob meat, lean, brld, 1/4" trim	0
40638	Lamb, kabob meat, lean, brsd, choice, 1/4" trim	0
13577	Lamb, kabob meat, lean, raw, 1/4" trim	0
13552	Lamb, leg, shank half, lean, raw, choice, 1/4"trim	0
13516	Lamb, leg, shank half, lean, rstd, choice, 1/4" trim	0
13532	Lamb, leg, shank half, raw, choice, 1/4" trim	0
13633	Lamb, leg, shank half, raw, choice, 1/8" trim	0
13529	Lamb, leg, shank half, rstd, choice, 1/4" trim	0
13634	Lamb, leg, shank half, rstd, choice, 1/8" trim	0
13635	Lamb, leg, sirloin half, raw, choice, 1/8" trim	0
13517	Lamb, leg, sirloin half, rstd, 1/4/" trim	0
13636	Lamb, leg, sirloin half, rstd, choice, 1/8" trim	0
13554	Lamb, leg, sirloin, lean, raw, choice, 1/4" trim	0
13518	Lamb, leg, sirloin, lean, rstd, choice, 1/4" trim	0
13553	Lamb, leg, sirloin, raw, choice, 1/4" trim	0
13609	Lamb, leg, whole, lean, raw, choice, 1/4" trim	0
13501	Lamb, leg, whole, lean, rstd, choice, 1/4" trim	0
13608	Lamb, leg, whole, raw, choice, 1/4" trim	0
13631	Lamb, leg, whole, raw, choice, 1/8" trim	0
13500	Lamb, leg, whole, rstd, choice, 1/4" trim	0
13632	Lamb, leg, whole, rstd, choice, 1/8" trim	0
13512	Lamb, loin chop, brld, choice, 1/4" trim	0
13513	Lamb, loin chop, lean, brld, choice, 1/4" trim	0
13556	Lamb, loin chop, lean, raw, choice, 1/4" trim	0
13555	Lamb, loin chop, raw, choice, 1/4" trim	0
13638	Lamb, loin, brld, choice, 1/8" trim	0
13534	Lamb, loin, lean, rstd, choice, 1/4" trim	0
13637	Lamb, loin, raw, choice, 1/8" trim	0
13533	Lamb, loin, rstd, choice, 1/4" trim	0
13639	Lamb, loin, rstd, choice, 1/8" trim	0
13545	Lamb, lungs, brsd	0
13544	Lamb, lungs, raw	0
13580	Lamb, NZ, average of all cuts, ckd f/fzn	0
13656	Lamb, NZ, average of all cuts, ckd f/fzn, 1/8" trim	0
13582	Lamb, NZ, average of all cuts, lean, ckd f/fzn	0
13581	Lamb, NZ, average of all cuts, lean, raw, fzn	0
13579	Lamb, NZ, average of all cuts, raw, fzn	0
13655	Lamb, NZ, average of all cuts, raw, fzn, 1/8" trim	0
13586	Lamb, NZ, foreshank, brsd f/fzn	0
13658	Lamb, NZ, foreshank, brsd f/fzn, 1/8" trim	0
13588	Lamb, NZ, foreshank, lean, brsd f/fzn	0
13587	Lamb, NZ, foreshank, lean, raw	0
13585	Lamb, NZ, foreshank, raw	0
13657	Lamb, NZ, foreshank, raw, fzn, 1/8" trim	0
13590	Lamb, NZ, leg, whole, lean, raw, fzn	0
13526	Lamb, NZ, leg, whole, lean, rstd f/fzn	0
13589	Lamb, NZ, leg, whole, raw, fzn	0
13659	Lamb, NZ, leg, whole, raw, fzn, 1/8" trim	0
13525	Lamb, NZ, leg, whole, rstd f/fzn	0

13660	Lamb, NZ, leg, whole, rstd f/fzn, 1/8" trim	0
13592	Lamb, NZ, loin chop, brld f/fzn	0
13663	Lamb, NZ, loin chop, brld f/fzn, 1/8" trim	0
13594	Lamb, NZ, loin chop, lean, brld f/fzn	0
13593	Lamb, NZ, loin chop, lean, raw, fzn	0
13591	Lamb, NZ, loin chop, raw, fzn	0
13661	Lamb, NZ, loin chop, raw, fzn, 1/8" trim	0
13597	Lamb, NZ, rib, lean, raw, fzn	0
13598	Lamb, NZ, rib, lean, rstd f/fzn	0
13595	Lamb, NZ, rib, raw, fzn	0
13665	Lamb, NZ, rib, raw, fzn, 1/8" trim	0
13596	Lamb, NZ, rib, rstd f/fzn	0
13666	Lamb, NZ, rib, rstd f/fzn, 1/8" trim	0
13600	Lamb, NZ, shoulder, whole, brsd f/fzn	0
13668	Lamb, NZ, shoulder, whole, brsd f/fzn, 1/8" trim	0
13602	Lamb, NZ, shoulder, whole, lean, brsd f/fzn	0
13601	Lamb, NZ, shoulder, whole, lean, raw, fzn	0
13599	Lamb, NZ, shoulder, whole, raw	0
13667	Lamb, NZ, shoulder, whole, raw, fzn, 1/8" trim	0
13548	Lamb, pancreas, brsd	0
13547	Lamb, pancreas, raw	0
13558	Lamb, rib, brld, choice, 1/4" trim	0
13641	Lamb, rib, brld, choice, 1/8" trim	0
13559	Lamb, rib, lean, brld, choice, 1/4" trim	0
13619	Lamb, rib, lean, raw, choice, 1/4" trim	0
13511	Lamb, rib, lean, rstd, choice, 1/4" trim	0
13557	Lamb, rib, raw, choice, 1/4" trim	0
13640	Lamb, rib, raw, choice, 1/8" trim	0
13510	Lamb, rib, rstd, choice, 1/4" trim	0
13642	Lamb, rib, rstd, choice, 1/8" trim	0
13649	Lamb, shoulder, arm chop, brld, 1/8" trim	0
13567	Lamb, shoulder, arm chop, brld, choice, 1/4" trim	0
13508	Lamb, shoulder, arm chop, brsd, choice, 1/4" trim	0
13648	Lamb, shoulder, arm chop, brsd, choice, 1/8" trim	0
13519	Lamb, shoulder, arm chop, lean, brld, choice, 1/4" trim	0
13509	Lamb, shoulder, arm chop, lean, brsd, 1/4" trim	0
13569	Lamb, shoulder, arm chop, lean, raw, choice, 1/4" trim	0
13570	Lamb, shoulder, arm chop, lean, rstd, choice, 1/4" trim	0
13566	Lamb, shoulder, arm chop, raw, choice, 1/4" trim	0
13647	Lamb, shoulder, arm chop, raw, choice, 1/8" trim	0
13568	Lamb, shoulder, arm chop, rstd, choice, 1/4" trim	0
13650	Lamb, shoulder, arm chop, rstd, choice, 1/8" trim	0
13572	Lamb, shoulder, blade chop, brld, choice, 1/4" trim	0
13653	Lamb, shoulder, blade chop, brld, choice, 1/8" trim	0
13520	Lamb, shoulder, blade chop, brsd, 1/4" trim	0
13652	Lamb, shoulder, blade chop, brsd, choice, 1/8" trim	0
13575	Lamb, shoulder, blade chop, lean, brld, choice, 1/4" trim	0
13521	Lamb, shoulder, blade chop, lean, brsd, choice, 1/4" trim	0
13574	Lamb, shoulder, blade chop, lean, raw, choice, 1/4" trim	0
13576	Lamb, shoulder, blade chop, lean, rstd, choice, 1/4" trim	0
13571	Lamb, shoulder, blade chop, raw, choice, 1/4" trim	0
13651	Lamb, shoulder, blade chop, raw, choice, 1/8" trim	0
13573	Lamb, shoulder, blade chop, rstd, choice, 1/4" trim	0
13654	Lamb, shoulder, blade chop, rstd, choice, 1/8" trim	0
13562	Lamb, shoulder, whole, brld, choice, 1/4" trim	0
13645	Lamb, shoulder, whole, brld, choice, 1/8" trim	0

13561	Lamb, shoulder, whole, brsd, choice, 1/4" trim	0
13644	Lamb, shoulder, whole, brsd, choice, 1/8" trim	0
13565	Lamb, shoulder, whole, lean, brld, choice, 1/4" trim	0
13564	Lamb, shoulder, whole, lean, brsd, choice, 1/4" trim	0
13563	Lamb, shoulder, whole, lean, raw, choice, 1/4" trim	0
13503	Lamb, shoulder, whole, lean, rstd, choice, 1/4" trim	0
13643	Lamb, shoulder, whole, raw, 1/8" trim	0
13560	Lamb, shoulder, whole, raw, choice, 1/4" trim	0
13502	Lamb, shoulder, whole, rstd, choice, 1/4" trim	0
13646	Lamb, shoulder, whole, rstd, choice, 1/8" trim	0
13550	Lamb, spleen, brsd	0
13549	Lamb, spleen, raw	0
40637	Lamb, stew meat, lean, brld, 1/4" trim	0
13523	Lamb, stew meat, lean, brsd, choice, 1/4" trim	0
40636	Lamb, stew meat, lean, raw, 1/4" trim	0
13507	Lamb, sweetbread, brsd	0
13527	Lamb, tongue, brsd	0
13551	Lamb, tongue, raw	0
13546	Lamb, variety meats & by-product, raw	0
13039	Lunchmeat Loaf, corned beef, jellied, slice, 4"x4"x3/32"	0
58168	Lunchmeat, beef, corned, deli sliced	0
13100	Lunchmeat, beef, jellied, cured, slice, 1oz, 4" x 4" x 3/32"	0
841	Lunchmeat, bologna, beef, FS	0
58147	Lunchmeat, bologna, chicken, slice	0
58146	Lunchmeat, bologna, turkey, slice	0
58149	Lunchmeat, chicken breast, oven rstd, slice	0
431	Lunchmeat, chicken breast, w/o skin, deli meat	0
13242	Lunchmeat, corned beef, imported, cnd	0
12248	Lunchmeat, ham, smkd, deli slice, low fat, FS	0
13162	Lunchmeat, ham, smkd, water add	0
13164	Lunchmeat, ham, w/water add	0
13211	Lunchmeat, head cheese	0
57951	Lunchmeat, head cheese, pork	0
11832	Lunchmeat, head cheese, slice	0
58198	Lunchmeat, pepperoni, pork & beef, sandwich size, deli slice	0
13243	Lunchmeat, potted meat, can	0
58199	Lunchmeat, roast beef, choice, deli sliced	0
28137	Lunchmeat, roast beef, structured, deli meat	0
11821	Lunchmeat, turkey breast, browned, deli meat	0
58177	Lunchmeat, turkey breast, oven roast, svg	0
58137	Lunchmeat, turkey breast, oven rstd, 98% fat free, slice	0
58140	Lunchmeat, turkey breast, smkd, deli, slice	0
13134	Lunchmeat, turkey breast, traditional	0
58143	Lunchmeat, turkey ham, deli	0
58138	Lunchmeat, turkey, smkd, 96% fat free, slice	0
3220	Mango, fresh, slices	51
3221	Mango, fresh, whole	51
44351	Margarine, bakers grade, part hydrog soy cttnd oil, F541X	0
44461	Margarine, bakers, low trans	0
44966	Margarine, hard	0
44755	Margarine, hard, hydrog & reg soybean oil, Gold n Soft	0
8487	Margarine, hard, safflower oil	0
8485	Margarine, hard, safflower oil, unsalted	0
44784	Margarine, industrial, cttnd & part hydrog soy, non dairy	0
8165	Margarine, liquid, cttnd hydrog & reg soy oil	0
90231	Margarine, liquid, cttnd hydrog & reg soy oil, pkt	0

44348	Margarine, puff pastry, F549X	0
44349	Margarine, puff pastry, Vito M & V, F556C	0
44967	Margarine, soft	0
8790	Margarine, soft, hydrog & reg soybean oil, Gold n Soft	0
8490	Margarine, soft, safflower oil	0
44353	Margarine, Trophy, F553X	0
9080	Margarine, whipped, Land O'Lakes Classic Blend, svg	0
91956	Marinade, Montreal steak, dry mix	0
9026	Mayonnaise, pkt	0
18	Milk, chocolate, 2%, cmrcl	34
149	Milk, nonfat/skim, w/add nonfat milk solids & vit A	32
1	Milk, whole, 3.25%	27
8300	Milkfat, anhydrous	0
38052	Millet, ckd	71
91740	Miso, bag	0
14062	Moose, raw	0
40743	Moose, raw, Alaskan	0
14019	Moose, rstd	0
62915	Muffin, blueberry, cmrcl, lrg, 2 3/4" x 3 1/4"	59
44516	Muffin, blueberry, cmrcl, med, 2" x 2 3/4"	59
62916	Muffin, blueberry, cmrcl, mini, 1 1/4"	59
614	Multi Mineral, calcium magnesium zinc, Spring Valley	0
52181	Multi Mineral, Multi Mineral Caps, capsules	0
52197	Multi Vitamin & Mineral, 50 plus formula, tablet	0
52198	Multi Vitamin & Mineral, active formula, tablet	0
52207	Multi Vitamin & Mineral, child, Bugs Bunny complete sug free	0
52194	Multi Vitamin & Mineral, child, extreme sports	0
52203	Multi Vitamin & Mineral, child, Flintstones, complete	0
52180	Multi Vitamin & Mineral, hi potency, Theragran M Advanced	0
52196	Multi Vitamin & Mineral, maximum formula, tablet	0
52199	Multi Vitamin & Mineral, men's formula, tablet	0
52200	Multi Vitamin & Mineral, One A Day, women's formula, tablet	0
8971	Multi Vitamin & Mineral, Opti-Vites, w/iron, capsule	0
1916	Multi Vitamin & Mineral, Opti-Women, capsule	0
52206	Multi Vitamin, child, Bugs Bunny, w/extra vit C, sug free	0
52208	Multi Vitamin, child, Bugs Bunny, w/iron, sug free	0
52205	Multi Vitamin, child, Flintstones, original	0
52202	Multi Vitamin, child, Flintstones, w/calc	0
52204	Multi Vitamin, child, Flintstones, w/extra vit C	0
52201	Multi Vitamin, child, Flintstones, w/iron	0
52195	Multi Vitamin, essential formula, tablet	0
14063	Muskrat, raw	0
14020	Muskrat, rstd	0
91720	Mustard, Asian	0
91073	Mustard, deli	0
93389	Mustard, deli, Grey Poupon	0
92239	Mustard, deli, squeeze btl	0
91811	Mustard, deli, squeeze btl	0
91718	Mustard, dijon	0
93333	Mustard, horseradish	0
93334	Mustard, New York deli style	0
93388	Mustard, spicy brown, Grey Poupon	0
91717	Mustard, stoneground	0
91719	Mustard, stoneground, unsalted	0
91714	Mustard, yellow	0
63195	Nuts, cashews, raw	22

8078	Oil, almond	0
4972	Oil, almond, refined	0
26259	Oil, anise	0
8079	Oil, apricot kernel	0
4973	Oil, apricot kernel, refined	0
8342	Oil, avocado	0
44737	Oil, avocado, extra virgin, cold pressed	0
4974	Oil, avocado, refined	0
8346	Oil, babassu	0
26266	Oil, basil, sweet	0
26233	Oil, bay, West Indian	0
44760	Oil, bearded seal, Alaskan	0
44762	Oil, beluga whale, Alaskan	0
44849	Oil, blend, Think EFA	0
44758	Oil, bowhead whale, Alaskan	0
44363	Oil, butter flvrd, liquid dressing, Hi-Glo, F647X	0
8031	Oil, butter, anhydrous	0
8669	Oil, canola	0
44891	Oil, canola	0
44887	Oil, canola	0
8084	Oil, canola	0
44909	Oil, canola & corn	0
44885	Oil, canola & corn, Right Blend	0
44892	Oil, canola & olive, Chef's Duet	0
44711	Oil, canola & soybean	0
44910	Oil, canola & soybean, Blended Delight	0
90966	Oil, canola corn	0
44386	Oil, canola, frying	0
44389	Oil, canola, frying, liquid, Smart Choice	0
51074	Oil, canola, hi oleic, 65, transfree	0
51083	Oil, canola, hi oleic, hi stability, 75, transfree	0
44790	Oil, canola, hi stability, 90, transfree	0
44796	Oil, canola, hi stability, 95, transfree	0
44976	Oil, canola, hi stability, hi oleic, Natreon	0
4975	Oil, canola, high heat, refined	0
44763	Oil, canola, industrial, w/antifoaming agent	0
44765	Oil, canola, part hydrog, industrial, deep fat frying	0
90967	Oil, canola, pure	0
4977	Oil, canola, refined	0
4976	Oil, canola, refined	0
44764	Oil, canola, salad & cooking industrial	0
44369	Oil, canola, salad cooking, F690L	0
44387	Oil, canola, Smart Choice	0
44388	Oil, canola, Smart Choice Premier	0
44801	Oil, canola, w/add vitamin A	0
26234	Oil, caraway	0
8326	Oil, carob seed, INTL	0
26241	Oil, cassia	0
26209	Oil, celery seeds	0
26240	Oil, cinnamon, leaf	0
26199	Oil, clove	0
26200	Oil, clove, leaf	0
8080	Oil, cocoa butter	0
8037	Oil, coconut	0
44780	Oil, coconut, hydrog, indust, whip topping & coffee whitener	0
44766	Oil, coconut, industrial	0

44778	Oil, coconut, industrial, confection fat & cream coatings	0
44847	Oil, coconut, refined	0
44846	Oil, coconut, unrefined	0
90964	Oil, cooking spray, 0.33 second spray, svg	0
4069	Oil, cooking spray, buttery, w/soy, 1 second spray	0
44841	Oil, cooking spray, canola, high heat, 0.33 second	0
44842	Oil, cooking spray, canola, w/butter flvr, 0.33 second	0
44845	Oil, cooking spray, grapeseed, 0.33 second	0
44843	Oil, cooking spray, olive, 0.33 second	0
44844	Oil, cooking spray, olive, extra virgin, w/garlic, 0.33 sec	0
51160	Oil, cooking, natural blend, Omega	0
26244	Oil, coriander/cilantro	0
44890	Oil, corn	0
8664	Oil, corn	0
44888	Oil, corn	0
44712	Oil, corn & canola	0
44454	Oil, corn peanut & olive	0
44370	Oil, corn, salad cooking, F671B	0
8009	Oil, corn, salad or cooking	0
44807	Oil, corn, unrefined	0
8668	Oil, cottonseed	0
20932	Oil, cottonseed	0
8695	Oil, cottonseed, cooking	0
8697	Oil, cottonseed, part hydrog	0
8696	Oil, cottonseed, salad	0
8081	Oil, cottonseed, salad or cooking	0
26253	Oil, cumin	0
8347	Oil, cupu assu	0
8327	Oil, date pit, INTL	0
26210	Oil, dill, weed, standard	0
44882	Oil, EFA blend, ultra	0
8328	Oil, eggplant seed, INTL	0
26272	Oil, fennel	0
8329	Oil, fenugreek seed, INTL	0
8067	Oil, fish, cod liver	0
8071	Oil, fish, herring	0
8072	Oil, fish, menhaden	0
8282	Oil, fish, menhaden, fully hydrog	0
8073	Oil, fish, salmon	0
8074	Oil, fish, sardine	0
8100	Oil, fish, shark, INTL	0
44716	Oil, flaxseed	0
44875	Oil, flaxseed	0
44880	Oil, flaxseed borage	0
44879	Oil, flaxseed, cinnamon	0
44877	Oil, flaxseed, enrich	0
44878	Oil, flaxseed, ultra enrich	0
44876	Oil, flaxseed, w/lemon	0
26245	Oil, garlic, pure	0
90168	Oil, ghee, anhydrous	0
26217	Oil, ginger	0
8047	Oil, grapeseed	0
44808	Oil, grapeseed, refined	0
8330	Oil, groundnut seed, INTL	0
8048	Oil, hazelnut	0
44819	Oil, hazelnut, toasted	0

8325	Oil, henbane seed, black, INTL	0
8086	Oil, hot	0
26267	Oil, lemon	0
8098	Oil, linseed/flaxseed, INTL	0
44738	Oil, macadamia, extra virgin, cold pressed	0
8343	Oil, mustard	0
20769	Oil, natural blend	0
90968	Oil, Natural Blend, veg canola & sunflower	0
8331	Oil, nigerseed, INTL	0
26223	Oil, nutmeg	0
8348	Oil, nutmeg butter	0
8092	Oil, Nutra-Clear	0
8070	Oil, oat	0
8747	Oil, olive blend	0
44898	Oil, olive blend, Caruso	0
44826	Oil, olive, Arbequina, extra virgin, unrefined	0
44827	Oil, olive, California, extra virgin, unrefined	0
44900	Oil, olive, extra virgin	0
8361	Oil, olive, extra virgin	0
44904	Oil, olive, extra virgin, basil	0
44905	Oil, olive, extra virgin, cilantro	0
44906	Oil, olive, extra virgin, lemon	0
44903	Oil, olive, extra virgin, roasted garlic	0
44902	Oil, olive, extra virgin, roasted pepper	0
44908	Oil, olive, extra virgin, rosemary	0
44907	Oil, olive, extra virgin, tomato	0
44824	Oil, olive, extra virgin, unrefined	0
44825	Oil, olive, extra virgin, unrefined	0
44828	Oil, olive, Greek, extra virgin, unrefined	0
44901	Oil, olive, light	0
44822	Oil, olive, Mediterranean, extra virgin, unrefined	0
44823	Oil, olive, Mediterranean, w/lemon, unrefined	0
44899	Oil, olive, pure	0
8008	Oil, olive, salad or cooking	0
44840	Oil, olive, Spanish, extra virgin, unrefined	0
44839	Oil, olive, Tuscan, extra virgin, unrefined	0
26269	Oil, onion, pure	0
44789	Oil, Oogruk, Alaskan	0
8082	Oil, palm	0
44776	Oil, palm kernal, hydrog, indust, confection fat 95 deg hard	0
44779	Oil, palm kernal, hydrog, industrial, whipped toppings	0
8083	Oil, palm kernel	0
44777	Oil, palm kernel, hydrog, indust confection fat intermed grd	0
44782	Oil, palm kernel, hydrog, industrial, filling fat	0
44775	Oil, palm kernel, industrial, confection fat	0
44781	Oil, palm, industrial, filling fat	0
8332	Oil, peach kernel, INTL	0
8666	Oil, peanut	0
44896	Oil, peanut	0
44795	Oil, peanut, aromatic	0
44799	Oil, peanut, gold, w/add vitamin A	0
44957	Oil, peanut, premium	0
44794	Oil, peanut, roasted	0
44372	Oil, peanut, salad cooking, F686P	0
8026	Oil, peanut, salad or cooking	0
44809	Oil, peanut, unrefined	0

8324	Oil, pear seed, balsam, INTL	0
26196	Oil, pepper, black	0
26263	Oil, peppermint	0
8333	Oil, pimento/pimiento seed, INTL	0
26230	Oil, pimentos, leaf	0
91483	Oil, pimientos, leaf	0
8334	Oil, pistachio nut kernel, INTL	0
8672	Oil, popcorn, Dinny Rob	0
44394	Oil, popping & topping, Orval Redenbacher	0
8049	Oil, poppy seed	0
8097	Oil, pumpkin seed, INTL	0
44820	Oil, pumpkin seed, toasted	0
8050	Oil, rice bran	0
8772	Oil, safflower	0
8362	Oil, safflower	0
4979	Oil, safflower, refined	0
4980	Oil, safflower, refined, super	0
8010	Oil, safflower, salad or cooking, greater than 70% linoleic	0
8111	Oil, safflower, salad or cooking, greater than 70% oleic	0
4978	Oil, safflower, unrefined	0
44800	Oil, safflower, w/add vitamin A	0
26203	Oil, sage, dalmation	0
44367	Oil, salad cooking, hi stability, part hydrog soybean F627X	0
44368	Oil, salad cooking, hi stability, part hydrog soybean, F660X	0
44371	Oil, salad or cooking, ctnsd, F640E	0
26268	Oil, savory, sweet	0
8670	Oil, sesame	0
8771	Oil, sesame	0
44812	Oil, sesame, refined	0
8027	Oil, sesame, salad or cooking	0
44813	Oil, sesame, toasted, unrefined	0
44814	Oil, sesame, toasted, unrefined	0
44811	Oil, sesame, unrefined	0
44810	Oil, sesame, unrefined	0
8349	Oil, sheanut	0
8337	Oil, sorrel seed, red, INTL	0
44815	Oil, soy, refined	0
8665	Oil, soybean	0
44894	Oil, soybean & canola, Soyola	0
44897	Oil, soybean & peanut blend	0
8660	Oil, soybean cottonseed, hydrog	0
44773	Oil, soybean ctnsd, part hydrog, indust tortilla shortening	0
8266	Oil, soybean lecithin	0
44783	Oil, soybean palm, part hydrog, industrial, icing & filling	0
44893	Oil, soybean, all natural	0
44959	Oil, soybean, culinary, all natural, FS	0
8661	Oil, soybean, hydrog	0
44769	Oil, soybean, industrial, refined	0
44772	Oil, soybean, part hydrog & winterized, indust, fry	0
44771	Oil, soybean, part hydrog, industrial, all purpose	0
44767	Oil, soybean, part hydrog, industrial, for flavoring	0
44770	Oil, soybean, part hydrog, industrial, non dairy butter flvr	0
8662	Oil, soybean, partially hydrog	0
8663	Oil, soybean, partially hydrog, winterized	0
44974	Oil, soybean, refined, USDA	0
44373	Oil, soybean, salad dressing, F686P	0

8012	Oil, soybean, salad or cooking	0
8180	Oil, soybean, salad or cooking, hydrog	0
8028	Oil, soybean, salad or cooking, hydrog, w/cttnsd oil	0
44961	Oil, soybean, SmartFry, all natural, FS	0
8336	Oil, sugar apple seed, INTL	0
44895	Oil, sunflower	0
8667	Oil, sunflower	0
8011	Oil, sunflower, greater than 60% linoleic	0
8360	Oil, sunflower, greater than 70% oleic	0
51082	Oil, sunflower, hi oleic, transfree	0
51075	Oil, sunflower, hi stability, 100, transfree	0
4971	Oil, sunflower, high heat, refined	0
8268	Oil, sunflower, hydrog, linoleic	0
8233	Oil, sunflower, less than 60% linoleic	0
51081	Oil, sunflower, mid oleic, transfree, NuSun	0
44761	Oil, sunflower, mid-oleic, industrial	0
44816	Oil, sunflower, refined	0
44817	Oil, sunflower, refined	0
8350	Oil, tea seed	0
26256	Oil, thyme	0
8351	Oil, tomato seed	0
8352	Oil, ucuhuba butter	0
44393	Oil, veg, liquid, Crystal	0
8304	Oil, veg, part hydrog, hi stability, Durkex 500	0
90965	Oil, veg, pure	0
44395	Oil, veg, Wesgold	0
44886	Oil, vegetable	0
44975	Oil, vegetable, low saturated fat, USDA	0
8085	Oil, walnut	0
44818	Oil, walnut, refined	0
44821	Oil, walnut, toasted	0
44759	Oil, walrus, Alaskan	0
8335	Oil, watermelon seed, INTL	0
8038	Oil, wheat germ	0
44881	Oil, wheat germ, unrefined	0
8671	Oil, wok	0
14021	Opossum, rstd	0
3228	Oranges, Calif, navels, fresh, 2 7/8"	48
3715	Oranges, Calif, navels, fresh, w/o membranes	48
81169	Ostrich, fan, raw	0
81168	Ostrich, ground, brld	0
81167	Ostrich, ground, raw	0
81171	Ostrich, inside leg, ckd	0
81170	Ostrich, inside leg, raw	0
81173	Ostrich, inside strip, ckd	0
81172	Ostrich, inside strip, raw	0
81174	Ostrich, outside leg, raw	0
81176	Ostrich, outside strip, ckd	0
81175	Ostrich, outside strip, raw	0
81178	Ostrich, oyster, ckd	0
81177	Ostrich, oyster, raw	0
81179	Ostrich, round, raw	0
81180	Ostrich, tenderloin, raw	0
81182	Ostrich, tip, ckd	0
81181	Ostrich, tip, raw	0
81184	Ostrich, top loin, ckd	0

81183	Ostrich, top loin, raw	0
40719	Owl, horned, Alaskan	0
10045	Ox, blood, raw, INTL	0
5935	Parsnips, ckd w/salt, drained, 9" long	97
5936	Parsnips, ckd w/salt, drained, slices	97
5212	Parsnips, ckd, drained	97
6835	Parsnips, ckd, drained, 9" long	97
16056	Partridge, grey, raw	0
38152	Pasta, corn, ckd	78
38047	Pasta, egg, enrich, ckd	40
38251	Pasta, egg, enrich, ckd w/salt	40
38260	Pasta, egg, unenrich, ckd	40
38273	Pasta, egg, unenrich, ckd w/salt	40
38151	Pasta, macaroni, corn, ckd	78
38102	Pasta, macaroni, enrich, ckd	47
38258	Pasta, macaroni, unenrich, ckd	47
38551	Pasta, rice, ckd	61
38105	Pasta, shells, sml, enrich, ckd	47
38153	Pasta, spaghetti, corn, ckd	78
38118	Pasta, spaghetti, enrich, ckd	42
38121	Pasta, spaghetti, enrich, ckd w/salt	42
38060	Pasta, spaghetti, whole wheat, ckd	32
38107	Pasta, spiral, enrich, ckd	47
13101	Pastrami, beef, cured, 1 oz slice	0
58165	Pastrami, beef, deli, sliced	0
58144	Pastrami, turkey	0
3725	Peaches, fresh, lrg, w/o skin, 2 3/4"	42
3096	Peaches, fresh, med, w/o skin, 2 1/2"	42
3097	Peaches, fresh, sliced, w/o skin	42
3726	Peaches, fresh, sml, w/o skin, 2"	42
3176	Peaches, halves, w/juice, cnd, w/liquid	38
3174	Peaches, halves, w/light syrup, cnd, w/liquid	52
71051	Peaches, slices, w/juice, cnd, w/liquid	38
71110	Peaches, slices, w/light syrup, cnd, w/liquid	52
3175	Peaches, whole, w/juice, cnd, w/liquid	38
3103	Pears, fresh, bartlett, med	38
3105	Pears, fresh, bosc, sml	38
3106	Pears, fresh, d'anjou, lrg	38
3104	Pears, fresh, sliced	38
3179	Pears, halves, w/juice, cnd, w/liquid	43
90197	Peas, cajan, mature, ckd w/salt	22
5939	Peas, green, ckd f/fzn w/salt, drained	48
90561	Peas, green, ckd f/fzn w/salt, drained, 10oz pkg	48
5118	Peas, green, ckd f/fzn, drained, 10oz pkg	48
90027	Peas, pigeon, mature, ckd w/salt	22
90196	Peas, red gram, mature, ckd w/salt	22
30107	Pectin, fruit, for homemade jams & jellies, dry	0
30108	Pectin, fruit, for low sugar recipes, dry	0
38794	Pectin, jam, no cook, dry	0
91806	Peppers, banana, rings, fresh	0
16024	Pheasant, breast, w/o skin, raw	0
16025	Pheasant, leg, w/o skin, raw	0
51148	Pheasant, whole, ckd	0
16023	Pheasant, whole, w/o skin, raw	0
16022	Pheasant, whole, w/skin, raw	0
51109	Pigeon, light meat, w/o skin, raw	0

51110	Pigeon, whole, w/o skin, raw	0
51111	Pigeon, whole, w/skin, raw	0
3112	Pineapple, fresh	59
3111	Pineapple, fresh, dices	59
71112	Pineapple, fresh, slices, 3 1/2" x 1/5"	59
3113	Pineapple, fresh, slices, 3 1/2" x 3/4"	59
3121	Plums, fresh, 2 1/8"	39
3123	Plums, fresh, slices	39
17073	Pompano, Florida, fillet, bkd/brld	0
17203	Pompano, Florida, fillet, raw	0
44012	Popcorn, air popped	72
44072	Popcorn, white, air popped	72
12080	Pork Skins, plain	0
12138	Pork, avg of cuts, leg shoulder loin & spareribs, raw	0
12118	Pork, avg of retail cuts, leg shoulder & loin, lean, ckd	0
12137	Pork, avg of retail cuts, leg shoulder & loin, lean, raw	0
12309	Pork, avg of retail cuts, leg shoulder loin & sparerib, ckd	0
12308	Pork, avg of retail cuts, leg shoulder loin & sparerib, raw	0
12240	Pork, avg of retail cuts, loin & shoulder blade, ckd	0
12311	Pork, avg of retail cuts, loin & shoulder blade, lean, ckd	0
12181	Pork, avg of retail cuts, loin & shoulder blade, lean, raw	0
12287	Pork, avg of retail cuts, loin & shoulder blade, raw	0
12140	Pork, belly, raw	0
12143	Pork, brains, brsd	0
12142	Pork, brains, raw	0
12136	Pork, carcass, raw	0
12317	Pork, chitlins, small intestines, ckd	0
12144	Pork, chitterlings, small intestines, raw	0
12184	Pork, chop, blade loin, brld	0
12183	Pork, chop, blade loin, brsd	0
12188	Pork, chop, blade loin, lean, brld	0
12187	Pork, chop, blade loin, lean, brsd	0
12040	Pork, chop, blade loin, lean, pan fried	0
12021	Pork, chop, blade loin, pan fried	0
12254	Pork, chop, center cut, 4 oz pce, FS	0
40511	Pork, chop, center cut, 5 oz pce, FS	0
12192	Pork, chop, center loin, brld	0
12043	Pork, chop, center loin, brsd	0
12025	Pork, chop, center loin, lean, brld	0
12024	Pork, chop, center loin, lean, brsd	0
12026	Pork, chop, center loin, lean, pan fried	0
12044	Pork, chop, center loin, pan fried	0
12262	Pork, chop, center rib loin, brld	0
12261	Pork, chop, center rib loin, brsd	0
12267	Pork, chop, center rib loin, lean, brld	0
12266	Pork, chop, center rib loin, lean, brsd	0
12268	Pork, chop, center rib loin, lean, pan fried	0
12051	Pork, chop, center rib loin, lean, raw	0
12053	Pork, chop, center rib loin, lean, w/bone, brld	0
12052	Pork, chop, center rib loin, lean, w/bone, brsd	0
12054	Pork, chop, center rib loin, lean, w/bone, pan fried	0
12263	Pork, chop, center rib loin, pan fried	0
12046	Pork, chop, center rib loin, raw	0
12050	Pork, chop, center rib loin, rstd	0
12048	Pork, chop, center rib loin, w/bone, brld	0
12047	Pork, chop, center rib loin, w/bone, brsd	0

12049	Pork, chop, center rib loin, w/bone, pan fried	0
12275	Pork, chop, sirloin, brld	0
12276	Pork, chop, sirloin, brsd	0
12096	Pork, chop, sirloin, lean, brld	0
12279	Pork, chop, sirloin, lean, brsd	0
12219	Pork, chop, sirloin, lean, raw	0
12108	Pork, chop, sirloin, lean, w/bone, brld	0
12107	Pork, chop, sirloin, lean, w/bone, brsd	0
12141	Pork, chop, sirloin, raw	0
12105	Pork, chop, sirloin, w/bone, brld	0
12104	Pork, chop, sirloin, w/bone, brsd	0
12058	Pork, chop, top loin, brld	0
12057	Pork, chop, top loin, brsd	0
12063	Pork, chop, top loin, lean, brld	0
12062	Pork, chop, top loin, lean, brsd	0
12064	Pork, chop, top loin, lean, pan fried	0
12061	Pork, chop, top loin, lean, raw	0
12059	Pork, chop, top loin, pan fried	0
12056	Pork, chop, top loin, raw	0
92204	Pork, chop, top loin, w/o bone, lean, pan brld	0
92205	Pork, chop, top loin, w/o bone, pan brld	0
12030	Pork, chop, whole loin, brld	0
12029	Pork, chop, whole loin, brsd	0
12035	Pork, chop, whole loin, lean, brld	0
12033	Pork, chop, whole loin, lean, brsd	0
12032	Pork, chop, whole loin, lean, raw	0
12028	Pork, chop, whole loin, raw	0
12186	Pork, chop/roast, blade loin, lean, raw	0
12182	Pork, chop/roast, blade loin, raw	0
12023	Pork, chop/roast, center loin, lean, raw	0
12042	Pork, chop/roast, center loin, raw	0
12265	Pork, chop/roast, center rib loin, lean, raw	0
12260	Pork, chop/roast, center rib loin, raw	0
12278	Pork, chop/roast, sirloin, lean, raw	0
12274	Pork, chop/roast, sirloin, raw	0
12293	Pork, choppie steak, FS	0
12340	Pork, chpd, fzn, 3oz, FS	0
12299	Pork, cube steak, fzn, 4oz, FS	0
12330	Pork, cube steak, fzn, 5oz, FS	0
13111	Pork, cured ham w/water, dinner slice, bkd	0
12210	Pork, cured ham, extra lean, 4% fat, cnd, unheated	0
12225	Pork, cured ham, lean, 7% fat, cnd, unheated	0
12211	Pork, cured ham, reg, 11% fat, rstd	0
93463	Pork, cured ham, shank, lean, w/bone, rstd	0
93466	Pork, cured ham, shank, lean, w/bone, unheated, w/wtr add	0
93468	Pork, cured ham, shank, lean, w/bone, w/nat juices, unheated	0
93481	Pork, cured ham, slice, lean, w/bone, nat juices, unhtd, lrg	0
93482	Pork, cured ham, slice, lean, w/bone, nat juices, unhtd, sml	0
93478	Pork, cured ham, slice, lean, w/bone, unheated	0
93480	Pork, cured ham, slice, lean, w/bone, w/nat juices, pan brld	0
12253	Pork, cured ham, smkd, diced, FS	0
12132	Pork, cured ham, steak, extra lean, unheated	0
12312	Pork, cured ham, USDA, heated	0
12006	Pork, cured ham, whole, lean, rstd	0
12005	Pork, cured ham, whole, rstd	0
12175	Pork, cured shoulder, arm, lean, rstd	0

12174	Pork, cured shoulder, arm, rstd	0
12176	Pork, cured shoulder, blade roll, unheated	0
12099	Pork, ground, ckd	0
12313	Pork, ground, fine/coarse, USDA, ckd f/fzn	0
12315	Pork, ground, fine/coarse, USDA, raw, fzn	0
12281	Pork, ground, raw	0
40510	Pork, ham, puree, FS	0
12218	Pork, ham, rump, lean, raw	0
12017	Pork, ham, rump, lean, rstd, diced	0
12217	Pork, ham, rump, raw	0
12101	Pork, ham, rump, rstd, diced	0
90082	Pork, ham, shank half, lean, raw	0
12103	Pork, ham, shank half, lean, rstd, diced	0
90081	Pork, ham, shank half, raw	0
12102	Pork, ham, shank half, rstd, diced	0
12216	Pork, ham, whole, lean, raw	0
12089	Pork, ham, whole, lean, rstd, diced	0
12215	Pork, ham, whole, raw	0
12016	Pork, ham, whole, rstd, diced	0
93507	Pork, hocks, pickled	0
12150	Pork, jowl, raw	0
12152	Pork, kidneys, brsd	0
12151	Pork, kidneys, raw	0
12036	Pork, loin, whole, lean, rstd, sl	0
12031	Pork, loin, whole, rstd, sl	0
12156	Pork, lungs, brsd	0
12155	Pork, lungs, raw	0
12159	Pork, pancreas, brsd	0
12158	Pork, pancreas, raw	0
12148	Pork, pigs feet, raw	0
12178	Pork, pigs feet, simmered	0
49193	Pork, puree, FS	0
12259	Pork, ribs, backribs, raw	0
12097	Pork, ribs, backribs, rstd	0
12234	Pork, ribs, country style, brsd	0
12098	Pork, ribs, country style, lean, brsd	0
12272	Pork, ribs, country style, lean, raw	0
12236	Pork, ribs, country style, lean, rstd	0
12269	Pork, ribs, country style, raw	0
12235	Pork, ribs, country style, rstd	0
12010	Pork, ribs, spareribs, brsd	0
12258	Pork, ribs, spareribs, raw	0
12041	Pork, roast, blade loin, lean, rstd	0
12022	Pork, roast, blade loin, rstd	0
12027	Pork, roast, center loin, lean, rstd	0
12045	Pork, roast, center loin, rstd	0
12095	Pork, roast, center rib loin, lean, rstd	0
12055	Pork, roast, center rib loin, lean, w/bone, rstd	0
12264	Pork, roast, center rib loin, rstd	0
12310	Pork, roast, sirloin, lean, rstd	0
12092	Pork, roast, sirloin, lean, w/bone, rstd	0
12277	Pork, roast, sirloin, rstd	0
12106	Pork, roast, sirloin, w/bone, rstd	0
12286	Pork, roast, top loin, lean, raw	0
12065	Pork, roast, top loin, lean, rstd	0
12285	Pork, roast, top loin, raw	0

12060	Pork, roast, top loin, rstd	0
12003	Pork, shoulder, arm, brsd, diced	0
12004	Pork, shoulder, arm, lean, brsd	0
12224	Pork, shoulder, arm, lean, raw	0
12112	Pork, shoulder, arm, lean, rstd	0
12223	Pork, shoulder, arm, raw	0
12111	Pork, shoulder, arm, rstd, diced	0
12094	Pork, shoulder, blade, Boston roast, lean, rstd	0
12115	Pork, shoulder, blade, Boston roast, rstd	0
12114	Pork, shoulder, blade, Boston steak, brld	0
12113	Pork, shoulder, blade, Boston steak, brsd	0
12117	Pork, shoulder, blade, Boston steak, lean, brld	0
12116	Pork, shoulder, blade, Boston steak, lean, brsd	0
12290	Pork, shoulder, blade, Boston steak/roast, lean, raw	0
12289	Pork, shoulder, blade, Boston steak/roast, raw	0
12222	Pork, shoulder, whole, lean, raw	0
12110	Pork, shoulder, whole, lean, rstd, diced	0
12221	Pork, shoulder, whole, raw	0
12109	Pork, shoulder, whole, rstd, diced	0
12161	Pork, spleen, brsd	0
12160	Pork, spleen, raw	0
12335	Pork, stew meat, cubes, fzn, 4oz, FS	0
12162	Pork, stomach, raw	0
12179	Pork, tail, raw	0
12180	Pork, tail, simmered	0
12237	Pork, tenderloin, chop, brld	0
12239	Pork, tenderloin, lean, chop, brld	0
12220	Pork, tenderloin, lean, raw	0
12093	Pork, tenderloin, lean, rstd	0
12280	Pork, tenderloin, raw	0
12238	Pork, tenderloin, rstd	0
12164	Pork, tongue, brsd	0
12163	Pork, tongue, raw	0
12157	Pork, variety meats, mechanically separated, raw	0
31166	Potassium Aluminum Sulfate	0
31137	Potassium Benzoate	0
26322	Potassium Chloride, granular, USP/FCC, pour/loose	0
63297	Potassium Chloride, granular, USP/FCC, tapped/compact	0
63298	Potassium Chloride, w/conditioner, food grade tapped/compact	0
26323	Potassium Chloride, w/conditioner, food grade, pour	0
31059	Potassium Citrate, monohydrate	0
28160	Potassium Iodate, food grade, powder	0
31084	Potassium Nitrate	0
31085	Potassium Nitrite	0
6996	Potatoes, baked, salted	85
5947	Potatoes, baked, salted, 2 1/3" x 4 3/4"	85
5336	Potatoes, baked, unsalted, lrg, 3" to 4 1/4"	85
5334	Potatoes, baked, unsalted, med, 2 1/4" to 3 1/4"	85
5338	Potatoes, baked, unsalted, sml, 1 3/4" to 2 1/2"	85
5951	Potatoes, ckd in skin, peeled, salted	50
5952	Potatoes, ckd in skin, peeled, salted 2 1/2"	50
5133	Potatoes, ckd in skin, peeled, unsalted, 2 1/2"	50
5134	Potatoes, ckd in skin, peeled, unsalted, diced	50
5352	Potatoes, drained, cnd	63
5790	Potatoes, french fries, fzn	75
90497	Potatoes, french fries, fzn, 9oz pkg	75

5957	Potatoes, microwv in skin, peeled, salted	82
5958	Potatoes, microwv in skin, peeled, salted, 2 1/3" x 4 3/4"	82
5348	Potatoes, microwv in skin, peeled, unsalted	82
5345	Potatoes, microwv in skin, peeled, unsalted, 2 1/3" x 4 3/4"	82
16154	Poultry, back & neck, mechanically deboned, w/o skin, raw	0
16153	Poultry, back & neck, mechanically deboned, w/skin, raw	0
16155	Poultry, mechanically deboned, mature hen, raw	0
92229	Preserves	51
92230	Preserves, 0.5oz pkt	51
52243	Protein, BioZate 1	0
52244	Protein, BioZate 3	0
52245	Protein, BioZate 5	0
38135	Protein, corn, zein-regular grade F4000	0
34048	Protein, corn, zein-special grade F6000	0
52239	Protein, dairy, BiPro, agglomerated	0
52240	Protein, dairy, BiPro, instantized	0
28054	Protein, dairy, BiPro, isolate	0
7704	Protein, soy, Ardex F, dispersible, isolated	0
7703	Protein, soy, Ardex F, isolated	0
7716	Protein, soy, hydrolyzed, H200 FG	0
11824	Protein, soy, isolate, ProPlus	0
38686	Protein, soy, isolate, Supro	0
7706	Protein, soy, isolated, 646	0
7707	Protein, soy, isolated, 648	0
7709	Protein, soy, isolated, 781	0
52220	Protein, soy, isolated, 825	0
52218	Protein, soy, isolated, 873	0
52219	Protein, soy, isolated, 875	0
52216	Protein, soy, isolated, 891	0
52217	Protein, soy, isolated, 892	0
52214	Protein, soy, isolated, 930	0
52215	Protein, soy, isolated, 932	0
52213	Protein, soy, isolated, 945	0
38694	Protein, soy, isolated, 974	0
91017	Protein, soy, isolated, 976	0
52212	Protein, soy, isolated, 977	0
7713	Protein, soy, isolated, 981	0
7708	Protein, soy, isolated, 982	0
62696	Protein, soy, natural, unprep, pwd scoop	0
52246	Protein, soy, PR, pwd, scoop	0
52257	Protein, soy, pwd	0
4060	Protein, supplement, low sod, inst pwd, scoop	0
52211	Protein, vegetable product, 985	0
7544	Protein, vegetable, hydrolyzed, Vegamine 128-D	0
7545	Protein, vegetable, hydrolyzed, Vegamine 184-D	0
7543	Protein, vegetable, hydrolyzed, Vegamine 27-D	0
63320	Protein, whey, isolate, vanilla, pwd, svg	0
3126	Prunes, dried	29
2604	Pudding, chocolate, prep f/dry mix w/whole milk	44
62348	Pudding, supplement, butterscotch, snack cup	36
62347	Pudding, supplement, choc supreme, snack cup	36
62349	Pudding, supplement, tapioca, snack cup	36
62148	Pudding, supplement, vanilla, snack cup	36
71826	Pudding, vanilla, inst, prep w/whole milk	44
16015	Quail, breast, w/o skin, raw	0
51149	Quail, whole, ckd	0

16014	Quail, whole, w/o skin, raw	0
16013	Quail, whole, w/skin, raw	0
14048	Rabbit, raw, domestic	0
14050	Rabbit, raw, wild	0
14004	Rabbit, rstd, domestic	0
14049	Rabbit, stewed, domestic	0
14022	Rabbit, stewed, wild	0
14023	Raccoon, rstd	0
3766	Raisins, seedless	64
3764	Raisins, seedless, mini box	64
3129	Raisins, seedless, packed cup	64
3765	Raisins, seedless, sml box	64
3130	Raisins, seedless, unpacked cup	64
44021	Rice Cake, brown rice, plain, salted	78
44080	Rice Cake, brown rice, plain, unsalted	78
38010	Rice, brown, long grain, ckd	55
38016	Rice, white, long grain, enrich, parboiled, ckd	72
38184	Rice, white, long grain, unenrich, ckd	56
38276	Rice, white, long grain, unenrich, ckd w/salt	56
38266	Rice, white, long grain, unenrich, parboiled, ckd	72
22644	Rum, 100 proof	0
22593	Rum, 80 proof	0
22661	Rum, 90 proof	0
22640	Rum, 94 proof	0
44940	Salad Dressing, blue cheese, Roka, w/art swtnr	0
8198	Salad Dressing, caesar, perfect, G-1, FS	0
44938	Salad Dressing, French, creamy, w/art swtnr	0
44699	Salad Dressing, Italian	0
44937	Salad Dressing, Italian, light, w/art swtnr	0
44935	Salad Dressing, Italian, w/art swtnr	0
44698	Salad Dressing, ranch	0
92512	Salad Dressing, ranch, lite	0
44939	Salad Dressing, ranch, w/art swtnr	0
44936	Salad Dressing, ranch, w/buttermilk, light, w/art swtnr	0
8191	Salad Dressing, vinegar & oil, classic, D-5, FS	0
57959	Salami, beef, slices	0
58197	Salami, Genoa, pork & beef	0
58170	Salami, Genoa, pork & beef, deli sliced	0
58196	Salami, pork & beef, hard	0
58195	Salami, pork & beef, hard, deli sliced	0
13145	Salami, turkey, square	0
53583	Salsa, mild, cnd	0
92085	Salsa, naturala, mild, dry mix	0
92086	Salsa, naturala, spicy, dry mix	0
26650	Salt Substitute, Cardia Salt	0
26632	Salt Substitute, Nu-Salt, no sod, pkt	0
26540	Salt, blending, HG, pour/loose	0
91638	Salt, blending, prep, HG, pour/loose	0
91637	Salt, blending, TFC HG, pour/loose	0
26621	Salt, dendritic ES, Star Flake, pour/loose	0
26542	Salt, dendritic, Star Flake, pour/loose	0
91639	Salt, fine, Culinox 999, pour/loose, f/all other plants	0
26617	Salt, fine, Culinox 999, pour/loose, f/Rittman plant	0
91642	Salt, fine, prep, Purex, pour/loose, f/Grand Saline plant	0
26543	Salt, fine, prep, Purex, pour/loose, f/Rittman plant	0
91641	Salt, fine, prep, Purex, pour/loose, f/Silver Springs plant	0

91640	Salt, fine, TFC 999, pour/loose, f/all other plants	0
26612	Salt, fine, TFC 999, pour/loose, f/Rittman plant	0
91643	Salt, flake, top, pour/loose, coarse	0
26606	Salt, flake, top, pour/loose, extra coarse	0
91645	Salt, flake, top, pour/loose, fine	0
91644	Salt, flake, top, pour/loose, topping	0
26545	Salt, flour	0
26544	Salt, flour, 50/50, prep, pour/loose	0
26539	Salt, food grade, Culinox 999, pour/loose	0
91929	Salt, hickory smkd	0
91927	Salt, imit butter flvr	0
93286	Salt, Kosher, course	0
26089	Salt, lite, mixture, industrial, pour/loose	0
91647	Salt, lite, TFC mixture	0
26541	Salt, pulverized, pour extra fine 200 f/Hutchinson & Rittman	0
91646	Salt, pulverized, pour extra fine 325 f/Hutchinson & Rittman	0
26538	Salt, Purex, pour/loose	0
26537	Salt, rock, pretzel, loose	0
26014	Salt, table	0
90213	Salt, table, dash svg	0
26291	Salt, table, iodized	0
26123	Salt, table, non-iodized	0
26620	Salt, TFC 999, pour/loose	0
26619	Salt, TFC Purex	0
72043	Sashimi, mackerel, Pacific & jack, fillet	0
72044	Sashimi, salmon, chinook, fillet	0
72047	Sashimi, snapper, fillet, mixed species	0
72045	Sashimi, tuna, bluefin, fillet	0
72041	Sashimi, tuna, skipjack, fillet,	0
72042	Sashimi, tuna, yellowfin, fillet, w/o bone, 1" cube	0
72039	Sashimi, yellowtail, fillet, mixed species	0
53592	Sauce, cooking, herb & garlic Italian tomato, cnd	0
7523	Sauce, soy, dark	0
7524	Sauce, soy, light	0
53613	Sauce, soy, naturally brewed	0
9356	Sauce, tomato pesto, cnd	0
13075	Sausage, blutwurst, black pudding, INTL	0
10460	Sausage, bockwurst, pork, link	0
58011	Sausage, bratwurst, chicken, ckd	0
57999	Sausage, bratwurst, veal, ckd	0
58546	Sausage, breakfast, patty	0
58241	Sausage, chicken & beef, smkd, cubic inch	0
58242	Sausage, chicken & beef, smkd, pieces	0
13269	Sausage, pork, bulk, USDA, ckd f/fzn	0
13270	Sausage, pork, bulk, USDA, raw, fzn	0
13267	Sausage, pork, link, ckd f/4"x7/8" raw	0
57882	Sausage, pork, link, raw, 4"x7/8"	0
58353	Sausage, pork, link, USDA, ckd f/fzn	0
58214	Sausage, pork, link, USDA, raw, fzn	0
839	Sausage, pork, pampered, mild, patty, FS	0
13226	Sausage, pork, pampered, patty, FS	0
13266	Sausage, pork, patty, ckd f/3 7/8" x 1/4" raw	0
13068	Sausage, pork, patty, raw, 3 7/8" x 1/4"	0
58354	Sausage, pork, patty, USDA, ckd f/fzn	0
58215	Sausage, pork, patty, USDA, raw, fzn	0
58227	Sausage, pork, preckd	0

12230	Sausage, pork, svg	0
13052	Sausage, turkey, breakfast	0
58135	Sausage, turkey, breakfast link, raw	0
58232	Sausage, turkey, ckd	0
13115	Sausage, turkey, link	0
13239	Sausage, Vienna	0
13240	Sausage, Vienna, chicken	0
19011	Scallops, stmd	0
21112	Sea Salt	0
53439	Sea Salt, gray, Ocean Grains	0
40722	Seal, bearded, dried, Alaskan	0
40746	Seal, bearded, partially dried, Alaskan	0
40721	Seal, bearded, raw, Alaskan	0
40731	Seal, Oogruk, dried, Alaskan	0
40749	Seal, Oogruk, partially dried, Alaskan	0
40732	Seal, Oogruk, raw, Alaskan	0
40717	Seal, ringed, meat only, Alaskan	0
93064	Seasoning, all natural, Liquid Aminos	0
93326	Seasoning, Asian Essence, dry mix	0
91946	Seasoning, barbecue	0
93324	Seasoning, Bayou Blast!, dry mix	0
93190	Seasoning, bean soup mix	0
91937	Seasoning, brld steak	0
91947	Seasoning, Cajun	0
91940	Seasoning, Caribbean jerk	0
91943	Seasoning, chicken	0
93328	Seasoning, chicken rub, dry mix	0
93280	Seasoning, chicken, grilling	0
91934	Seasoning, Creole	0
26281	Seasoning, cure, salt, tinted prague pwd, NN 001-0900	0
90625	Seasoning, extra spicy	0
91932	Seasoning, fajita	0
91944	Seasoning, garlic bread	0
90623	Seasoning, garlic herb	0
91945	Seasoning, garlic parsley salt	0
91955	Seasoning, garlic pepper	0
672	Seasoning, garlic pepper	0
669	Seasoning, garlic salt	0
91970	Seasoning, garlic salt	0
91952	Seasoning, garlic salt	0
93091	Seasoning, gomasio	0
93092	Seasoning, gomasio, garlic	0
93093	Seasoning, gomasio, seaweed	0
91942	Seasoning, herb chicken	0
93327	Seasoning, Italian Essence, dry mix	0
93282	Seasoning, Italian medley	0
91954	Seasoning, lemon pepper	0
93277	Seasoning, lemon pepper	0
26099	Seasoning, lemon pepper	0
91941	Seasoning, mesquite chicken	0
93281	Seasoning, mesquite, grilling	0
91939	Seasoning, Mexican	0
91958	Seasoning, Montreal chicken	0
91959	Seasoning, Montreal chicken, w/rstd garlic	0
91960	Seasoning, Montreal steak	0
91961	Seasoning, Montreal steak, spicy	0

90622	Seasoning, Mrs. Dash, original blend	0
93276	Seasoning, onion herb	0
91953	Seasoning, onion salt	0
91971	Seasoning, onion salt	0
93323	Seasoning, original Essence, dry mix	0
675	Seasoning, Pinch of Herbs	0
93330	Seasoning, rib rub, dry mix	0
26101	Seasoning, Salt Free 17	0
91936	Seasoning, salt, rotisserie chicken	0
91928	Seasoning, salt, Season-All	0
91926	Seasoning, salt, spicy, Season-All	0
673	Seasoning, salt, w/black pepper	0
91931	Seasoning, salt, w/garlic, Season-All	0
91935	Seasoning, salt, w/lemon & pepper	0
26098	Seasoning, salt, w/o msg	0
91930	Seasoning, salt, w/pepper, Season-All	0
668	Seasoning, salt, w/red pepper	0
91949	Seasoning, Salt'n Spice	0
91933	Seasoning, seafood	0
92091	Seasoning, seafood poultry salad & meats, dry mix	0
93278	Seasoning, Southwest chipotle	0
93325	Seasoning, Southwest Essence, dry mix	0
93329	Seasoning, steak rub, dry mix	0
93279	Seasoning, steak, grilling	0
90624	Seasoning, table blend	0
26483	Seasoning, taco, 40% less salt, dry mix	0
91925	Seasoning, vegetable, Supreme	0
93283	Seasonings, tomato basil garlic	0
9747	Seaweed, wakame, inst flakes	0
4349	Shake, supplement, butter pecan, rtu	31
4351	Shake, supplement, chocolate, rtu	31
4350	Shake, supplement, vanilla, rtu	31
44366	Shortening, all purpose, lard, Oakleaf, F267A	0
44341	Shortening, all purpose, M & V Bake All, F072C	0
44360	Shortening, all purpose, M & V, F159A	0
44973	Shortening, all purpose, part hydrog soy & ctnsd oil, USDA	0
44365	Shortening, all purpose, part hydrog soy ctnsd, F298X	0
44340	Shortening, all purpose, part hydrog, soybean & ctnsd oil	0
44364	Shortening, all purpose, pie, special, F299X	0
44883	Shortening, animal & veg oil	0
8281	Shortening, baking, hydrog soy & palm & ctnsd oil	0
8269	Shortening, bread, hydrog soy & ctnsd oil	0
44400	Shortening, butter flvr, Lo Melt	0
8686	Shortening, cake & frosting, hydrog soy oil	0
44459	Shortening, cake & icing, low trans	0
44343	Shortening, cake icing, F202C	0
44342	Shortening, cake icing, F208X	0
44380	Shortening, cake mix 208, food processor, White Plume, F220X	0
44379	Shortening, cake mix, food processor, F225X	0
8271	Shortening, cake mix, hydrog soy & ctnsd oil	0
44460	Shortening, cake, low trans	0
44344	Shortening, cake, part hydrog soybean & soybean oil, F205X	0
44375	Shortening, confectionary nondairy fat, Tem-Cote, F736X	0
44377	Shortening, confectionary nondairy fats, F753X	0
44374	Shortening, confectionary nondairy fats, Shasta, F043X	0

44378	Shortening, confectionary nondairy fats, Tem Plus 95, F745X	0
44376	Shortening, confectionary nondairy fats, Tem-Cote, F756X	0
8280	Shortening, confectionary, fractionated palm oil	0
8274	Shortening, confectionary, hydrog coconut & palm oil	0
44396	Shortening, cube, mfb for bakeries	0
44402	Shortening, cube, mfb for kitchens	0
44398	Shortening, cube, Super	0
44397	Shortening, cube, Super Quik-Blend	0
44399	Shortening, cube, Task	0
44358	Shortening, donut fry, solid, F115X	0
44385	Shortening, flakes, biscuit, hard, part hydrog soybean F315X	0
44381	Shortening, flakes, golden, hard, part hydrog soybean, F313X	0
44384	Shortening, flakes, icing, hard, Mr. Chips, F310E	0
44382	Shortening, flakes, part cttnd oil, hard, F370E	0
44383	Shortening, flakes, part hydrog soybean oil, hard, F360X	0
8093	Shortening, frying, canola oil, Nutra-Fry	0
8273	Shortening, frying, heavy duty, beef tallow & cttnd	0
8277	Shortening, frying, heavy duty, hydrog palm oil	0
8279	Shortening, frying, heavy duty, hydrog soy oil, <1% linoleic	0
8275	Shortening, frying, heavy duty, hydrog soy oil, 30% linoleic	0
44403	Shortening, frying, liquid, Super	0
8270	Shortening, frying, reg, soybean & cttnd oil	0
44362	Shortening, frying, solid, beef fat, F253C	0
44361	Shortening, frying, solid, hydrog lard, F274A	0
44359	Shortening, frying, solid, lard, D & S, F283A	0
44793	Shortening, hard, hydrog, transfree, 390	0
8007	Shortening, household, hydrog soybean & cttnd oil	0
8278	Shortening, household, hydrog soybean & palm oil	0
8267	Shortening, household, lard & veg oil	0
44483	Shortening, household, vegetable	0
44792	Shortening, hydrog, transfree, 370	0
44346	Shortening, icing, M & V, F230C	0
44347	Shortening, icing, part hydrog soybean cttnd oil, F233X	0
44345	Shortening, icing, part hydrog soybean cttnd oil, F242X	0
44774	Shortening, industrial, cttnd soy & part hydrog soy, pastry	0
44768	Shortening, industrial, fry, part hydrog, liquid	0
8272	Shortening, industrial, lard & veg oil	0
44786	Shortening, industrial, part hydrog soy & corn oil	0
44787	Shortening, industrial, part hydrog soy oil	0
8276	Shortening, industrial, soy & cttnd oil	0
44484	Shortening, institutional	0
44884	Shortening, lard	0
8283	Shortening, multipurpose, soybean & palm oil	0
44848	Shortening, palm oil	0
8121	Shortening, part hydrog soybean & cttnd oil	0
44458	Shortening, pie, low trans	0
44352	Shortening, roll-in, golden crescent, F567X	0
44791	Shortening, soft, hydrog, transfree, 350	0
44972	Shortening, soybean & part hydrog soybean, USDA	0
44339	Shortening, soybean, frying, Pro Fry	0
44335	Shortening, soybean, liquid, Clear Choice	0
44337	Shortening, soybean, liquid, Pour N' Fry	0
44401	Shortening, Super Prints	0
90963	Shortening, veg	0
90987	Shortening, veg, butter flvr	0
20768	Shortening, vegetable	0

44457	Shortening, vegetable, all purpose, low trans	0
51163	Shortening, vegetable, can	0
51164	Shortening, vegetable, stick	0
44835	Shortening, vegetable, sticks	0
8315	Shortening, w/part hydrog veg oil, emulsifier blend, Perflex	0
44404	Shortening, Wesgold	0
44350	Shortening, yeast raised dough, F317X	0
19141	Shrimp, ckd FDA	0
19012	Shrimp, ckd, lrg, mixed species	0
19017	Shrimp, cnd, drained, mixed species	0
19161	Shrimp, deveined, med, cnd	0
19167	Shrimp, deveined, sml, cnd	0
19127	Shrimp, drained, mixed species, 4.5oz can	0
31169	Silicon Dioxide, Zeofree 80	0
14064	Snipe, lean, INTL	0
20295	Soda, 7 Up, cherry, diet	0
20207	Soda, 7 Up, diet	0
20462	Soda, black cherry, diet, w/asp	0
20185	Soda, black cherry, diet, w/sacc & asp	0
20481	Soda, cherry cola, diet, w/asp	0
20186	Soda, cherry cola, diet, w/sacc & asp	0
4787	Soda, club	0
20480	Soda, club	0
20006	Soda, club	0
4811	Soda, club, Schweppes	0
20147	Soda, Coca Cola/Coke	63
20187	Soda, cola, diet, w/nutrasweet	0
20056	Soda, cola, diet, w/sacc & asp, caff free	0
4784	Soda, cream, diet, A & W	0
4805	Soda, cream, diet, Hires	0
20411	Soda, cream, diet, Mug	0
20464	Soda, cream, diet, w/asp	0
20189	Soda, cream, diet, w/sacc & asp	0
20463	Soda, Doc Shasta, diet, w/asp	0
4797	Soda, Dr Pepper, diet	0
4799	Soda, Dr Pepper, diet, caff free	0
20524	Soda, French vanilla creme, diet, w/asp	0
4789	Soda, ginger ale, cranberry, diet	0
4813	Soda, ginger ale, diet, Schweppes	0
20461	Soda, ginger ale, diet, w/asp	0
20190	Soda, ginger ale, diet, w/sacc & asp	0
20460	Soda, grape, diet, w/asp	0
20191	Soda, grape, diet, w/sacc & asp	0
20459	Soda, grapefruit, diet, w/asp	0
20192	Soda, grapefruit, diet, w/sacc & asp	0
20458	Soda, kiwi strawberry, diet, w/asp	0
20193	Soda, lemon lime twist, diet, w/sacc & asp	0
20457	Soda, lemon lime, diet, w/asp	0
20125	Soda, Mandarin orange, diet	0
20272	Soda, Mountain Dew, diet	0
20273	Soda, Mountain Dew, diet, caff free	0
20609	Soda, not cola/pepper, diet, caff free	0
20844	Soda, not cola/pepper, diet, w/caff, w/asp	0
20527	Soda, orange, diet, w/asp	0
20456	Soda, orange, diet, w/asp	0
20194	Soda, orange, diet, w/sacc & asp	0

20167	Soda, Pepsi, diet	0
20269	Soda, Pepsi, diet, caff free	0
20469	Soda, pineapple orange, diet, w/sacc & asp	0
20455	Soda, raspberry creme, diet, w/asp	0
20522	Soda, Red Creme, diet, w/asp	0
4786	Soda, root beer, diet, A & W	0
4802	Soda, root beer, diet, Hires	0
4807	Soda, root beer, diet, IBC	0
20275	Soda, root beer, diet, Mug	0
20454	Soda, root beer, diet, w/nutrasweet	0
20195	Soda, root beer, diet, w/sacc & asp	0
4791	Soda, seltzer	0
20164	Soda, Sprite, diet, w/asp	0
20315	Soda, Squirt, diet	0
20471	Soda, strawberry peach, diet, w/sacc & asp	0
20196	Soda, strawberry, diet, w/sacc & asp	0
20689	Soda, Sundrop, diet	0
4820	Soda, Vernor's, diet	0
63471	Sodium Aluminosilicate, pwd, 201	0
63476	Sodium Aluminosilicate, pwd, 23	0
63469	Sodium Aluminosilicate, pwd, 23A	0
63467	Sodium Aluminosilicate, pwd, 301	0
63468	Sodium Aluminosilicate, pwd, 7	0
31063	Sodium Aluminosilicate, pwd, 7A	0
63472	Sodium Aluminosilicate, pwd, 80	0
31136	Sodium Benzoate	0
31062	Sodium Citrate, dihydrate	0
31173	Sodium Ferrocyanide	0
31093	Sodium hexametaphosphate	0
63470	Sodium Magnesium Aluminosilicate, pwd, 94HP	0
31152	Sodium Metaphosphate	0
31089	Sodium Nitrate	0
31044	Sodium Nitrite, 33% NA	0
31153	Sodium Polyphosphate	0
31004	Sodium Propionate, Mycoban	0
50405	Soup, minestrone, rts, cnd	39
50407	Soup, split pea, rts, cnd	60
50028	Soup, tomato, prep f/cnd w/water, cmrcl	38
90359	Soup, tomato, prep w/water, cmrcl, 10.75oz can	38
7015	Soybeans, mature, ckd	18
90028	Soybeans, mature, ckd w/salt	18
26260	Spice, anise, aquaresin	0
26264	Spice, basil, oleoresin	0
26190	Spice, capsicum, oleoresin, African	0
26206	Spice, celery, oleoresin, French	0
26204	Spice, celery, oleoresin, Indian	0
26207	Spice, celery, oleoresin, sweet	0
91465	Spice, chili powder, Eagle	0
26251	Spice, cumin, oleoresin	0
26282	Spice, mustard, oleoresin	0
26222	Spice, nutmeg, oleoresin	0
674	Spice, onion, minced, w/green onion flakes	0
26249	Spice, oregano, oleoresin	0
26616	Spice, paprika, hot, Hungarian, Budapest's Best	0
26192	Spice, paprika, oleoresin	0
26172	Spice, paprika, oleoresin, BE 0016	0

26156	Spice, paprika, oleoresin, OP 40 WD/DF	0
26615	Spice, paprika, sweet, Hungarian, Budapest's Best	0
91938	Spice, pepper, citrus blend	0
26224	Spice, rosemary, oleoresin	0
44745	Spread, 39% veg oil, light, stick	0
8603	Spread, 39% veg oil, light, tub	0
44746	Spread, 39% veg oil, w/add calc, tub	0
44707	Spread, 40% fat, rducd cal, stick	0
44749	Spread, 40% veg oil, light, tub	0
44741	Spread, 48% veg oil, soft	0
44735	Spread, 48% veg oil, tub, Imperial	0
44754	Spread, 60% olive oil, squeeze	0
44753	Spread, 60% olive oil, tub	0
8611	Spread, 60% veg oil, squeeze	0
8608	Spread, 60% veg oil, tub	0
44739	Spread, 65% veg oil, stick	0
44734	Spread, 65% veg oil, stick, Imperial	0
44743	Spread, 67% corn oil, soft	0
44744	Spread, 67% corn oil, stick	0
44752	Spread, 67% veg oil, sod free, stick	0
44751	Spread, 67% veg oil, sod free, tub	0
44706	Spread, 70% fat, liquid	0
8609	Spread, 70% veg oil, stick	0
250	Spread, Benecol	0
44862	Spread, buttery	0
640	Spread, buttery, 67%	0
44861	Spread, buttery, essential omega 3	0
639	Spread, buttery, light, 37%	0
44834	Spread, buttery, light, w/flax oil	0
44833	Spread, buttery, Natucal	0
44829	Spread, buttery, non-GMO, all natural	0
44788	Spread, buttery, Omega Plus	0
44968	Spread, buttery, stick	0
44832	Spread, buttery, sticks	0
44969	Spread, buttery, tub	0
44831	Spread, buttery, whipped	0
44443	Spread, churn style, stick	0
8322	Spread, churn style, tub	0
71832	Spread, Country Crock, pkt	0
44971	Spread, Country Morning Blend, soft	0
44970	Spread, Country Morning Blend, stick	0
44434	Spread, fat free, tub	0
44736	Spread, fat free, tub, Promise	0
8825	Spread, light, Benecol	0
44438	Spread, light, stick	0
44437	Spread, light, tub	0
44442	Spread, light, tub	0
8248	Spread, rducd cal, hydrog soy & cttnsd oil, 60% fat	0
81430	Spread, Smart Beat, super light, w/o sat fat	0
44830	Spread, Soy Garden	0
44748	Spread, spray bottle, fat free, svg for cooking	0
44747	Spread, spray bottle, fat free, svg for topping	0
303	Spread, spray btl, 1.25 second spray	0
44433	Spread, spray btl, as topping, 5 sprays	0
44435	Spread, squeeze btl	0
44441	Spread, squeeze btl	0

44440	Spread, stick	0
44436	Spread, stick	0
44439	Spread, sweet cream & calc, tub	0
44455	Spread, Take Control	0
44464	Spread, Take Control, light	0
8698	Spread, tub	0
8176	Spread, tub	0
44482	Spread, vegetable oil, 60% fat, bottle	0
44491	Spread, vegetable oil, 60% fat, bottle, unsalted	0
44478	Spread, vegetable oil, 60% fat, tub	0
44490	Spread, vegetable oil, 60% fat, tub, unsalted	0
44721	Spread, vegetable oil, rducd cal	0
44444	Spread, w/calc & vitamins, tub	0
44733	Spread, yogurt, 40% fat, rducd cal, Brummel & Brown	0
16018	Squab, light meat, w/o skin, raw	0
16017	Squab, whole, w/o skin, raw	0
16016	Squab, whole, w/skin, raw	0
40715	Squirrel, ground, Alaskan	0
14051	Squirrel, raw	0
14024	Squirrel, rstd	0
28089	Starch Complexing Agent, GMS 90 double strength	0
50689	Stock, fish, prep f/recipe	0
26146	Stock, soup, light, Flavor-Glow	0
42570	Stuffing, chicken, dry mix, svg	74
25006	Sugar, white, granulated	68
25146	Sugar, white, granulated, cubed	68
25007	Sugar, white, granulated, pkt	68
52253	Supplement, borage oil, softgel, capsules	0
52254	Supplement, evening primrose oil, capsules	0
52252	Supplement, fish oil, capsules	0
52255	Supplement, fish oil, w/Ultra EFA, capsules	0
52251	Supplement, flaxseed oil, softgel, capsules	0
52250	Supplement, flaxseed oil, ultra enrich, softgel, capsules	0
63037	Supplement, Max Complete, capsules	0
25218	Sweetener, artificial, Acesulfame-K	0
25037	Sweetener, aspartame, NutraSweet, pwd/granular	0
25097	Sweetener, dextrose, BW-0050	99
63452	Sweetener, Flavour Creations, tablet	0
25113	Sweetener, fructose, crystalline, Cornsweet	19
63453	Sweetener, InstaSweet, tablet	0
31106	Sweetener, lactitol monohydrate, Lacty-M	2
63632	Sweetener, saccharin, liquid, SugarTwin	0
63449	Sweetener, saccharin, NectaSweet, 1 grain, tablet	0
63450	Sweetener, saccharin, NectaSweet, 1/2 grain, tablet	0
63451	Sweetener, saccharin, NectaSweet, 1/4 grain, tablet	0
63255	Sweetener, sucralose, Splenda, pwd, R&D use only	0
25284	Sweetener, Sunett, acesulfame k	0
5161	Sweetpotatoes, ckd w/o skin & salt, mashed	61
5159	Sweetpotatoes, ckd w/o skin & salt, med	61
90644	Taco Shells, bkd, lrg, 6 1/2"	68
42168	Taco Shells, bkd, med, 5"	68
90645	Taco Shells, bkd, mini, 3"	68
42296	Taco Shells, bkd, unsalted, med, 5"	68
71453	Taco Shells, bkd, unsalted, mini, 3"	68
20495	Tea, bags	0
20888	Tea, black, brewed	0

20869	Tea, black, classic, brewed	0
20872	Tea, black, classic, decaf, brewed	0
20867	Tea, black, earl grey, brewed	0
20868	Tea, black, English breakfast, brewed	0
20866	Tea, black, Total Antioxidant, brewed	0
20993	Tea, blackberry, bags	0
20883	Tea, chai, original, brewed w/water only	0
20873	Tea, chai, original, decaf, brewed	0
20986	Tea, cold brew, bags	0
20988	Tea, cold brew, decaf, bags	0
20496	Tea, decaf, bags	0
20994	Tea, French vanilla, bags	0
20876	Tea, green, antioxidant, brewed	0
20877	Tea, green, authentic, brewed	0
20443	Tea, green, bags	0
20887	Tea, green, brewed	0
20998	Tea, green, decaf, 100% natural, bags	0
20875	Tea, green, decaf, brewed	0
20886	Tea, green, echinacea mint	0
20870	Tea, green, Emerald Gardens, brewed	0
20878	Tea, green, honey lemon ginseng, brewed	0
20996	Tea, green, honey, bags	0
20997	Tea, green, lemon ginseng, bags	0
20871	Tea, green, Mandarin Orchard, decaf, brewed	0
20999	Tea, green, mint, bags	0
20874	Tea, green, mint, decaf, brewed	0
20879	Tea, green, Misty Jasmine, brewed	0
21000	Tea, green, mixed berry, bags	0
20995	Tea, green, orange passionfruit & jasmine, bags	0
20912	Tea, herbal, Almond Sunset, brewed	0
20913	Tea, herbal, Bengal Spice, brewed	0
20909	Tea, herbal, caffeine free, brewed	0
21002	Tea, herbal, chamomile, bags	0
20901	Tea, herbal, chamomile, brewed	0
20902	Tea, herbal, chamomile, organic, brewed	0
20905	Tea, herbal, Cinnamon Apple Spice, brewed	0
20893	Tea, herbal, Country Peach Passion, brewed	0
20894	Tea, herbal, Cranberry Cove, brewed	0
20862	Tea, herbal, Detox A.M., brewed	0
20856	Tea, herbal, Diet Partner, brewed	0
20853	Tea, herbal, Echinacea Complete Care, brewed	0
20861	Tea, herbal, echinacea, brewed	0
20910	Tea, herbal, Emperor's Choice, brewed	0
21001	Tea, herbal, ginger twist, bags	0
20860	Tea, herbal, GingerEase, brewed	0
20859	Tea, herbal, GinkgoSharp, brewed	0
20857	Tea, herbal, Ginseng Energy, brewed	0
20895	Tea, herbal, honey vanilla chamomile, brewed	0
20858	Tea, herbal, LaxaTea, brewed	0
20897	Tea, herbal, Lemon Berry Zinger, brewed	0
20896	Tea, herbal, Lemon Zinger, brewed	0
20890	Tea, herbal, Mandarin Orange Spice, brewed	0
20892	Tea, herbal, Mint Magic, brewed	0
20863	Tea, herbal, Mood Mender, brewed	0
20907	Tea, herbal, Orange Mango Zinger, brewed	0
21003	Tea, herbal, peppermint, bags	0

20904	Tea, herbal, peppermint, brewed	0
20903	Tea, herbal, peppermint, organic, brewed	0
20898	Tea, herbal, Raspberry Zinger, brewed	0
20889	Tea, herbal, Red Zinger, brewed	0
20906	Tea, herbal, Roastaroma, brewed	0
20864	Tea, herbal, Sleepytime Extra, brewed	0
20899	Tea, herbal, Sleepytime, brewed	0
20900	Tea, herbal, strawberry kiwi, brewed	0
20880	Tea, herbal, Sugar Plum Spice, brewed	0
20852	Tea, herbal, Sunburst C, brewed	0
20855	Tea, herbal, Tension Tamer Extra, brewed	0
20911	Tea, herbal, Tension Tamer, brewed	0
20854	Tea, herbal, Throat Soothers, brewed	0
20865	Tea, herbal, Tummy Mint, brewed	0
20891	Tea, herbal, Wild Berry Zinger, brewed	0
20908	Tea, herbal, Wild Cherry Blackberry, brewed	0
20915	Tea, hot, English toffee, After Dinner, brewed	0
20881	Tea, hot, Nutcracker Sweet, brewed	0
20914	Tea, hot, vanilla hazelnut, After Dinner, brewed	0
20985	Tea, iced brew, bags	0
20987	Tea, iced brew, decaf, bags	0
30452	Tea, iced, 100%, decaf, inst pwd	0
30451	Tea, iced, 100%, inst pwd	0
21019	Tea, iced, decaf, unswtnd, inst pwd	0
21018	Tea, iced, lemon, calorie free, w/sacc, inst pwd	0
20610	Tea, iced, lemon, sug free, rtd	0
21182	Tea, iced, peach, sug free, dry mix	0
21183	Tea, iced, raspberry, sug free, dry mix	0
21079	Tea, iced, unswtnd, dry mix	0
21035	Tea, iced, unswtnd, rtd, btl	0
20726	Tea, just plain, unswtnd	0
63410	Tea, lemon flvr, diet, sug free, inst pwd	0
20884	Tea, mate, Island Spice, brewed	0
20885	Tea, mate, Tropical Zinger, brewed	0
20882	Tea, mate, Verde Mist, brewed	0
20992	Tea, mint, bags	0
20991	Tea, orange & spice, bags	0
30458	Tea, sun, inst pwd	0
21107	Tea, unswtnd, rtd	0
663	Tenderizer, original, w/o msg, unseasoned	0
91974	Tenderizer, seasoned	0
665	Tenderizer, seasoned, w/spices	0
91975	Tenderizer, unseasoned	0
22652	Tequila, 100 proof	0
22515	Tequila, 80 proof	0
22666	Tequila, 90 proof	0
22649	Tequila, 94 proof	0
16083	Turkey, avg, back, w/skin, raw	0
16084	Turkey, avg, back, w/skin, rstd	0
16085	Turkey, avg, breast, w/skin, raw	0
16086	Turkey, avg, breast, w/skin, rstd	0
16082	Turkey, avg, dark meat, w/o skin, raw	0
51101	Turkey, avg, dark meat, w/o skin, rstd	0
16080	Turkey, avg, dark meat, w/skin, raw	0
16028	Turkey, avg, dark meat, w/skin, rstd	0
16074	Turkey, avg, gizzard, raw	0

16087	Turkey, avg, leg, w/skin, raw	0
16159	Turkey, avg, leg, w/skin, rstd	0
16081	Turkey, avg, light meat, w/o skin, raw	0
16158	Turkey, avg, light meat, w/o skin, rstd	0
16079	Turkey, avg, light meat, w/skin, raw	0
16027	Turkey, avg, light meat, w/skin, rstd	0
16077	Turkey, avg, neck, w/o skin, raw	0
16078	Turkey, avg, neck, w/o skin, simmered	0
16070	Turkey, avg, skin, raw	0
16071	Turkey, avg, skin, rstd	0
16000	Turkey, avg, w/o skin, rstd	0
16069	Turkey, avg, whole, w/o skin, raw	0
16068	Turkey, avg, whole, w/skin, raw	0
16026	Turkey, avg, whole, w/skin, rstd	0
16088	Turkey, avg, wing, w/skin, raw	0
16089	Turkey, avg, wing, w/skin, rstd	0
51130	Turkey, breast tenderloin, raw	0
51132	Turkey, breast, cutlets, raw	0
47133	Turkey, breast, oven rstd, 56% less salt, fat free	0
13109	Turkey, breast, oven rstd, dinner slice	0
16150	Turkey, breast, prebasted, w/skin, rstd	0
51131	Turkey, breast, strips, raw	0
16341	Turkey, chpd, fzn, 3oz, FS	0
51136	Turkey, dark meat, w/o skin, smkd, med slice 3" x 2" x 1/4"	0
51138	Turkey, dark meat, w/o skin, smkd, thick slice 3 x 2 x 3/8	0
51140	Turkey, dark meat, w/skin, smkd, 1" cube	0
51142	Turkey, dark meat, w/skin, smkd, med slice 3" x 2" x 1/4"	0
51144	Turkey, dark meat, w/skin, smkd, thick slice 3" x 2" x 3/8"	0
51145	Turkey, drumstick, w/skin, smkd	0
16156	Turkey, f/turkey frames, mechanically deboned, raw	0
16107	Turkey, fryer/roaster, back, w/o skin, raw	0
16108	Turkey, fryer/roaster, back, w/o skin, rstd	0
16105	Turkey, fryer/roaster, back, w/skin, raw	0
16106	Turkey, fryer/roaster, back, w/skin, rstd	0
16111	Turkey, fryer/roaster, breast, w/o skin, raw	0
16038	Turkey, fryer/roaster, breast, w/o skin, rstd	0
16109	Turkey, fryer/roaster, breast, w/skin, raw	0
16110	Turkey, fryer/roaster, breast, w/skin, rstd	0
16103	Turkey, fryer/roaster, dark meat, w/o skin, raw	0
16104	Turkey, fryer/roaster, dark meat, w/o skin, rstd	0
16100	Turkey, fryer/roaster, dark meat, w/skin, raw	0
16101	Turkey, fryer/roaster, dark meat, w/skin, rstd	0
16114	Turkey, fryer/roaster, leg, w/o skin, raw	0
16115	Turkey, fryer/roaster, leg, w/o skin, rstd	0
16112	Turkey, fryer/roaster, leg, w/skin, raw	0
16113	Turkey, fryer/roaster, leg, w/skin, rstd	0
16102	Turkey, fryer/roaster, light meat, w/o skin, raw	0
16001	Turkey, fryer/roaster, light meat, w/o skin, rstd	0
16098	Turkey, fryer/roaster, light meat, w/skin, raw	0
16099	Turkey, fryer/roaster, light meat, w/skin, rstd	0
16096	Turkey, fryer/roaster, skin, raw	0
16097	Turkey, fryer/roaster, skin, rstd	0
16094	Turkey, fryer/roaster, whole, w/o skin, raw	0
16095	Turkey, fryer/roaster, whole, w/o skin, rstd	0
16092	Turkey, fryer/roaster, whole, w/skin, raw	0
16093	Turkey, fryer/roaster, whole, w/skin, rstd	0

16118	Turkey, fryer/roaster, wing, w/o skin, raw	0
16119	Turkey, fryer/roaster, wing, w/o skin, rstd	0
16116	Turkey, fryer/roaster, wing, w/skin, raw	0
16117	Turkey, fryer/roaster, wing, w/skin, rstd	0
16204	Turkey, ground, 10% fat, raw	0
51128	Turkey, ground, 7% fat, raw	0
16157	Turkey, ground, 8% fat, raw	0
51133	Turkey, ground, 99% fat free, raw	0
16003	Turkey, ground, patty, 13% fat, ckd, 4oz raw	0
16309	Turkey, ground, patty, 8% fat, raw, 4oz	0
16130	Turkey, hen, back, w/skin, raw	0
16131	Turkey, hen, back, w/skin, rstd	0
16132	Turkey, hen, breast, w/skin, raw	0
16035	Turkey, hen, breast, w/skin, rstd	0
16129	Turkey, hen, dark meat, w/o skin, raw	0
16034	Turkey, hen, dark meat, w/o skin, rstd	0
16127	Turkey, hen, dark meat, w/skin, raw	0
16032	Turkey, hen, dark meat, w/skin, rstd	0
16133	Turkey, hen, leg, w/skin, raw	0
16036	Turkey, hen, leg, w/skin, rstd	0
16128	Turkey, hen, light meat, w/o skin, raw	0
16033	Turkey, hen, light meat, w/o skin, rstd	0
16126	Turkey, hen, light meat, w/skin, raw	0
16031	Turkey, hen, light meat, w/skin, rstd	0
16124	Turkey, hen, skin, raw	0
16125	Turkey, hen, skin, rstd	0
16123	Turkey, hen, whole, w/o skin, raw	0
16030	Turkey, hen, whole, w/o skin, rstd	0
16122	Turkey, hen, whole, w/skin, raw	0
16029	Turkey, hen, whole, w/skin, rstd	0
16134	Turkey, hen, wing, w/skin, raw	0
16037	Turkey, hen, wing, w/skin, rstd	0
51135	Turkey, light meat, w/o skin, smkd, med slice 3" x 2" x 1/4"	0
51137	Turkey, light meat, w/o skin, smkd, thick slice 3 x 2 x 3/8	0
51139	Turkey, light meat, w/skin, smkd, 1" cube	0
51141	Turkey, light meat, w/skin, smkd, med slice 3" x 2" x 1/4"	0
51143	Turkey, light meat, w/skin, smkd, thick slice 3" x 2" x 3/8"	0
51152	Turkey, light, chunk, premium, w/water, cnd	0
51129	Turkey, patty, 7% fat, raw	0
16924	Turkey, patty, white meat	0
1862	Turkey, puree, FS	0
51134	Turkey, roast, f/breast meat, homestyle seasoned, raw	0
16151	Turkey, thigh, prebasted, w/skin, w/o bone, rstd	0
16145	Turkey, tom, back, w/skin, raw	0
16146	Turkey, tom, back, w/skin, rstd	0
16147	Turkey, tom, breast, w/skin, raw	0
16045	Turkey, tom, breast, w/skin, rstd	0
16144	Turkey, tom, dark meat, w/o skin, raw	0
16044	Turkey, tom, dark meat, w/o skin, rstd	0
16142	Turkey, tom, dark meat, w/skin, raw	0
16042	Turkey, tom, dark meat, w/skin, rstd	0
16148	Turkey, tom, leg, w/skin, raw	0
16046	Turkey, tom, leg, w/skin, rstd	0
16143	Turkey, tom, light meat, w/o skin, raw	0
16043	Turkey, tom, light meat, w/o skin, rstd	0
16141	Turkey, tom, light meat, w/skin, raw	0

16041	Turkey, tom, light meat, w/skin, rstd	0
16138	Turkey, tom, meat only, w/o skin, raw	0
16139	Turkey, tom, skin, raw	0
16140	Turkey, tom, skin, rstd	0
16040	Turkey, tom, whole, w/o skin, rstd	0
16137	Turkey, tom, whole, w/skin, raw	0
16039	Turkey, tom, whole, w/skin, rstd	0
16149	Turkey, tom, wing, w/skin, raw	0
16047	Turkey, tom, wing, w/skin, rstd	0
16049	Turkey, w/broth, 5oz can	0
16050	Turkey, w/broth, drained, 5oz can	0
51146	Turkey, wing, w/skin, smkd	0
40571	Turtle, green, raw	0
11531	Veal, avg of all cuts, ckd	0
11552	Veal, avg of all cuts, lean, ckd	0
11533	Veal, avg of all cuts, lean, raw	0
11551	Veal, avg of all cuts, raw	0
11532	Veal, brains, brsd	0
11598	Veal, brains, fried	0
11535	Veal, brains, raw	0
11685	Veal, breast, ckd	0
11688	Veal, breast, plate half, brsd	0
11689	Veal, breast, point half, brsd	0
11687	Veal, breast, whole, brsd	0
11690	Veal, breast, whole, lean, brsd	0
11686	Veal, breast, whole, raw	0
11650	Veal, cube steak, fzn, 3oz, FS	0
11530	Veal, ground, brld, 8% fat	0
11581	Veal, ground, raw, 7% fat	0
11538	Veal, kidneys, brsd	0
11555	Veal, leg, top round steak, brsd	0
11584	Veal, leg, top round steak, fried	0
11557	Veal, leg, top round steak, lean, brsd	0
11586	Veal, leg, top round steak, lean, fried	0
11556	Veal, leg, top round steak, lean, raw	0
11516	Veal, leg, top round steak, lean, rstd	0
11554	Veal, leg, top round steak, raw	0
11509	Veal, leg, top round steak, rstd	0
11529	Veal, leg/shoulder, lean, brsd, cubed	0
11580	Veal, leg/shoulder, lean, raw, cubed	0
11518	Veal, loin chop, lean, brsd	0
11559	Veal, loin chop, lean, raw	0
11560	Veal, loin chop, lean, rstd	0
11558	Veal, loin chop, raw	0
11517	Veal, loin chop/cutlet, brsd	0
11582	Veal, loin, rstd	0
11542	Veal, lungs, brsd	0
11541	Veal, lungs, raw	0
11544	Veal, pancreas, brsd	0
11543	Veal, pancreas, raw	0
11561	Veal, rib chop, brsd	0
11563	Veal, rib chop, lean, brsd	0
11562	Veal, rib chop, lean, raw	0
11597	Veal, rib chop, raw	0
11692	Veal, shank roast, brsd	0
11694	Veal, shank roast, lean, brsd	0

11693	Veal, shank roast, lean, raw	0
11691	Veal, shank roast, raw	0
11520	Veal, short ribs, lean, rstd	0
11519	Veal, short ribs, rstd	0
11523	Veal, shoulder arm steak, brsd	0
11524	Veal, shoulder arm steak, lean, brsd	0
11570	Veal, shoulder arm steak, lean, raw	0
11571	Veal, shoulder arm steak, lean, rstd	0
11568	Veal, shoulder arm steak, raw	0
11569	Veal, shoulder arm steak, rstd	0
11525	Veal, shoulder blade roast, brsd	0
11526	Veal, shoulder blade roast, lean, brsd	0
11572	Veal, shoulder blade roast, raw	0
11573	Veal, shoulder blade roast, rstd	0
11574	Veal, shoulder blade steak, lean, raw	0
11575	Veal, shoulder blade steak, lean, rstd	0
11577	Veal, sirloin roast, brsd	0
11579	Veal, sirloin roast, lean, brsd	0
11578	Veal, sirloin roast, lean, raw	0
11576	Veal, sirloin roast, raw	0
11528	Veal, sirloin steak, lean, rstd	0
11527	Veal, sirloin steak, rstd	0
11634	Veal, slices, fzn, 3oz, FS	0
11546	Veal, spleen, brsd	0
11545	Veal, spleen, raw	0
11651	Veal, steak, luncheon, fzn, 4oz, FS	0
11548	Veal, thymus, brsd	0
11547	Veal, thymus, raw	0
11550	Veal, tongue, brsd	0
11521	Veal, whole shoulder roast, brsd	0
11522	Veal, whole shoulder roast, lean, brsd	0
11566	Veal, whole shoulder roast, lean, raw	0
11567	Veal, whole shoulder roast, lean, rstd	0
11564	Veal, whole shoulder roast, raw	0
11565	Veal, whole shoulder roast, rstd	0
14060	Venison, raw	0
14013	Venison, rstd	0
53476	Vinegar, brown rice	0
27201	Vinegar, cider	0
27202	Vinegar, distilled, white	0
63267	Vinegar, dry	0
27206	Vinegar, Italian herb	0
27205	Vinegar, malt, ale	0
27204	Vinegar, red wine	0
53458	Vinegar, red wine	0
27095	Vinegar, rice, natural	0
27033	Vinegar, rice, white	0
27203	Vinegar, tarragon	0
53459	Vinegar, white wine	0
27060	Vinegar, white wine, 50 grain	0
53513	Vinegar, white, distilled	0
27207	Vinegar, wine, garlic	0
33029	Vitamin A, beta carotene, 30%, FS 0427233	0
33036	Vitamin A, carotenal, solution #2, 0482277	0
33033	Vitamin A, carotenal, solution #73, 0480541	0
32009	Vitamin A, palmitate, usp/fcc, P 1.7	0

32068	Vitamin B1, thiamine hydrochloride	0
32036	Vitamin B1, thiamine hydrochloride, usp/fcc	0
32015	Vitamin B1, thiamine hydrochloride, usp/fcc 0413038	0
32067	Vitamin B1, thiamine mononitrate, usp/fcc	0
32016	Vitamin B1, thiamine mononitrate, usp/fcc 0418943	0
32007	Vitamin B12, cyanocobalamin, usp 0429155	0
32017	Vitamin B2, riboflavin, 5' phosphate sod, usp/fcc 0421413	0
32065	Vitamin B2, riboflavin, CF, usp/fcc	0
32066	Vitamin B2, riboflavin, CM, usp/fcc	0
32018	Vitamin B2, riboflavin, usp/fcc 0470406	0
32032	Vitamin B2, riboflavoin, usp/fcc	0
613	Vitamin B6, 100mg, Spring Valley	0
32063	Vitamin B6, pyridoxine hydrochloride, usp/fcc	0
32021	Vitamin B6, pyridoxine hydrochloride, usp/fcc 0411604	0
32071	Vitamin C, ascorbic acid, crystalline, usp/fcc	0
32027	Vitamin C, ascorbic acid, CVC F90	0
32073	Vitamin C, ascorbic acid, fine pwd, usp/fcc	0
32072	Vitamin C, ascorbic acid, pwd, usp/fcc	0
32041	Vitamin C, ascorbic acid, usp/fcc	0
32024	Vitamin C, ascorbic acid, usp/fcc 0408050	0
32092	Vitamin C, ascorbic acid, usp/fcc 0408093	0
32093	Vitamin C, ascorbic acid, usp/fcc 0408107	0
32091	Vitamin C, ascorbic acid, usp/fcc 0422460	0
32022	Vitamin C, ascorbyl palmitate, NF, 0418595	0
32069	Vitamin C, sodium ascorbate, crystalline, usp/fcc	0
32070	Vitamin C, sodium ascorbate, pwd, usp/fcc	0
32028	Vitamin C, sodium ascorbate, usp/fcc	0
32094	Vitamin C, sodium ascorbate, usp/fcc 0408115	0
31039	Vitamin C, sodium ascorbate, usp/fcc 0408174	0
8974	Vitamin C, w/citrus bioflavonoids & rose hips, capsule	0
32058	Vitamin D3, w/veg oil, 0486221, liquid	0
11828	Vitamin E, 400IU, soft gel, Spring Valley	0
32085	Vitamin E, 500 SF, pharmaceutical grade, spray dried 50%	0
32059	Vitamin E, dl alpha tocopheral, usp/fcc, 0410276	0
32086	Vitamin E, dl alpha tocopherol	0
32084	Vitamin E, dl alpha tocopheryl acetate	0
22645	Vodka, 100 proof	0
22594	Vodka, 80 proof	0
22662	Vodka, 90 proof	0
22641	Vodka, 94 proof	0
45197	Waffles, buttermilk, rth, fzn, 4"	76
45196	Waffles, buttermilk, tstd f/fzn, 4"	76
44675	Waffles, oat, golden, fzn, 4"	76
45029	Waffles, plain, rth, fzn, 4"	76
45005	Waffles, plain, tstd f/fzn, 4"	76
40714	Walrus, dried, Alaskan	0
40712	Walrus, raw, Alaskan	0
40711	Walrus, w/subcutaneous fat, raw, Alaskan	0
14058	Water Buffalo, raw	0
14011	Water Buffalo, rstd	0
21101	Water, bottled, non-carbonated	0
21105	Water, bottled, non-carbonated	0
21103	Water, bottled, non-carbonated	0
21104	Water, bottled, non-carbonated	0
21098	Water, bottled, non-carbonated, Aquafina	0
21100	Water, bottled, non-carbonated, Evian	0

21099	Water, bottled, non-carbonated, Naya	0
21106	Water, btl, generic	0
20050	Water, btl, Perrier	0
20051	Water, btl, Poland Spring	0
90073	Water, distilled, pure	0
20640	Water, oxygenated, Aqua Rush	0
792	Water, spring, LaCroix	0
1852	Water, spring, natural, Mt. Shasta	0
25290	Water, supplement, thickened, honey consist, rts	0
21134	Water, tap	0
21135	Water, tap, f/well	0
20041	Water, tap, municipal	0
20441	Water, tap, municipal, ice cubes	0
4793	Water, tonic, diet	0
71123	Watermelon, fresh, 15" x 7 1/2"	72
3793	Watermelon, fresh, balls	72
3142	Watermelon, fresh, diced	72
3143	Watermelon, fresh, slice, 1/16 melon	72
40729	Whale, beluga, dried, Alaskan	0
58361	Whale, beluga, flipper, raw, Alaskan	0
40728	Whale, beluga, raw, Alaskan	0
40710	Whale, bowhead, w/subcutaneous fat, Alaskan	0
38028	Wheat, bulgur, ckd	48
22646	Whiskey, 100 proof	0
22670	Whiskey, 80 proof	0
22663	Whiskey, 90 proof	0
22642	Whiskey, 94 proof	0
22536	Wine, cooking, Chinese, flvrd	0
6010	Yams, ckd/bkd w/salt, cubes	37
5168	Yams, ckd/bkd, cubes	37
5160	Yams, orange, ckd w/o skin & salt, mashed	61
2013	Yogurt, plain, whole milk, 8g prot/8oz	36
71067	Yogurt, plain, whole milk, 8g prot/8oz ctn	36
2301	Yogurt, strawberry, low fat, 1%	33